

# HOW TO GET WHAT YOU WANT

REALLY

## DAILY JOURNEY

WEEK 2 | DAY 3

### **Romans 7:14-20**

*<sup>14</sup> So the trouble is not with the law, for it is spiritual and good. The trouble is with me, for I am all too human, a slave to sin. <sup>15</sup> I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. <sup>16</sup> But if I know that what I am doing is wrong, this shows that I agree that the law is good. <sup>17</sup> So I am not the one doing wrong; it is sin living in me that does it.*

*<sup>18</sup> And I know that nothing good lives in me, that is, in my sinful nature. I want to do what is right, but I can't. <sup>19</sup> I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. <sup>20</sup> But if I do what I don't want to do, I am not really the one doing wrong; it is sin living in me that does it.*

At Movement, our mission is to help people find and follow God. As you read the reflection questions of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following God.

### **FIND:**

Who can you come alongside and support who is struggling?

### **FOLLOW:**

In today's reading Paul describes the spiritual battle that goes on inside all of us. What spiritual disciplines are you going to put in place to win this battle?

### **PRAYER:**

God, I want to **win the battle over sin.** Help me overcome my sin with the help of your Spirit...