

CG LEADER GUIDE (MAR 7-12) Focus: UP - Gospel of Mark/Prayer

Before the Meeting

- Consider messaging the group the day of your meeting to remind of meeting times/location, snacks, etc.
- Watch the <u>Prayer Spiritual Practices video</u>.
- Pray before meeting, ask Holy Spirit to lead.

Welcome

GOAL: For the group to be relaxed/comfortable being together. Since the group is "forming," take your time here and feel free to mix it up.

- Review <u>Upcoming Events-https://monterey.church/events</u>
- Go around and do introductions if visitors are present.
- Discussion Question Ideas:
- Favorite thing about last week's serve event?
- How are you observing Lent and how's it going so far?
- Icebreaker Discussion Questions
- What are you most grateful for right now?
- High/low from last week?

Transition Upward

GOAL: Establish/reinforce the structure and goals of the CG, and shift focus from inward to upward.

- If you have guests, briefly go through CG Definition, Goals and Policies: CG is a gospel-centered group that share life and a mission to bless our city; our goal is to grow to live/love like Jesus, while leading others to do the same; everything discussed remains confidential, we always respect one another (even when different viewpoints & opinions), and everyone is welcome (no matter what you believe or how long you have been following Jesus).
- Discuss and decide what you will do next week to enjoy a fun day/night out in our community, and discuss options that the group is both excited for and they would be willing to invite a friend to. See Community Activity Ideas
- Read a Psalm, pray/ask someone to pray, or play a worship song to transition into the Upward Discussions. Break up into smaller groups for discussion (groups in of the same gender work great for co-ed groups!)

GOAL: Shift our focus onto God, create discussion between all of the members **Upward Discussion** of the group, and to process together not only what the subject Scripture means, but also how it personally applies to each of us!

- What stood out to you most from this week's Scripture reading and/or Sunday's teaching? Consider reading some of the passages out loud for the group.
- What was your primary "takeaway" from this week's message/reading?
- What is one thing you will do differently as a result of what you read/learned this week?
- Did anyone watch this month's Spiritual Practice teaching about prayer? What role does prayer play in your life?
- What do you think is the primary reason why you don't pray or pray more often? What is one thing you can do to ensure that you are praying more frequently?
- What is one thing that you would like the group to pray for (personally) this week?
- Spend the majority of your small group Discussion time in prayer. Go around in a circle, pray for the person on your right, or open it up for a time for anyone to pray.
- Remind group of next week's Community Night and to be bold and invite a friend!

After The Meeting

- Message the group this week to remind them of Community Night and to invite a friend.
- Make sure to be praying for your co-leaders, the group members and for future members!