SESSION 1 | DESCRIBE SPIRITUAL VITALITY FOR INDIVIDUALS AND FAITH COMMUNITIES

We’ll discuss what spiritual vitality look like in people’s daily lives, list some indicators of a maturing faith, and then describe what kind of ecosystem is needed to help people live and love like Jesus every day.

- What do you want for the people related to their spiritual lives?
- What factors appear to have the greatest impact on people’s spiritual growth?
- What indicators do you look for to measure spiritual vitality?
- Does your church have a plan for forming disciples at every age and life stage?
- What do you celebrate about how you and your congregation currently form disciples?
- What would you like to be different 6 months from now, related to how you’re helping people grow spiritually?

SESSION 2 | CREATING A WEB OF SUPPORT FOR FORMING PEOPLE IN THE IMAGE OF GOD

If faith formation is a team sport, then how might we create spaces and places that nurture faith? We’ll also address those who might serve as faith mentors to equip and empower others in their faith journey.

- What specific expectations do you communicate to members about growing in faith? Helping others grow?
- What role do you want parents and grandparents to play in young people’s spiritual lives?
- What role do you want godparents/sponsors/faith mentors to play in people’s spiritual lives?
- What role do you want members/ministry partners to play in people’s spiritual development?
- How might you better equip and support people who serve as faith mentors to others?
- How might you help paid staff and elected leaders see themselves as spiritual elders and guides?

SESSION 3 | FORM FAITH AT AND BEYOND THE CHURCH

Whole life discipleship involves finding ways to form faith at church, at home, online, and in the community. We’ll consider ways to broaden how, when, and where people learn about and practice their faith.

- What activities seem to have the greatest spiritual impact at church?
- How might every church function be designed to help people grow in faith?
- What is your vision for helping people form faith in their homes and their daily lives?
- How might you use your communication platforms and social media sites to nurture faith for all ages?
- How do you help people become living expressions of Jesus Christ in the world?
- What would be some initial steps for broadening the scope of your faith forming efforts?

SESSION 4 | HELP PEOPLE DEVELOP SPIRITUAL PRACTICES

If faith is a verb, how do we help people to not only like their faith but to live it? What would need to change to help people practice the presence of God in their daily lives?

- Which spiritual practices would you like to see members embed more intentionally into their daily lives?
- When do you share these hopes with your congregation? Do you share stories about people’s practices?
- What practices do you want your staff and elected leaders to embed in their lives?
- What are three possibilities for introducing new spiritual practices? Reinforcing current practices?

SESSION 5 | REINFORCE KEV MESSAGES ABOUT FORMING FAITH

What are your church’s norms for talking about and modeling faith? How might we make these norms and expectations more transparent for people? At the end of this session, participants will share their plans.

- Do people share their devotional lives and spiritual practices at staff meetings? Leadership meetings?
- How often are stories of faith shared during worship? At gatherings? On the website? On Facebook?
- Who, besides the pastor, helps facilitate the sharing of these stories?