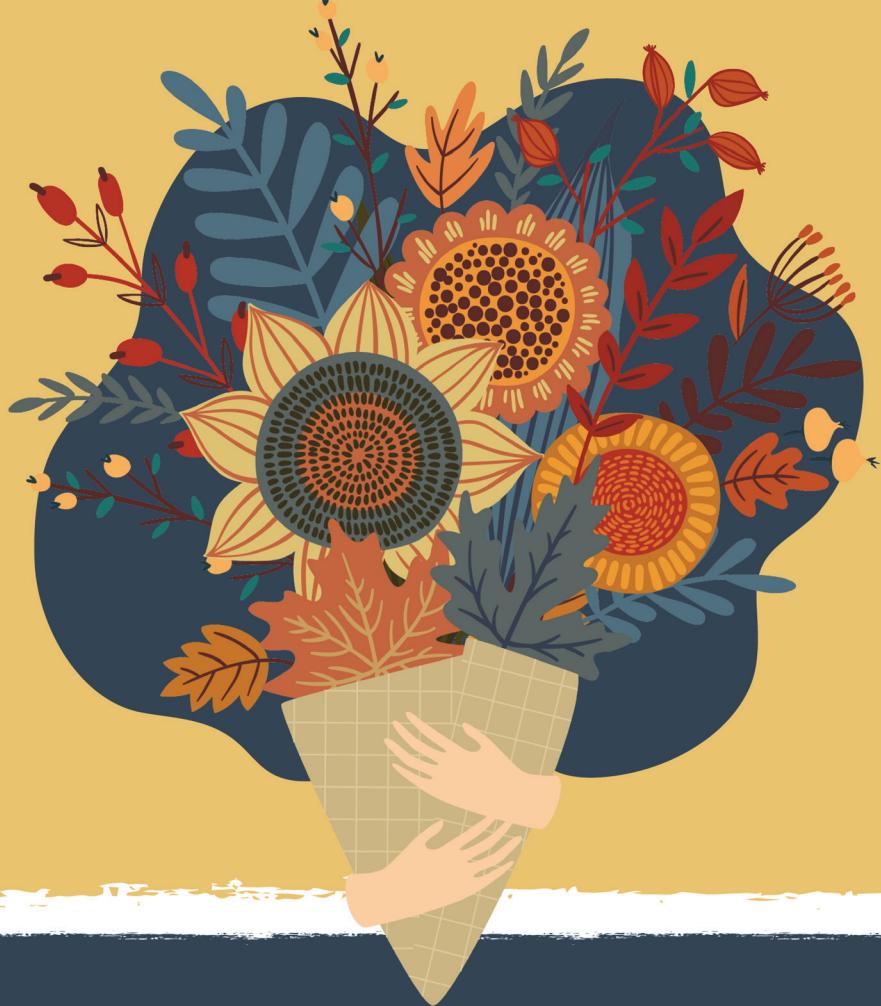


A SOUL INSPIRED STUDY JOURNAL

sample

INSPIRING WOMEN

WHO THEY ARE & HOW TO BE ONE



Jana Kennedy-Spicer

A SOUL INSPIRED SCRIPTURE JOURNAL

INSPIRING WOMEN

WHO THEY ARE AND HOW TO BE ONE

Jana Kennedy- Spicer

Featuring: Stephanie K Adams

Carmen Horne - Mitzi Neely

Tyanne Rakowitz

SWEET TO THE SOUL  PRESS

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the Lord
ANNOUNCES
THE WORD
AND THE
WOMEN WHO
proclaim it
ARE A
MIGHTY
THRONG

PSALM 68:11 NIV



INTRODUCTION



We were running late and I was already impatient so when my daughter did not want to get in the car, but rather wanted to walk to school, my snippy response didn't really help the situation.

Walking to school meant a few minutes of freedom to my daughters. To me, it was half a mile out of my sight and an opportunity for anyone wanting to do them harm.

Over protective? Or justifiably cautious?

At their age, my brother and I walked to school with all the other kids on our block. We walked everywhere, all over our neighborhood, all day. As children, our parents also walked to school. Apparently it was miles from home, and up hill, both ways.

So when did walking to school become a bad thing? When bad people saw it as an opportunity to take advantage of children. Evil abounds.

No matter your age, I think we all would say the world that our kids and grand-kids are growing up in today is not the same world we grew up in. Some things are better for sure, but some things are far worse.

Our living family age span, as I write this, is 90 years. My mom, who lives with us now, celebrates her 92nd birthday soon, while our youngest grandchild is 2 years old.

