

### **ICE BREAKERS**

What was the longest you ever went without sleeping? What's the story behind it?



- What is an unusual fear that you have?
- If you are at the zoo, what kind of animal do you enjoy watching the most? Why?

#### **REVIEW from last week.**

#### **READ Galatians 5:19-23**

- <sup>19</sup> The acts of the flesh are obvious: sexual immorality, impurity and debauchery; <sup>20</sup> idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions <sup>21</sup> and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.
- <sup>22</sup> But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness,
- <sup>23</sup> gentleness and self-control. Against such things there is no law.
- What are the fruits of the flesh?
- What are the fruits of The Spirit?
- © Explain how joy can be a characteristic from the fruit of love?



## JOY

#### READ James 1:1-7

- <sup>1</sup> James, a servant of God and of the Lord Jesus Christ, To the twelve tribes scattered among the nations: Greetings. <sup>2</sup> Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, <sup>3</sup> because you know that the testing of your faith produces perseverance. <sup>4</sup> Let perseverance finish its work so that you may be mature and complete, not lacking anything. <sup>5</sup> If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. <sup>6</sup> But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. <sup>7</sup> That person should not expect to receive anything from the Lord.
- How do you define joy?
- How is it possible to have true joy while in the midst of a trial?
- When was the last time your faith was tested?
- © Describe a follower of Jesus that is mature and complete.
- When was the last time you asked God...Why? Why am I going through this?
- WHY?
- What ended up happening?

#### **READ 1 John 5:12-13**

- <sup>12</sup> Whoever has the Son has life; whoever does not have the Son of God does not have life. <sup>13</sup> I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life.
- One of the sneakiest ways that our enemy tries to trip us up is by making us question or doubt our salvation.

- Solution is seen to be solved in the seen of the se
- How can being secure in the fact that you are saved bring you joy?
- What does living a life secure in our salvation look like?

#### READ Psalm 16:11

- <sup>11</sup> You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.
- What's an example of a way God is your hope?



- Second to give you joy?
- © Can you remember a time when it didn't make sense that you were joyful, but you were able to have joy because of God?
- Do you think it's truly possible to have joy, no matter what?

# NEXT STEPS

- Share one small "next step" that you feel God is calling you to take in the next 7 days.
- Take action this week to write down ways you see God on display in your life.
- Pray that God would put you in the path of someone with whom you can share your true joy.
- © Remember that joy is not found in stuff, but in the finished work of Christ. Ask God to remind you of that this week.



