



Satisfied in Christ
Philippians 4:10-13
Series: Philippians
Date: 09.14 – 09.15.19

SMALL GROUPS

Paul's healthy relationship with the Philippians (4:10-11a)

¹⁰ I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity. ¹¹ Not that I am speaking of being in need...

- He was OVERJOYED at their generous CONCERN for him (v.10)
- Paul begins to free them from monetary OBLIGATIONS (v.11a)

Paul's secret to healthy relationships and everything else (4:11b-13)

...for I have learned in whatever situation I am to be content. ¹² I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. ¹³ I can do all things through him who strengthens me.

- He learned CONTENTMENT (v.11b)
- He was trained through a wide range of BLESSING and HARDSHIP (v.12)
- Paul's SUFFICIENCY was rooted in CHRIST alone for every situation (v.13)

Bottom Line: Healthy relationships with others are rooted in a healthy relationship with Christ.

For those not yet living a Jesus-centered life...

1. REST in what GOD has done for you, not on what you can do for Him.

For those already living a Jesus-centered life...

2. Make a list of how CHRIST has already been SUFFICIENT for you.
3. Make the most of every circumstance to INCREASE your DEPENDENCY on Christ.
4. Always be READY to give a REASON for the hope that is in you.

Can you celebrate how you've seen the heart of Christ in one another? How have you seen Christ in each other?

Simply reading Paul's words, do they sound like you? What do they make you want to do? What do they make you rethink?

Unlike Cynics, Stoics, or many people today, this isn't "self-sufficiency" but "God-sufficiency. How aware of God are you throughout your day? How could you become more aware & dependent on Him?

How are you being "trained" by blessing and hardship right now? How are you *refusing* to be "trained" right now?

Have you made your list? Who will keep you check in with you this week to ensure that you follow through and make it?

Can the experienced or seasoned among you share how you've been "trained" in blessing and hardship throughout life? What can you learn from their story?

QUESTIONS TO ASK WHEN READING SCRIPTURE

1. Is there a command to obey?
2. Is there a sin to avoid?
3. Is there a promise to believe?
4. Is there an example I need to follow?
5. What new truth about God have I seen?
6. What's repeated?

So...

What do I need to surrender?

What do I need to step into?

What do I need to steward?

What do I need to share? (either for my own accountability or to expand the Kingdom into others' lives?)