

# Spy Obstacle Course

## Materials

- ☐ One sheet or blanket
- ☐ Chairs
- ☐ Masking tape
- ☐ 3 or 4 pillows
- ☐ Hula hoops
- ☐ Box of small objects (e.g., beanbags, rolled socks, balls, etc.), one for each student

## Instructions

*Place the box with the objects at one end of the room. Set up the obstacle course: drape the sheet/blanket over several chairs to form a tunnel, place a long strip of tape on the floor for a balance beam, put the pillows in a pile on the floor to crawl over, place several hula hoops on the floor to jump through. Add in any other obstacles you may think of or repeat some in different places along the course.*

*Explain to the students that they will pretend to be spies going into the promised land and must bring back a piece of “fruit” (the objects in the box). Explain what they must do at each obstacle on their way to the goal and back. After they get through the course, they will run back to the starting line, carrying their “fruit” with them. Play until all students have brought back an object.*

*Optional: bring a variety of everyday objects for the box. After students complete the course, have them show what they brought back from their “spy mission.”*

## Suggested Discussion

Moses sent 12 spies into the promised land. There were many people who lived there, so the spies had to sneak in and find out all they could about the land and the people. They had to be ready to walk, crawl, run, or even jump if they had to. And they had to be careful not to let the enemies see them while they were on their mission. It took the spies 40 days—that’s over a month! But they made it back and even brought some big, beautiful fruit to show the others how good the land was.