



get Real

NOTE: True forgiveness is not just saying we forgive someone. It is showing them we forgive them.

- ⇒ What did Paul mean by “comfort them”?
- ⇒ What did he mean by “affirm your love to them”?

3. You must think loving thoughts.

Read Philippians 2:4-5.

- ⇒ What does it mean to think loving thoughts?
- ⇒ Do certain people bring up negative thoughts?
- ⇒ How do you change negative thoughts into positive?

NOTE: Paul says focus on the “interests of others”, their hurts, needs, pains, desires, goals, etc. In other words, change your negative thoughts to positive and look at how you can help them.

- ⇒ Do we practice this?

4. You must act in a loving way.

Read Luke 6:27-28.

- ⇒ Study these statements.
What did Jesus mean?

1. “Love your enemies.”
Read Romans 12:20-21
2. “Do good to those that hate you.”

How do we do this?

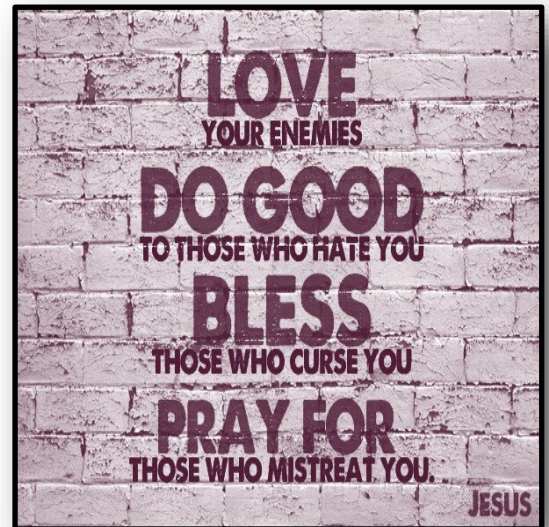
3. “Bless those that curse you.”

NOTE: a blessing is a positive word spoken to us about someone.

Is there power in words?

Read Proverbs 12:18

Read 1 Thessalonians 5:11



APPLICATION

3 x 3 Challenge (P.I.E.)

Pray for 3
Invite 3
Encourage 3

} For 3 weeks

Make your list now.