While a lot has changed during those 90 years, many things have remained consistent. Like, our enemy the devil, has not slowed down causing division, suffering and strife. But, praise the Lord, *God is still God.*

For if you remain silent at this time
relief and deliverance for the Jews
will arise from another place, but you
and your father's family will perish.
AND WHO KNOWS BUT THAT
YOU HAVE COME TO YOUR
ROYAL POSITION FOR
SUCH A TIME AS THIS.

Esther 4:14 NIV

There have been times in my life I would drift away day dreaming about living in the world my mom grew up in, slower paced days on a quiet country farm, no car, no tv, no social media; but then I remember how much I love indoor plumbing and Chick-Fil-A.

Truth is, THAT was her time; RIGHT NOW is my time. And for a long time, our times have overlapped. It was no accident when and where she was born, just as it was no accident when and where I was born or when and where you were born.

Know this friend, just as sure as Esther was born for her time and purpose, so were each and everyone of us.

THIS is our time. And these people in our lives, they are OUR people, to love, nurture, and inspire.

What a wonderful blessing it is for God to have created me a woman
and placed me in the family He chose for me. To have been raised,
prayed over and influenced by the inspiring women God surrounded me with.
To have been born to live on the patch of this Earth where God planted my feet.
To have been assigned to this specific time in history.
To have been entrusted with each beautiful soul in my family.

Who knows, but that I have come to this position for such a time as this.

Who knows, but that you have come to your position for such a time as this.

So we're here. We have these people. How do we become the inspiring women God desires us to be?

Let's start by looking at what God's Word has to say about "inspire".

Inspiration ... We may not always be able to say when it will come, but I think we all know what inspiration does—it moves us to action. It is a catalyst. It lights a fire. It's an "ah-ha" moment. It's the light bulb over our head.

Inspiration motivates. It spurs us to do.

Look at how "divine inspiration" is defined:

The infusion of ideas into the mind by the Holy Spirit; the conveying into the minds of men, ideas, notices or motions by extraordinary or supernatural influence; or the communication of the divine will to the understanding by suggestions or impres-

sions on the mind, which leave no room to doubt the reality of their supernatural origin.

I love the word *infusion* used here....

- To penetrate
- To instill
- To inspire
- To steep or soak in
- To pour in

This is how the scriptures were written from the pens of many men, but the heart of The One God.

"All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness."

2 Timothy 3:16 KJV

The Greek word used here is *theopneustos*, which means *breathed out by God*. This verse is the only time this word occurs in the Bible.

Nothing else is divinely inspired like the Scriptures, they are as if God spoke them out directly to us.

"But there is a spirit in man: and the inspiration of the Almighty giveth them understanding."

Job 32:8 KJV

Here, Job uses the Hebrew word *neshamah* which means *the breath of God*. Interestingly, the same Hebrew word appears 23 times in Scripture and always refers to the life giving breath of God.

"And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul."

Genesis 2:7 KJV

Let's put these two together:

1. In Genesis, we see that God's breath brings life.
2. In Job, we learn that the spirit within us (the Holy Spirit) in combination with the inspiration of God (the life giving breath) gives us understanding and discernment.

So, what does this mean for us?

The breath of God which brought Adam to life is the same divine inspiration within us which brings the scriptures to life.

This type of inspiration is available to us today also. Not in the sense of the authors of the Bible, it is written, it is whole, it is complete. No the Holy Spirit will not inspire us to add to the writings of the Holy Bible.

But as believers and children of God, the Holy Spirit does pour in to us and inspire us to understanding and action.

"And the disciples were continually filled with joy and with the Holy Spirit."

Acts 13:52

We are told in Galatians 5 of the fruit of the Spirit, *the outward expression of the inward dwelling of the Holy Spirit*. Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control are all the physical result of the Holy Spirit infusion into our lives.

If we stay in step with the Spirit, this infusion into our lives will inspire us into action!

"The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; ... If we live by the Spirit, let us also keep in step with the Spirit."

Galatians 2:22-23a, 25

When we do this, and live in accordance with God's teachings, it allows us to be women who inspire and influence generations for the kingdom. Our lives will begin to reflect what God has taught us from His Word and others will be able to see Him through us.

In truth, women carry great influence, especially over the next generation. Even while children are still in diapers or toddling around the house, women are raising little people who will one day become adults who will be influencers of the next generation. And know this, you do not have to be the parent to have influence in the life of someone. Some of my greatest influencers were not even family.

So we each need to ask ourselves, *"how will I influence those watching me?"*

It is a personal decision each of us have to make. For sure, it requires us to be intentional in our efforts.

