Grape Race

Materials

Large balloons (purple and green)
Large boxes to hold inflated balloons for each team plus one extra
Timer
Optional: seedless grapes for a snack

Instructions

Inflate balloons and put them in one large box or all in one small area on the floor. Divide students into teams and have them line up across from the balloons on the opposite end of the room. Put one box next to each team's line.

Explain that the students will pretend to be spies running into the promised land to bring back grapes. When you set the timer and say go, the first students at the front of each line will run to the balloons, grab as many as they can carry and run back to their line to put them into their team's box. Continue until time is up, and then count the balloons in each team's box to determine a winner.

Optional: have grapes for a snack (NOTE: be aware that whole grapes can be a choking hazard, especially with younger children).

Suggested Discussion

The Israelites were just outside the promised land. Moses sent 12 men to go in and secretly spy out the land. They brought back beautiful fruit that grew there: grapes, figs, and pomegranates. This was a truly good land, just like God said it was.