

## God Speaks to Elijah

(1 Kings 19:1-18)

**"A final word: Be strong in the Lord and in his mighty power."**

(Ephesians 6:10)

## Be encouraged...God is powerful.

"You can do it!"

"You've got this!"

"You'll be fine!"

Encouragement is great, but sometimes it's a little empty.

Like when the teacher springs an in-class book report on you, and you haven't read the book—you *can't* do it.

And no amount of encouragement will change that.

But when the almighty and powerful God encourages you, it means something.

God knows you. He knows who you are and what he's made you to do. And more important, God knows you have the power of Jesus working through you. When you rely on Jesus' help and stay close to him, you'll do far, far more than you could do on your own.

So be encouraged. No matter what you're facing, you're not alone. Jesus is going through this with you and empowering you every step of the way.

### Talk-Starters

**If you could pick one person to cheer you on constantly, who would you pick? Why that person? What would you want them to say?**

### Try This @ Home

Stand at a spot in your home where the people who live with you are likely to pass by—at the door in the morning, for instance, or in the hallway outside a family member's bedroom. As people go by, applaud and shout out encouraging words.

**You're awesome!**

**Great job!**



### Explore More @ Home

God's power encourages you, and you can encourage others! See John 16:33; 2 Corinthians 1:4; and Ephesians 4:29.



# Make this page blow home!

Fold a fan. When you get home

...use it to blow things around like the mighty wind God sent Elijah.

## Here's how:

- 1 Fold this page accordion-style, then hold one end together to make a fan.

