



Jesus' power gives us HOPE

"So be strong and courageous, all you who put your hope in the Lord!"  
(Psalm 31:24)

Jesus gives us friend's and family members who bring us hope. The Bible says we can be strong and courageous because of the hope we have in Jesus! This verse reminds me of Ava, our red-tailed hawk buddy. She soars way up in the sky the way our hearts feel when they're full of hope!

God gave hawks amazing eyesight. They can see teeny-tiny mice from way, way up in the sky! Ava needs her strong hawk eyes to help her.

Let's think about something.

Sometimes we are looking for hope or joy or comfort. Sometimes you and I can't see anything good or happy around us. We need to spy some hope! Jesus helps us with that!

When we need hope, it helps to remember that Jesus is right there. Things like a bird singing outside our window or a visit from someone we love can remind us that Jesus cares for us and is always with us.

1. What are some things you've seen today that GOD made?
2. Think about a time when someone you love visited you. How did that make you feel?
3. Think about a time when God gave you hope.

### Closing

All of you can have hope from Jesus! Your friend Ava can remind you that JESUS' POWERS GIVES YOU HOPE and that makes your heart fly!

### Pray

Jesus, thank you that we can put our hope in you because you're always with us. Your power makes us strong and courageous, even in scary times, Amen!