



What Did You Say?

ICE BREAKERS:

- Every say something you wish you wouldn't have said?
- Ever had hurtful words spoken to you?
- What were the most hurtful words ever spoken to you? (Be careful what you share here).

READ & EXAMINE

Have someone read

Psalm 64:3 & Proverbs 18:21

- How do these verses describe the tongue?
- Do we understand the power of the tongue and the words we say?

Have someone read

James 1:19-27

1. Listen More (vs. 19)

- James tells us to be "quick to hear, slow to speak." Have you had situations where you did the opposite—slow to hear, quick to speak? What's the problem with that?

- In this group, who are the talkers? Who are the listeners? How hard is it for you to do the opposite?
- Why is it so easy to be "quick to speak and slow to listen"?
- Is social media a place where more people are listening more or talking more?
- Are all opinions okay to share? Why or why not?

2. Talk Less (vs. 19)

I believe there are two kinds of people who don't say much. Those who are QUIET and those who TALK A LOT.

- When you talk too much, what does that communicate to people?
- When you talk too little, what does that communicate to people?

3. Don't Get Angry (vs. 19)

- What does James say about anger?
- What are the buttons that cause anger to come forth in your life?

Understanding Anger

1. It is Human.

- How is anger human? Is there anything wrong with getting angry?

2. It Can Become Sinful.

- When and How can anger become sinful?

Read James 1:20

- Is there such a thing as “righteous indignation (anger)”?
- Do you think that sometimes God wants us to get angry about certain things?

3. Carnal/Sinful Anger Needs Cleansed.

Read James 1:21

- What are we supposed to get rid of? How do we go about this?
- What “word” is he talking about in verse 21? How is it “implanted” in us? (Is this the same as the “word of truth” in verse 18, through which we were “brought forth”? What’s the connection?

Read Mark 7:21

- Where does moral filth come from?
- Once sin resides in the heart, how can we get it out?

Sanctification — Cleansing of Heart

The Warning:

Read James 1:26

- What is the warning given in this passage?
- Why would this make his religion worthless?

The Answer:

Read James 1:27

- We are to look after orphans and widows in their distress — Does this pertain to us today?
- Keep oneself from being polluted by the word — How do we do this in our lives?

Everyone should be
QUICK *to* LISTEN

SLOW *to* SPEAK

SLOW *to* ANGER

JAMES 1:19