

# KINDNESS

## READ Romans 2:4

- 👉 Why does God show kindness to all?



## Two Ways the Holy Spirit Produces Kindness:

### *1. He makes us more sensitive to others!*

## READ Philippians 2:4

- 👉 Why is the word “look” important in being sensitive?
- 👉 Do you know anyone who needs kindness shown? Are you being sensitive to look to their interests?



### *2. He makes us more supportive of others!*

## READ Proverbs 15:4

- 👉 Have you ever been put down, made fun of, mocked, or belittled? How did that make you feel?
- 👉 Do some use social media to be unkind? How can we use it in kind ways?
- 👉 How can we be more supportive of people?



## READ John 8:3-11

- 👉 How is Jesus kind and supportive of this woman?



## APPLICATION

## READ I Thessalonians 5:11

- 👉 Who can we practice this verse today? Take a moment to allow the group to encourage and build each other up.



## ICE BREAKERS

- 👉 Share something kind that someone did for you.  
How did it make you feel?
- 👉 Share something kind you did for someone else.  
How did it make you feel?



## READ Galatians 5:22-23

<sup>22</sup> But the fruit of the Spirit is love, joy, peace, forbearance, **KINDNESS**, goodness, faithfulness, <sup>23</sup> gentleness and self-control. Against such things there is no law.

**NOTE:** Kindness can be defined as “free of petty criticism.” Not all criticism... There is a healthy criticism that is needed in a relationship.

- 👉 What would a healthy criticism look like? Is most criticism petty?



## READ I Corinthians 13:4

- 👉 So is kindness an expression of love? Why or why not?

## READ Colossians 3:12

- 👉 So is kindness a choice we make?
- 👉 Is kindness “love in action”?



## READ Psalm 31:21 & 117:2

- 👉 Is kindness an attribute of God?
- 👉 If Jesus and the Holy Spirit live in us, can we be kind, as God is kind?