

Compass Bearing #7

Devotions to Navigate the Coronavirus Pandemic

“Quarantined and Clean”

Tuesday, April 7, 2020

²⁸ “Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.” -Matthew 11:28-30

First a side note and prayer of mine for you, I hope you are getting a shower each day. If I've done nothing else, I've made sure my teenage son gets a shower every day because 14-year-old boys stink. During this season, we are spending so much more time at home. If you're like me, you've said a thousand different times that you wish there were more hours in the day. We've commented on the thought that we would welcome a “slow down” from the craziness of life. But we didn't want it this way. We didn't want it to be accompanied by a virus that brings fears, anxiety, and uncertainty for a variety of valid reasons. So, what do we do? Some of us have taken the extra time to catchup on our favorite binge-worthy tv shows and some of us have signed up for a TikTok account at the youthful age of 35. Others, have cleaned their homes like crazy, over and over, mopping the new floor several times. I feel like that is something I wish I had more motivation to do.

I was thinking about that idea of going through our homes and cleaning areas that we don't have time to get to. Organizing file cabinets, closets, and rooms that we have put off for days, months, or maybe even years. It feels good to get those things done. But what if we began to examine parts of ourselves that could use some cleaning? What if we started to look at parts of our spiritual life that we have put off for days, months, or maybe even years? My favorite book of the bible, Ephesians, talks about how we can be washed and cleansed by the Word of the Lord. By reading God's Word accompanied with the Holy Spirit, we can allow the scripture to penetrate our minds and change our hearts. All of us have parts of ourselves that upon further examination, we would like to change or be better. None of us like to be overwhelmed, stressed out, and full of anxiety. What if we come to Him, our Savior in this time? God says that if you seek Him you will find Him and there is no better time than right now.

What if we finally start to organize the “room” of our life that is messy and hand it over to God. That's what He does well. God is a restorer. He specializes in cleaning up our messes and using us to fulfill our God given calling. He wants you to live a life that is full and abundant. Let's lean into that. Let Him carry some of your load by “cleaning up the house.”

Prayer: God, I pray that you would help us identify areas of our lives that could use some organizing and cleaning. Help us identify areas you want to help us with. If we are burdened by the uncertainty of today, help us to come to you and put in the work needed to allow you to help us. In Jesus Name, Amen.