

## **WEEK 2 | DAY 4**

## **READ: MARK 2:18-22**

Once when John's disciples and the Pharisees were fasting, some people came to Jesus and asked, "Why don't your disciples fast like John's disciples and the Pharisees do?"

Jesus replied, "Do wedding guests fast while celebrating with the groom? Of course not. They can't fast while the groom is with them. But someday the groom will be taken away from them, and then they will fast.

"Besides, who would patch old clothing with new cloth? For the new patch would shrink and rip away from the old cloth, leaving an even bigger tear than before.

"And no one puts new wine into old wineskins. For the wine would burst the wineskins, and the wine and the skins would both be lost. New wine calls for new wineskins."

## **REFLECT:**

At Movement, our mission is to help people find and follow God. As you read the next portion of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following Jesus.

FIND: Jesus refers to a new way of living with the analogies of the cloth and wineskins. How would you like a new way of living?

FOLLOW: In today's reading, Jesus is referring to himself as the groom and is saying that his disciples didn't need to fast at the time because he was with them. However, he then states his disciples would fast after his death and resurrection. How could you see benefits in your life from fasting?

## **RESPOND:**

What is God saying to me? What am I going to do about it?