Are you ready to become the inspiring woman God has destined you to be?

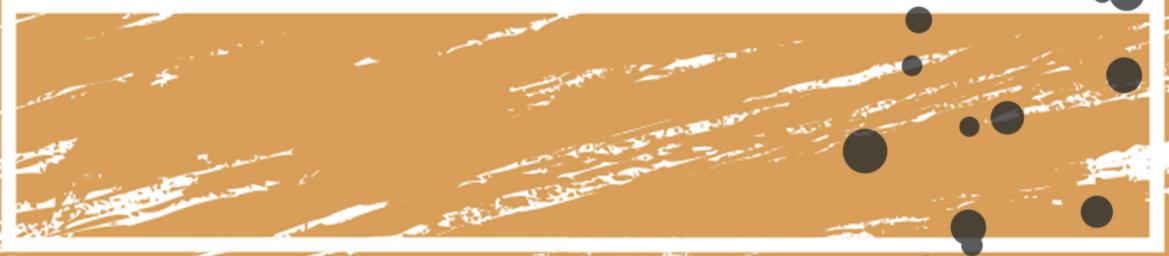
Are you ready to accept His call to become the Kingdom influencer you were created to be?

This. Is. Our. Time.

WHO IN YOUR LIFE DO YOU WANT TO INFLUENCE FOR THE KINGDOM OF GOD?

Write their names below. Then take a moment to ask God to orchestrate divine opportunities for you to pour into their lives.

A set of 15 horizontal lines spaced evenly apart, intended for the user to write the names of people they want to influence for the Kingdom of God.



Thank you Lord for your life-giving breath in our lungs and
for the divinely inspiring breath in our souls. As we study
Your Word, we ask for the understanding that only you can
give. We ask for your direction in how we should walk and
what we should do so that we may be Kingdom influencers
of generations to come.
In Jesus name, amen.

DO YOU KNOW JESUS?

God loves us so much that He sent His Son, Jesus, to die on the cross to pay the price for our sins and bring us into a relationship with Him. (John 3:16) Through Christ, we can know the promise of eternal life and experience the joy of knowing God here on earth!

If you would like to have a relationship with God, the Bible tells us that the first step is acknowledging that we have sinned and that there is nothing we can do to earn God's love (Romans 3:23-26). Next, we believe and confess that Jesus is Lord (Romans 10:9) and allow Him to guide our lives.

Where we once wanted to control our own future, we now invite Jesus into our hearts to be Lord over our lives.

Knowing God's peace, perspective and purpose for your life begins with a personal relationship with Jesus.

Would you like to accept Jesus as Lord of your life? You can pray the following prayer:

Lord, I confess that I have sinned against You and ask You to forgive me. I'm sorry that my sin has hurt You and other people in my life. I acknowledge that I could never earn salvation by my good works, but I come to You and trust in what Jesus did for me on the cross.

I believe that You love me and that Jesus died and rose again so that I can be forgiven and come to know You. I ask You to come into my heart and be Lord of my life. I trust You with everything, and I thank You for loving me so much that I can know You here on earth and spend the rest of eternity with You in heaven.

In Jesus name, Amen



MEET THE AUTHORS



Jana Kennedy Spicer

Founder Sweet To The Soul Ministries, is a wife, mom and Nana. She is a born and raised Texas girl who loves boots, sunflowers and sweet tea. She has a heart for studying God's Word and is passionate about encouraging women to do the same. Her favorite part of ministry is where her faith and art collide! This is the sweet spot where souls become inspired. After a 30 year corporate career, God called her to share her art and love of Bible Study with others. A woman rescued and repaired by the grace of God, she loves to share about the realness of God's love, redemption and faithfulness.

Facebook @Sweet.To.The.Soul.Ministries | Instagram @jana_sweettothesoul
Bible Journaling Facebook & Instagram @SweetToTheSoulShoppe

Mitzi Neely



Mitzi Neely is known for encouraging and inspiring people of all ages through her teachings on grace, love, joy, and peace. Her primary goal is to use her gifts and talents as God leads, always waiting patiently before turning to the right or to the left, listening for His voice saying "This is the way; walk in it." Isaiah 30:21 NIV

Mitzi's heart is to lighten your load, while conveying her message that nobody's perfect. Her desire when she speaks, sings, creates, or instructs is honesty and transparency, such that God receives glory and honor. She is the founder and ministry leader of Peacefully Imperfect and is the author of A Thankful Heart: 30 Days to the Grateful Life, Dwell in the Psalms, and JOY for Everyday Life. Mitzi is also the assistant superintendent of an East Texas school district.

