

Collect the Manna

Materials

- Bag(s) of cotton balls
- Container for each team
- Optional: timer
- Optional: masking tape, chairs, snack (small, wrapped candies), sheets/tablecloths

Instructions

In an open area, spread cotton balls all over the floor. Explain that the cotton balls are like the manna that appeared every morning. The students will be the Israelites going out to collect it.

Divide into teams and have each team collect cotton balls, using only one hand, and put them into a team container. Use a timer or race until all the cotton balls are collected and then see who has the most in their container.

Relay option: divide class into teams. Use tape to make a start line and place a container on a chair across the room for each team. Students will run to the cotton balls on the floor, collect as many as they can (using only one hand), run to put them into their team's container, and return to the start. The team with the most cotton balls after everyone has gone wins.

Snack option: spread sheets or tablecloths on the floor and place snack food (small, wrapped candies) on them for the students to collect. At the end, divide the snacks up evenly so everyone has the same. Then let students eat the snacks.

Suggested Discussion

God commanded the Israelites to collect manna every morning except on the Sabbath. So they went out and gathered it. Then they shared it among their family so everyone got something to eat. When the sun grew hot, it melted away!

God made sure all the people had what they needed. He was teaching the Israelites to trust him for their bread every day.