



God is your master, so stop worrying + start trusting Him (v.24-25)

Reasons to Exchange Worry for Trust (6:25-33)

1. There's more to life than what you see, spend, and have (v.24-25) *"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?"*

2. If God feeds the birds, then He will certainly feed you (v.26) *"Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"*

3. If you don't control your life, then who does? (v.27) *"Can any one of you by worrying add a single hour to your life?"*

4. If God clothes the grass, then He will certainly clothe you (vs.28-30) *"And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?"*

5. If you focus your life fully on temporal things, it will produce worry (v.31-32a) *"So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things..."*

6. If you pursue the Kingdom, you will receive all you need (v.32b-33) *"...your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well."*

Bottom Line: The Father's love frees us to seek His Kingdom above all (v.34)

For those not yet living a Jesus-centered life:

Look around and consider how loved you are by the Father.

For those living a Jesus-centered life:

1. Practice blessing the Lord for earthly things

2. Revisit your inventory: What's changed? What needs to?

How does the text from last week inform your understanding of this week's text?

Why is it so easy to forget that life is more than what we see, spend, and have?

If life is more than these things...what else is it? What is life measured by?

How does looking at God's care of small things speak to you? Do you believe you're valuable to God?

This question has an implicit answer. Yet we live and think as if we actually are in control. What changes when you get this question answered in your spirit?

Solomon was king over Israel's golden age with incomparable wealth. What do you know of his accomplishments and luxuries? How does God's provision for the fields compare to those?

What happens to all temporal things? So if you *need* temporal things to be ok, what will keep happening in your life too?

Is it possible to be ok without these temporal things? What else contributes a full, well-lived life?

Whatever you just answered – are those things in your life?

Why is this true?

Will you be accountable for these?

What's changed in you as you practice this?

Will you be accountable for these?

EXTRA HELPS FOR GROUPS

Help me understand the Scripture we're reading!

▶ What truth about God am I seeing?

How does He reveal Himself in this passage?
What can I learn about who He is or what He does?

▶ What details stand out?

What's repeated or contrasted?
What's odd or confusing?
What descriptive words are there? How do they shape the text's meaning or impact?

▶ What is the central idea of the passage?

What was the author saying here?
Can you say it in one simple sentence?

▶ How did God intend for His people to respond?

How did they respond to Him or what He did?
How should they have responded?
What was this text supposed to produce in them?

▶ So how should I respond?

What should this move me to do?
What should this move us to do together?

Help me apply what we're discovering in Scripture!

▶ What's the clear take-away?

Is there a clear promise to count on, command to obey, or example to imitate?
Is there a sin to avoid or example to *not* repeat?

▶ What do we need to step into?

How have we avoided this truth?
What do we need to do now to conform to it?
Where do I not yet evidence belief or obedience to this part of Scripture?

▶ What do I need to surrender?

How do I need to trust God and walk forward?
What new reality do I need to accept and trust God with?
What costs do I need to embrace to obey?

▶ Am I responding as God intended?

How did they respond to Him or what He did?
How should they have responded?
How should I be responding too?

▶ What accountability do I need?

How will I know when I've made this change?
How can others challenge me if they see me go backward on this belief / in this area?
How can they remind me of my choice today?

▶ What do I need to share?

Can I encourage a Jesus-centered friend?
Can I challenge a Jesus-centered friend?
Can I bring God's truth or hope to someone not-yet-Jesus centered?

Help our group start talking!

▶ What was most impactful from the sermon?

What stood out most? Why did that stand out?
What needs to change in you because of that?

▶ What was most confusing or unsettling?

What can we do to help you understand it?
What can we do to help you address that?

▶ Why is it so important that we get this <main idea> and act on it?

▶ If we really lived in light of this truth, what would be different?

What would we do differently? Say? Think? Feel?
We may think we "get it," but does each part of our lives reflect that?

▶ How will you pray differently because of this?

How will you relate to God differently?
How will you engage with others (or your relationships, job, etc.) differently because of what you're learning about God?