

## **WEEK 4 | DAY 5**

## **READ: MARK 4:35-41**

As evening came, Jesus said to his disciples, "Let's cross to the other side of the lake." So they took Jesus in the boat and started out, leaving the crowds behind (although other boats followed). But soon a fierce storm came up. High waves were breaking into the boat, and it began to fill with water.

Jesus was sleeping at the back of the boat with his head on a cushion. The disciples woke him up, shouting, "Teacher, don't you care that we're going to drown?

When Jesus woke up, he rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm. Then he asked them, "Why are you afraid? Do you still have no faith?"

The disciples were absolutely terrified. "Who is this man?" they asked each other. "Even the wind and waves obey him!"

## **REFLECT:**

At Movement, our mission is to help people find and follow God. As you read the next portion of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following Jesus.

FIND: Who is Jesus to you? What has shaped your perspective?

FOLLOW: Our faith is often tested, and we can be afraid that God is not going to be there for us. How can you relate?

## **RESPOND:**

What is God saying to me? What am I going to do about it?