

CRAFTING AN IDENTITY STATEMENT

How To Write a First Draft Identity Statement

What is an Identity Statement?:

A short, piercingly accurate statement (not religious fluff to make it sound good) that, when read aloud, stirs your heart to remember who He says you are right now in this season.

How to write an identity statement:

There is not a “right or wrong” way to write a statement like this so feel free to write in a way that works for you. There are different ways of going about this task. For many of us, however, we need some direction! Here are some options that have helped other people get going:

OPTION #1: Combating The Wolves

For many of us, attempting to write down what God says about our identity in Christ (Truth) is challenging - we aren't that familiar with who we are in Him! But, many of us are very familiar with our insecurities (we can call these “wolves”)! So, starting with the non-truths can help us move toward Truth (we are often more well acquainted with the wolves that come for us, than we are with the Truth of the Father). Take a piece of paper and fold it in half (or get an open journal with a page on the left and right). Write down the lies you hear daily from the enemy about yourself on the left side of a journal page or piece of paper. Then, on the right side, write the Truth about each area. Writing the Truth of what God say about you on the right side of the page will give you good material for crafting a statement about who you really are in Him.

Example:

If you “feel alone”, write that down on the left side of the paper. After you list all the “wolves” go back and write the Truth on the right side next to the lies. Pull from Scripture as much as possible (God's Word is full of power!). In Joshua 1:9 God is speaking to Joshua (at a time when Joshua has a big challenge in front of him) and says “Be strong and courageous, do not be terrified, do not be discouraged, for the Lord your God is with you wherever you go.” As New Testament Christians, this promise is for us as well through Jesus Christ. So you might write something like this “*I am strong, brave and fearless because God is with me every place I go today... I am never alone.*”

OPTION #2: Prayer: Listening In Surrender

You can simply go to God in prayer and ask Him for His leading in this activity. Here are some questions you can ask Him. Write down what He reveals to you and then begin crafting a statement out of those words, phrases and scriptures.

A.) God who do you say that I am in Your Word?

- What is your favorite Bible verse(s)? Why? Write it down.
- NOTE: See *the Scripture Pages below this activity for help*

B.) God what have You already revealed to me personally?

- What stories remind me of Your/God's faithfulness to me?
- What promises/dreams have You/God spoken over my future?
- What brings me life?
- What am I good at doing?
- What gets me fired up, excited, angry, passionate?
- What are words of promise/identity that You God want to remind me of?

C.) God what new emphasis do you want to reveal in this season?

- God, what themes You are highlighting in this season?
- What aspects of Your/God's character do I need to keep declaring in this season?
- Where is my biggest fear right now? God what is your truth about that?

Reminders:

- His voice is kind. A shaming or angry voice is NOT His, even in places where repentance is necessary, it's His kindness that draws us to repentance.
- Don't pressure yourself to have a 100% completed statement at the end of this time. Get what you can on paper and let a "first draft" be a win! You can continue to work on it for the rest of your life. Focus on writing *something* that helps you!

Plan to Revisit Your Written Identity Statement:

Once you write a statement, you need to set a plan for how you are going to revisit it. As a wise person once said, “Our routines eat our willpower for breakfast.” So, how will you revisit your statement?

- Put it on your night stand to read daily when you wake up?
- Set reminder alert on your phone to read a copy you carry?
- Save an electronic statement as your device’s “wallpaper”?
- Laminate a copy and put it in the shower to read daily?

SCRIPTURE PAGES

ACCEPTED | SECURE | SIGNIFICANT

2 Corinthians 5:17 tells us that “if anyone is in Christ, they are a new person — the old is gone, and the new is come”. We have a whole new identity! But often, we don’t know what is true about us and we need to look into His Word to remind ourselves. As we explore who we are in Christ, these Scriptures can help us look again at some of the things God says about us.

In Christ, I am accepted ...

John 1:12	I am God’s son or daughter.
John 15:15	I am a friend of Jesus Christ.
Romans 5:1	I have been justified.
1 Cor 6:17	I am united with the Lord, and one with Him in spirit.
1 Cor 6:19-20	I have been bought with a price, and I belong to God.
1 Cor 12:27	I am a special part of Christ’s body.
Eph 1:3-8	I have been chosen by God and adopted as His child.
Col 1:13-14	I have been redeemed and forgiven of all my sins.
Col 2:9-10	I am complete in Christ.

Heb 4:14-16 I have direct access to help at the throne of His grace

In Christ, I am secure ...

Rom 8:1-2 I am absolutely free from condemnation.

Rom 8:28 I am assured God works for my good in all scenarios.

Rom 8:31-39 I cannot be separated from the love of God.

2 Cor 1:21-22 I have been established, anointed and sealed by God.

Col 3:1-4 I am hidden with Christ in God.

Phil 1:6 I am confident God will complete the work He started

Phil 3:20 I am a citizen of heaven.

2 Tim 1:7 I've not got a spirit of fear but power, love & sound mind

1 John 5:18 I am born of God, and the evil one cannot touch me.

In Christ, I am significant ...

Genesis 1:26 I am created in Him to be like Him

John 15:5 I am a branch of Jesus Christ and a conduit of His life.

John 15:16 I have been chosen and appointed to bear fruit.

1 Cor 3:16 I am God's temple.

2 Cor 5:17-21 I am a minister of reconciliation for God.

Eph 2:6 I am seated with Jesus Christ in the heavenly realm.

Eph 2:10 I am God's workmanship.

Eph 3:12 I may approach God with freedom and confidence.

Phil 4:13 I can do all things through Christ, who strengthens me.