

Compass Bearing #16

Devotions to Navigate the Coronavirus Pandemic

"Keeping Up with your PIERS"

Tuesday, April 28, 2020

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When thinking about the whole person, I use the acronym PIERS: Physically, Intellectually, Emotionally, Relational, Spiritually. The two great commandments spoken by Jesus encompass these aspects of human experience:

"Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind"; and, 'Love your neighbor as yourself.'" (Jesus in Luke 10:27, quoting Deuteronomy 6:5 and Leviticus 19:18). Let's look at each aspect.

Love God with all your heart – Emotionally. Are you passionate about the Lord? Do you love spending time with Jesus? Are you moved in your times of worship?

Love God with all your soul – Spiritually. Are you committed to spiritual growth? Do you lean into prayer expecting to be changed? Do you encounter the presence of God when you read Scripture?

Love God with all your strength – Physically. Are you taking care of yourself? Do you see your body as the temple of the Holy Spirit? Do you get ample exercise, rest, and nutrition as a vessel of Christ?

Love God with all your mind – Intellectually. Are you stretching your intellect in your pursuit of God? When you read the Bible, do you study the meaning? Do long to have the mind of Christ?

Love your neighbor as yourself – Relationally. Are you intentional about your relationships? Do you see yourself as an ambassador for Christ in your times with family, friends, acquaintances, and enemies?

Human beings are a multi-faceted, complex wonder of God's creative imagination. Genesis 1:27 says, *"So God created mankind in his own image, in the image of God he created them; male and female he created them."* We are image-bearers of the Creator of the universe!

In what ways do you need to make some adjustments so that you can be more in alignment with every aspect of how God intentionally created you as his masterpiece? What will you do about it?