



CG LEADER GUIDE (MAR 28-APR 2)

Focus: UP - Gospel of Mark/Sabbath

Before the Meeting

- Consider messaging the group the day of your meeting to remind of meeting times/location, snacks, etc.
- Watch the [Sabbath Spiritual Practices video](#).
- Pray before meeting, ask Holy Spirit to lead.

Welcome

GOAL: For the group to be relaxed/comfortable being together. Since the group is "forming," take your time here and feel free to mix it up.

- Review [Upcoming Events-https://monterey.church/events](https://monterey.church/events)
- Go around and do introductions if visitors are present.
- Discussion Question Ideas:
 - How did you see God working in your life last week?
 - Best/worst thing that happened to you last week?
 - How is Lent going so far?
 - What are you most grateful for right now?
 - [Icebreaker Discussion Questions](#)

Transition Upward

GOAL: Establish/reinforce the structure and goals of the CG, and shift focus from inward to upward.

- If you have guests, briefly go through CG Definition, Goals and Policies: CG is a gospel-centered group that share life and a mission to bless our city; our goal is to grow to live/love like Jesus, while leading others to do the same; everything discussed remains confidential, we always respect one another (even when different viewpoints & opinions), and everyone is welcome (no matter what you believe or how long you have been following Jesus).
- Discuss details of next week's Serve Event and remind everyone that you will not be meeting during Holy Week.
- Read a Psalm, pray/ask someone to pray, or play a worship song to transition into the Upward Discussions. Break up into smaller groups for discussion (groups of the same gender work great for co-ed groups!)

Upward Discussion

GOAL: Shift our focus onto God, create discussion between all of the members of the group, and to process together not only what the subject Scripture means, but also how it personally applies to each of us!

- What stood out to you most from this week's Scripture reading and/or Sunday's teaching? Consider reading some of the passages out loud for the group.
- What person(s) in this week's Scriptures/teaching did you relate to most and why?
- Did anyone have questions or was there something you wanted to learn more about?
- How does this week's Scripture/teaching relate to your life right now?
- What is one thing you will do differently as a result of what you read/learned this week?
- Did anyone watch this month's Spiritual Practice teaching about Sabbath? Has anyone tried celebrating the Sabbath, and if so how did it go?
- Why is observing the Sabbath so important for followers of Jesus? Consider picking one week this month and commit to celebrating the Sabbath as a group.
- What is one thing that you would like the group to pray for (personally) this week?

- Close in prayer.

After The Meeting

- Message the group this week to remind them of your Serve Event, and a reminder to be praying for your Local Focus/Serve Event.
- Pray for God to show you how you can encourage and call out the "gold" in members that they might not see themselves.