She and her husband, Jerry reside in Longview and enjoy their family and friends when they aren't working on the farm or tending to school.

Follow Mitzi at peacefullyimperfect.net because the joy of the journey is learning His word together.

Stephanie K Adams



Stephanie K Adams is the founding Director of Real Women Ministries, where she equips women with resources for Bible Study and prayer. She is passionate about helping women find time for God's Word in the midst of their busy lives. Stephanie is a Board Certified Advanced Christian Life Coach and author of *In the Shadow of the Cross: Following Jesus Through His Last Days* and is a contributing author to *Bearing Fruit: Living Rooted in Christ*.

You can connect with Stephanie at RealWomenMinistries.org

Carmen Horne



Carmen Horne is the author of *Out of Words: 31 Prayers of Hope for Your Hurting Heart*, Board Certified Advanced Christian Life Coach, and speaker who uses her gifts to encourage women. She is passionate about supporting women through life's challenges as they learn to draw on God's power and a dynamic relationship with Jesus to change their perspective on the unexpected.

Carmen is a beach sitter and dark chocolate nibbler. Her family calls the Bayou State home.

Visit her website's www.carmenhorne.com to learn more about her and her heart for ministry.

TyAnne Rakowitz



I am a woman of God! Uniquely and wonderfully made. Wife to my awesome husband, Bill for 39+ years. Mom to 6; 3 by blood and 3 by love. Grammy to 5 little boys. Planner and organizer extraordinaire!

SWEET TO THE SOUL

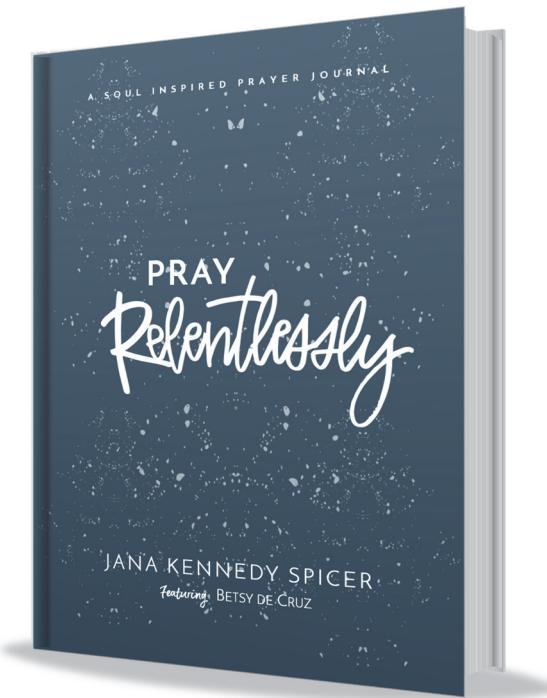
FAITH



"*THE INSPIRE JOURNAL*"
SWEET TO THE SOUL'S NEWEST PUBLICATION,
FAITH,
A QUARTERLY JOURNAL ENCOURAGING AND EQUIPPING WOMEN
TO BE THE KINGDOM INFLUENCERS GOD HAS
CALLED US TO BE.

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Replete with scriptural foundation and thought-provoking questions, Pray Relentlessly shores up our faith and motivates us to press forward in our prayer life. To make progress. Steeped in His Truth as we study this prayer journal, we find assurance God deeply desires a personal relationship with us, and that personal relationship requires communication. Prayer. ~ Monica Bard

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Women carry great influence, especially over the next generation. The people in our lives are not there by accident. As a woman, God has placed you in your family, community, country and in this generation on purpose.

This is our time, ladies.

Our children and grand-children are bombarded by a society which tries to influence their beliefs, lifestyles and behaviors. God has charged us to influence them for His Kingdom. They are watching us. We each need to ask ourselves, "how will I influence those watching me?" It is a personal decision each of us have to make. For sure, it requires us to be intentional in our efforts.

**Are you ready to become the inspiring woman
God has destined you to be?**

"Inspiring Women: Who They Are and How To Be One" is a Bible Study Journal which will take you on a journey through 31-Biblical Characteristics of the Inspiring Women - a women who influences generations for the Kingdom of God.

Learn about women of the Bible who influenced their time and left a legacy for all women to follow.

Hear from the authors about special women who have been influential in their own lives. These real life modern day women serve as an example to all and an inspiration to each woman who wants to be purposeful about the legacy she desires to leave.

Be encouraged as specific inspiring characteristics are discussed deeper and be challenged with specific tasks to inspire those around you.

This is your time. Be bold. Be inspiring.

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For additional resources, visit:
SweetToTheSoul.com

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