



# CELEBRATE RECOVERY // 8 RECOVERY PRINCIPLES

**PRINCIPLE 1** Realize I'm not God; I admit that I am powerless to control my tendency to do the  
**STEP 1** wrong thing and that my life is unmanageable.

*"Happy are those who know that they are spiritually poor." Matthew 5:3a*

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**PRINCIPLE 2** Earnestly believe that God exists, that I matter to Him and that He has the power to  
**STEP 2** help me recover.

*"Happy are those who mourn, for they shall be comforted." Matthew 5:4*

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**PRINCIPLE 3** Consciously choose to commit all my life and will to Christ's care and control.  
**STEP 3**

*"Happy are the meek." Matthew 5:5a*

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**PRINCIPLE 4** Openly examine and confess my faults to myself, to God, and to someone I trust.  
**STEPS 4 & 5**

*"Happy are the pure in heart." Matthew 5:8a*

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**PRINCIPLE 5** Voluntarily submit to any and all changes God wants to make in my life and humbly  
**STEPS 6 & 7** ask Him to remove my character defects.

*"Happy are those whose greatest desire is to do what God requires." Matthew 5:6a*

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**PRINCIPLE 6** Evaluate all my relationships. Offer forgiveness to those who have hurt me and  
**STEPS 8 & 9** make amends for harm I've done to others when possible, except when to do so would harm them or others.

*"Happy are the merciful." Matthew 5:7a; "Happy are the peacemakers." Matthew 5:9*

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**PRINCIPLE 7** Reserve a daily time with God for self-examination, Bible reading, and prayer in  
**STEPS 10 & 11** order to know God and His will for my life and to gain the power to follow His will.

**PRINCIPLE 8** Yield myself to God to be used to bring this Good News to others, both by my  
**STEPS 12** example and my words.

*"Happy are those who are persecuted because they do what God requires." Matthew 5:10*

