



Hey Parent,

It's me Kara, the Children's Pastor at Westlife Church. If you know me at all you know that I love helping people draw closer to Jesus particularly kiddos.

I have loved this season, as it has allowed Summit Kids to explore other ways of helping families foster environments of discipleship. So here's how this works. First I would encourage you to sign up for our weekly email to keep in the loop: <http://eepurl.com/hfCFS5>.

Each week I will send you an email that will include:

1. **In-person Details**
2. **Full Video Lesson:** 20 minute video lesson for kids to watch during church on a Sunday morning.
3. **Family Grow Together:** which are questions that can help you foster discussion surrounding what the kids learned in the lesson.
4. **Family Challenges:** which are activities designed to help your family engage with the story throughout the week.

You pick when and what you do but I give it all to you, in a nice little email with pictures. Plus, I add in great resources and some of them are even free, and we all love free things!

For even more content and family fun check out our facebook and instagram pages #summitkidswlc where you can post pictures of your family challenges and weekly activities. And as always I love hearing your feedback, so please feel free to email me at anytime!

Blessings,

**Kara-Anne Bryans Yu**

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