



How to Draw Near to Your Trainer (Part 2) — RESIST

ICE BREAKERS:

- Last week we said submission is key to drawing near to the trainer.
- Someone share an example of you submitting to God from this past week.
- Anyone have to “give in” to His will this week?
- Anyone have to “give up” anything this week?

READ & EXAMINE:

Read James 4:7-10

- According to vs. 7 (read it again), if you are going to draw near to God/trainer, you need to SUBMIT and what else?
- What does it mean to resist?
- Can we resist Satan?

Read Ephesians 6:11-18

- What does verse 11 tell us to do?
- Why do we need to “put on” the armor? (vs. 11)
- Can we stand up to Satan? How?
- View Satan as the playground bully. How do you deal with bullies?

Read vs. 12 again

- Is it important that we realize who our battle is with? How often do we battle against people?
- How about battles with loved ones?
- Now, if we SUBMIT to Jesus, will the battles with Satan decrease or increase?
- If we know Satan will attack us, how does that help us?

Read vss. 13-19

- To resist Satan, we must put on the armor of God! Everyday we make the choice to cloth ourselves. We must also choose to put on the armor!



Read vs. 14—The Belt of Truth

- Why is truth important in combating Satan?



Read vs. 14—The Breastplate of Righteousness

- What does this cover?
- Could this be sanctification?



Read vs. 15—Feet of Readiness

- What should our feet be ready to do?
- Are you motivated to share Jesus?



Read vs. 16—Shield of Faith

- How does faith shield us?
- What arrows has Satan tried to fire at you lately?



Read vs. 17—Helmet of Salvation

- Can we resist Satan if we're not saved?
- What does this helmet protect?



Read vs. 17—Sword of the Spirit

- What is the sword?
- Is a sword offensive or defensive?



Read Luke 4:4-12

- How does Jesus use the word to combat Satan?

Read Ephesians 6:18—"and pray" Spear of Prayer(?)

- When should we pray?
- Which is more important...
...to pray before, during, or after the battle?

