

10 -WEEK STUDY

ON THE FRUIT OF THE SPIRIT

WEEK 5

GALATIANS 5:22-23

PSALM 23

ROMANS 8:28



**FRESHLY
SQUEEZED**

WEEKLY READING

Primary text from this week: Galatians 5:22-23

Secondary texts from this week: Psalm 23 & Romans 8:28

GETTING STARTED

Goals for this session: To understand what David's circumstances can teach us about patience

Missed the sermon? Watch it at www.youtube.com/venturamissionary

Break the Ice: What is one thing you have wanted to buy during COVID but haven't been able to because it's non-essential?

DISCUSSION QUESTIONS

1. What was one thing that resonated with you as you listened to Pastor Parkher's message?
2. Are you naturally prone to hurry or to be patient? Share an example.
3. Pastor Parkher said that patience allows us to have the right response to life's circumstances. Think back to a time in your life when hurry or impatience caused you to have the wrong reaction to something. What would you need to do to access patience in the next moment like that?
4. Read **Psalm 23**. David's trust in God allowed him to be patient even when he walked through dark times. What resonates with you in **Psalm 23** and why? Under what circumstances do you tend to struggle to trust God?
5. Read **Romans 8:28**. Based on your current reality, does this verse seem true? What is one good thing you have seen God do in your life during COVID? Why would memorizing this together help combat the lies that God isn't working in your life?
6. Pastor Parkher said because David trusted God with his future, David could be patient with his circumstances today. For what circumstances today do you need to trust God? What are some practical ways to deepen your trust in God for these?



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PRAY

Pray for each other: Pray that God would fill each group member with patience in a culture of hurry.

Pray on your own: Ask God to give you the strength to remain in Him the next time you are in a position to choose between hurry and patience.

ACTION STEPS

Go to **venturamissionary.com** and take advantage of the daily and weekly resources.

Read, reflect on, and memorize **Romans 8:28**. Spend time each day reminding yourself of the truth found in this verse.

NOTES

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