

Sermon Small Group Questions
“Fresh Bread”
January 16-22, 2022: Matthew 4:1-4, John 6

1. What is your favorite kind of bread?
(ciabatta, whole wheat, sourdough, white, Italian, rye, pita, focaccia, pumpernickel, multigrain, brioche, cornbread, potato, tortilla, baguette, naan, bagels, English muffins, matzo, other)
2. How was your first week of this 22-day journey? Do you feel like your soul was nourished?
3. In your own words, why did Jesus refer to himself as “The Bread of Life?”
4. Approximately how much time do you spend each day feeding your heart, soul, and mind with...
 - Toxic content _____ minutes per day
 - Neutral content _____ minutes per day
 - Junk food content _____ minutes per day
 - Nutritional content _____ minutes per day
5. Read John 6:51-58. What did Jesus mean by “eating his flesh” and “drinking his blood”?
6. If you were in Jesus’ audience that day, would you have walked away or responded like Peter: “You have the words of eternal life. We believe and know that you are the Holy One of God.”

Going Deeper

1. Read Luke 6:46-49 and I Corinthians 3:10-11. The Bible uses a lot of building analogies and both of these verses indicate Jesus as foundational to that building. How is this similar to what Jesus told the crowds and disciples about his flesh and blood? What alternative bread are you using to nourish your spirit other than Jesus? If we are equating the building as your life, how stable is your foundation for the coming storms?
2. Read Joshua 1:6-9. Here God encourages Joshua on the heels of his mentor, Moses dying. He charges Joshua with a list of things that will lead to his success. What are they? Meditation on the word sticks out me. What are some ways you have been able to have God’s word stick in your heart and soul?

