

## WEEK 1 | DAY 3

## **READ: MARK 1:21-28**

They went to Capernaum, and when the Sabbath came, Jesus went into the synagogue and began to teach. The people were amazed at his teaching, because he taught them as one who had authority, not as the teachers of the law. Just then a man in their synagogue who was possessed by an impure spirit cried out, "What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!"

"Be quiet!" said Jesus sternly. "Come out of him!" The impure spirit shook the man violently and came out of him with a shriek.

The people were all so amazed that they asked each other, "What is this? A new teaching-and with authority! He even gives orders to impure spirits and they obey him." News about him spread quickly over the whole region of Galilee.

## **REFLECT:**

At Movement, our mission is to help people find and follow God. As you read the next portion of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following Jesus.

FIND: Impure spirits may not be as common today, but they are still prevalent. What could be some examples of impure spirits in today's society?

FOLLOW: How do you minimize what Jesus can do in your life?

## **RESPOND:**

What is God saying to me? What am I going to do about it?