

CG LEADER GUIDE (FEB 21-26) Focus: UP - Gospel of Mark/Lent

Before the Meeting

- Message the group the day of your meeting to remind of meeting times/location, snacks, etc.
- Review the **OBSERVING LENT** handout.
- Pray before meeting, ask Holy Spirit to lead.

Welcome

GOAL: For the group to be relaxed/comfortable being together. Since the group is "forming," take your time here and feel free to mix it up.

- Go around and do introductions if visitors are present.
- Discuss details of next week's Serve Event.
- Review <u>Upcoming Events-https://monterey.church/events</u>
- Discussion Question Ideas:
- Best/worst thing that happened this past week?
- <u>Icebreaker Discussion Questions</u>
- How did you see God working in your life last week (answered prayers, praise reports, testimonies)?

Transition Upward

GOAL: Establish/reinforce the structure and goals of the CG, and shift focus from inward to upward.

- If you have guests, briefly go through CG Definition, Goals and Policies: CG is a gospel-centered group that share life and a mission to bless our city; our goal is to grow to live/love like Jesus, while leading others to do the same; everything discussed remains confidential, we always respect one another (even when different viewpoints & opinions), and everyone is welcome (no matter what you believe or how long you have been following Jesus).
- Lent begins Wednesday, March 2. Briefly go over the <u>OBSERVING LENT</u> handout and ask the group to pray and consider this week how they will individually use this Lenten season to deepen their faith (fasting, prayer and service)?
- Read a Psalm, pray/ask someone to pray, or play a worship song to transition into the Upward Discussions. Consider breaking up into smaller groups for discussion (same gender works great for co-ed groups!)

Upward Discussion

GOAL: Shift our focus onto God, create discussion between all of the members of the group, and to process together not only what the subject Scripture means, but also how it personally applies to each of us!

- How is the daily reading/Bible Study methods going? What's your favorite method and why? Any questions about the Bible Study methods?
- What stood out to you most from this week's Scripture reading and/or Sunday's teaching? Consider reading some of the passages out loud for the group.
- What person(s) in this week's Scriptures/teaching did you relate to most and why?
- How does this week's Scripture/teaching relate to your life right now?
- What was your primary "takeaway" from this week's message/reading?
- What do you sense God would want your next step of faith to be (e.g. surrender to Jesus as Lord, baptism, obedience in an area, serving, a spiritual practice, leadership, etc.)
- Where do you need God to move in your life right now?
- Devote time for prayer for the specific requests, steps of faith articulated or any needs of the indviduals of the group.

After The Meeting

- Meet with your team to assess how the group and each member is growing upward, inward, outward and forward.
- Consider dividing names of members to personally connect with and help to encourage in their next step of faith.