1.	.Make homemade popsicles	37.	.Give flowers to someone	72.	.Take a class
2.	.Run through the sprinklers	38.	.Commit one Psalms to	73.	Go to a baseball game
3.	.Go to an outdoo <mark>r concert</mark>		memory	74.	Celebrate someone just
4.	.Visit a farm <mark>ers m</mark> ark <mark>et</mark>	39.	.Help a friend with a project		because
5.	Write letters to a pen pal	40.	Quit something	75.	Give a young mother an
6.	Paint rocks	41.	.Write kind notes & leave them		afternoon off
7.	Explore a nature trail		everywhere	76.	.Wash your car in the driveway
8	.Visit a state park	42.	.Take a photo everyday	77.	.Fly a kite
9.	Try a new recipe	43.	.Visit some place historic	78.	.Visit a water park
10.	.Catch fireflies	44.	.Have a water balloon fight	79.	.Write a poem
11.	.Eat watermelon	45.	.Go see a waterfall	80.	.Invite neighbors to walk with
12.	.Watch the sunset	46.	.Visit an art gallery		you
13.	Tie-dye a t-shirt	47.	.Conquer a fear	81.	.Take a spontaneous drive
14.	Go berry picking	48.	.Build a summer playlist	82.	.Try a new restaurant
15.	Have a backyard campout	49.	Pursue a new hobby	83.	.Volunteer at church
16.	Go tubing d <mark>own a river</mark>	50.	Reconnect with an old friend	84.	.Visit a family member
17.	Picnic at a park	51.	.Write a letter to your spouse	85.	.Have a meal outside
18.	Have a family game night	52.	Print a fav picture poster size	86.	.Clean out your closet &
19.	.Volunteer for a day	53.	.Do something outside of your		donate unused clot <mark>hin</mark> g
20.	Research your genealogy		comfort zone	87.	.Go to a local festival
21.	.Host a lunch with friends	54.	.Do a random act of kindness	88.	.Plant a tree to honor someone
22.	.Spend a day at the lake	55.	Set up a bird feeder	89.	.Thank someone everyday
23.	Enjoy your town like a tourist	56.	Visit a state for the first time	90.	.Host a craft party
24.	.Grow some flowers	57.	.Go on a boat ride	91.	.Visit a pick-your-own farm
25.	.Make a sand castle	58.	.Take dinner to a new neighbor	92.	.Repaint your front door
26.	Learn something new	59.	.Host a themed get-together	93.	.Gift a friend a copy of Sweet
27.	.Visit a friend	60.	.Organi <mark>ze</mark> a scavenger hunt		To the Soul FAITH
28.	.Read a book in a hammock	61.	.Take a virtual tour	94.	.Visit an historical marker in
29.	.Watch fireworks	62.	.Go zip-lining		your town
30.	Bake a pie for someone	63.	Listen to a new podcast	95.	Cook a pizza on the grill
31.	Go stargazing	64.	.Walk on the beach	96.	Take a trip to the zoo
32.	Enjoy a rainy day with a book	65.	.Make new memories	97.	Get to know your neighbor
33.	.Declutter your space	66.	.Go kayaking	98.	.Visit a state or national
34.	Make something with your	67.	.Break a bad habit		monument
	hands	68.	.Lend a neighbor a hand	99.	Make a donation to a shelter
35.	.Do a digital detox	69.	.Sha <mark>ke up yo</mark> ur routine	100.	Learn something new about
36.	.Take one step toward a	70.	.Make homemade ice cream	101	each family member
	dream	71.	.Visit a botanical garden	101.	Find joy in everyday moments