



WEEK TWO

Think back through back
through the sermon,

What stuck out?

Key Scriptures

The Ten Lepers - Luke 17:11-18

James 1:17

Ecclesiastes 6:9

Philippians 4:11-13

Psalm 63:4-5

Psalm 103:2-5

THREE GRATEFUL STATEMENTS

1. I will recognize every good thing comes from God.
2. I will not let what I want rob me of what I have
3. I will rejoice always!
Expressing my gratitude

"It's not happy people who are grateful. It's grateful people who are happy!"

"Until Christ is all you have, you won't realize Christ is all you need."

- Write the silliest things you complain about. Slow "high-speed" Internet? Broken A/C in your second car? Does it seem that important when you are not in "the moment"?
- Describe someone in your life who bursts with gratitude. What are the characteristics that you notice?
- How are you living like the grateful leper? In what ways may you be living like the other nine?
- What do you think greater gratitude could unlock in your life?
- Write down a thing or a person you're grateful for. Share the story of how it/they came into your life. Do you see God in it? Imagine losing that thing and then regaining it, how would you feel?
- Share a job, relationship, or possession that you really want. How is your desire affecting your view of what you have?
- Think back. What are somethings that you haven't been grateful for? Do you believe that gratitude changes the way we look at things? What are some blessings you didn't realize or didn't turn into praise? Share your newfound praise.
- Read the three grateful statements. Which is the hardest to grasp? What's something keeping you from living it?

Start digging. Read Scripture about being grateful.

Psalm 118:22-24

1 Thessalonians 5:15-18

Psalm 136

Colossians 3:15-20

- Write at least two thank-you notes this week: one to God and one to someone who's blessed you.
- Write a seven-day list with a different blessing you'll praise God for each day.