



Jesus' power helps us be BOLD

"He gives power to the weak and strength to the powerless." (Isaiah 40:29)

Sometimes we might feel weak and powerless or shy and afraid. But today's Bible verse reminds us that we can trust Jesus to give us strength and help us be bold. Let's boldly say today's verse "He gives power to the weak and strength to the powerless."

God filled our world with things to remind us that his Son, Jesus, is there to help us. Trains make bold sounds to let everyone know they're there. Sometimes we hear things that help us remember Jesus is there.

1. What are some sounds that remind you of GOD?

There are so many God sightings or sounding! Let's make sounds that remind us of God's power.

Today we met Sierra. Sierra is a mountain lion, which is sort of like a really big cat! Mountain lions like Sierra have super-powerful legs that let them jump a long, long way when they need to get away or catch food. When Sierra wants to, she can be big, strong, and bold!

2. What are some ways you can be bold?

3. Who are you going to tell about Jesus' love? Remind them that even when they feel weak and powerless, Jesus' power gives them strength.

Pray

Jesus, thank you that you give us strength, even when we feel weak and powerless. Help us be bold and tell everyone how amazing you are! Amen.