



Stay Positive-Enough of the Bad News (Think it through)

Key Scriptures

And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28 NIV

I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. Romans 8:18 NIV

In the same way, the Spirit helps us in our weakness. ... Romans 8:26 NIV

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. Romans 8:38-39 NIV

- What's something good that's happened to you in the past week?
- If you could make one thing go back to normal right now, what would you choose?
- "What consumes your mind, controls your life." Do you think that's true? What do you think controls your life?
- Have you ever thought of optimism as the expectation that God will work every situation for our good? What do you think about that?
- Read Romans 8:38-39. What would your life be like if you completely trusted that God was always with you and for you?
- Have you ever seen God work a difficult situation for the good of someone who loves Him? What happened?
- How can you shift your mindset so that you trust, in every situation, that God is working for our good?

Start praying. Be bold and pray with power.

Consider your thoughts this week. If any are negatively affecting your quality of life, ask God to direct those thoughts to Him instead.