

# HEROES

## HERITAGE NAZARENE

### ICE BREAKER:

How is Captain America like Jesus?

How is Superman like Jesus?

Is the cross to Jesus what kryptonite is to Superman?

Name some places or people that have crosses.

What does the cross represent to them? Do some view crosses differently? How? How about to you?

Is it more than a "cool" thing or a piece of jewelry?

### READ LUKE 23:26-33

- Luke 23:26 Simeon is now carrying the cross! Do you think this changed Simeon? How?

### READ MATTHEW 16:24

- What did Jesus mean by...
  - "Deny self"
  - "Pick up your cross"
  - "Follow me"?

### READ LUKE 23:33

- How many times would Jesus have passed this hill called "The Skull"? Do you think He knew He would end up dying there?
- Ever feel like you were being crucified? In what ways?

### READ LUKE 23:34

- Anyone you've ever had a hard time forgiving? How do we forgive someone who hurts us?

### READ MATTHEW 6:14-15

- What is Jesus saying here?

### READ COLOSSIANS 3:13

- What is Paul saying?

Note: Its becoming very apparent that forgiveness is the way of the cross!

### READ LUKE 23:34-43

- What stands out to you in this segment of scripture?

### READ MATTHEW 16:24

Note: Cross living is about "denying self, picking up your cross, and following after Jesus."

### READ MATTHEW 27:19-20

Note: Cross living is about "GOING."

### CLOSING:

Now combine Matthew 10:24 and Matthew 27:19-20 in your own words. Let's practice following after Jesus this week by dying out to selfishness; picking up your cross; and going into the world!

