

# I ❤️ HERITAGE

## DNA = Prayer & Worship

### ICE BREAKERS

- Share one thing you love & why!
- Share about one person you love & why!
- What do you love about Heritage?
- Is there such a thing as a perfect church? Why or why not?

**NOTE:** The Book of Acts gives us a glimpse into a healthy church and what it looks like. Even though it wasn't perfect yet, the DNA we find in the Acts church is transferrable and can help any church become healthy!

- What does it mean to be “devoted to” prayer? Why is prayer important?
- How often/long should we pray?
- Can you pray too much?
- What do the following verses say about prayer?:

⇒ **Acts 1:14**                      ⇒ **Acts 12:5**  
 ⇒ **Acts 3:1**                        ⇒ **Acts 15:13,**  
 ⇒ **Acts 6:4**                        **16, 25**

- So how devoted are you to prayer?
- What do we need to do to ensure we are spending the proper time praying? Ideas?

### DNA = WORSHIP (Acts 2:46-47)

<sup>46</sup> Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts,  
<sup>47</sup> praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved.

- It says “everyday they continued to meet together in the temple courts.” Why were they meeting? Why would they come together daily?
- Why is it sometimes hard to get people to come to church one time a week?

**NOTE:** Two types of worship are important to each of us. 1) Corporate worship—we ask everyone to come once a week to worship with the body. 2) Individual worship—you are created to worship God. We should worship him 24/7, not just corporately.

### REVIEW

READ the following verses & identify the DNA:

#### READ

⇒ **Acts 1:14**

⇒ **Acts 2:4**

⇒ **Acts 2:42**

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S \_\_\_\_\_

T \_\_\_\_\_

F \_\_\_\_\_

B \_\_\_\_\_

P \_\_\_\_\_

(this is a new one)

### DNA = PRAYER (Acts 2:42)

<sup>42</sup> They devoted themselves to the apostles' teaching and to fellowship, to the breaking of bread and to prayer.

**NOTE:** It says they were “devoted to” these things.

- Think about this statement:

**Worship starts with an experience  
and ends in an expression.**

- Does worship start with an encounter/ experience with God?
- Does worship lead us to expression?
- Can we express what we have not experienced?

**READ Exodus 3:5-6**

<sup>5</sup> “Do not come any closer,” God said. “Take off your sandals, for the place where you are standing is holy ground.” <sup>6</sup> Then he said, “I am the God of your father, the God of Abraham, the God of Isaac and the God of Jacob.” At this, Moses hid his face, because he was afraid to look at God.

- Did Moses experience and express worship? Where and how?

**READ Matthew 17:1-9**

<sup>1</sup> After six days Jesus took with him Peter, James and John the brother of James, and led them up a high mountain by themselves. <sup>2</sup> There he was transfigured before them. His face shone like the sun, and his clothes became as white as the light. <sup>3</sup> Just then there appeared before them Moses and Elijah, talking with Jesus.

<sup>4</sup> Peter said to Jesus, “Lord, it is good for us to be here. If you wish, I will put up three shelters—one for you, one for Moses and one for Elijah.”

<sup>5</sup> While he was still speaking, a bright cloud covered them, and a voice from the cloud said, “This is my Son, whom I love; with him I am well pleased. Listen to him!”

<sup>6</sup> When the disciples heard this, they fell facedown to the ground, terrified.

<sup>7</sup> But Jesus came and touched them. “Get up,” he said. “Don’t be afraid.” <sup>8</sup> When they looked up, they saw no one except Jesus.

<sup>9</sup> As they were coming down the mountain, Jesus instructed them, “Don’t tell anyone what you have seen, until the Son of Man has been raised from the dead.”

- Did the disciples experience & express worship? Where & how?

**READ Acts 2:4 and Acts 2:14**

<sup>4</sup> All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.

<sup>14</sup> Then Peter stood up with the Eleven, raised his voice and addressed the crowd: “Fellow Jews and all of you who live in Jerusalem, let me explain this to you; listen carefully to what I say.

- Did they experience & express worship in these passages?

**READ Acts 4:31-34**

<sup>31</sup> After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.

<sup>32</sup> All the believers were one in heart and mind. No one claimed that any of their possessions was their own, but they shared everything they had. <sup>33</sup> With great power the apostles continued to testify to the resurrection of the Lord Jesus. And God’s grace was so powerfully at work in them all <sup>34</sup> that there were no needy persons among them. For from time to time those who owned land or houses sold them, brought the money from the sales...

- What did the experience & expression look like here?

**NOTE:** Following encounters with God, there were different expressions.

**APPLICATION**

- When’s the last time you experienced the presence of God and expressed your worship?
- Should our experience lead us to expression?
- Would a fresh experience/encounter with God lead to new/fresh expression?