

# **10 -WEEK STUDY ON THE FRUIT OF THE SPIRIT**

**WEEK 1  
GALATIANS 5:16-25**



**FRESHLY  
SQUEEZED**

## WEEKLY READING

**Primary text from this week:** Galatians 5:16-25

**Secondary text from this week:** John 15:5

## GETTING STARTED

**Goals for this session:** To understand how our current circumstances can yield spiritual fruit in our lives.

**Missed the sermon?** Watch it at [www.youtube.com/venturamissionary](http://www.youtube.com/venturamissionary)

**Break the Ice:** Share an experience from this week where you displayed the Fruit of the Spirit. (It's ok to brag when you're bragging about God!)

## DISCUSSION QUESTIONS

1. What was one thing that resonated with you as you listened to Pastor Doug's message?
2. Paul uses four similar phrases **Galatians 5:16-25**: *walk by the Spirit, be led by the Spirit, live by the Spirit, and keep in step with the Spirit*. What do you think those phrases mean? What is similar about each phrase and what is different?
3. What is the conflict between the sinful nature (flesh) and the Spirit according to **Galatians 5:17**?
4. Read **John 17:7**. Who is Jesus talking about? (Hint: Read verses 13 and 15.)  
Now read **Acts 2:1-4**. What does this tell you about the availability of the Holy Spirit to believers?  
Finally, read **Romans 8:11**. What does this tell you about the Holy Spirit?
5. How would you encourage a friend who says to you, "I don't see very much of the Fruit of the Spirit being produced in my life right now..."?
6. Pastor Doug said at the end of the message: "Getting squeezed is the best possible condition for spiritual fruit to grow." Do you agree or disagree? How do you feel about that in light of everything that's going on right now? How might that principle apply in our current context?



**FRESHLY  
SQUEEZED**

PRAY

**Pray for each other:** Thank God that He is producing spiritual fruit in each other's lives.

**Pray on your own:** Ask God to help you stay “connected to the Vine” this week.

## ACTION STEPS

Go to [venturamissionary.com](http://venturamissionary.com), click on “**Bonus Content for Your Week,**” and take advantage of the daily and weekly resources.

Every day this week: Spend time reading **Galatians 5:22-23** and thanking God that He is at work in you producing the Fruit of the Spirit.

## NOTES

[illegible]