

## WEEK 1 | DAY 1

## **READ: MARK 1:1-13**

The beginning of the good news about Jesus the Messiah, the Son of God, as it is written in Isaiah the prophet: "I will send my messenger ahead of you, who will prepare your way"— "a voice of one calling in the wilderness,

'Prepare the way for the Lord, make straight paths for him.'"

And so John the Baptist appeared in the wilderness, preaching a baptism of repentance for the forgiveness of sins. The whole Judean countryside and all the people of Jerusalem went out to him. Confessing their sins, they were baptized by him in the Jordan River. John wore clothing made of camel's hair, with a leather belt around his waist, and he ate locusts and wild honey. And this was his message: "After me comes the one more powerful than I, the straps of whose sandals I am not worthy to stoop down and untie. I baptize you with water, but he will baptize you with the Holy Spirit."

At that time Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. Just as Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. And a voice came from heaven: "You are my Son, whom I love; with you I am well pleased."

At once the Spirit sent him out into the wilderness, and he was in the wilderness forty days, being tempted by Satan. He was with the wild animals, and angels attended him.

## **REFLECT:**

At Movement, our mission is to help people find and follow God. As you read the next portion of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following Jesus.

FIND: What people or things in your life are pointing you towards God?

FOLLOW: What prevents you from listening for God?

## **RESPOND:**

What is God saying to me? What am I going to do about it?