

The background of the slide features a close-up, slightly blurred image of a compass and a wristwatch. The compass is positioned in the upper left, with its needle pointing towards the top right. The watch, which has a blue face and a black strap, is in the lower right. The overall lighting is dim, with a soft glow emanating from the compass needle.

BUILD A LIST OF POWERFUL QUESTIONS



USE POWERFUL QUESTIONS TO REFRAME MEETINGS

Relating

- How are you doing?
- How is it with your soul?
- What spiritual practices are supporting your life right now?

Reflecting

- What have you been learning about yourself and others?
- What's working or not working?
- What do you think are the contributing factors?

1 | WHAT WOULD YOU LIKE TO TALK ABOUT TODAY?

- What seems most important to focus on right now?
- What is happening now (what, who, when, how often)?
- What assumptions are guiding your interpretation of this issue
- Where are your energy and emotions around this issue?
- Is fear part of this story?
- Do you need more information?

2 | WHAT WOULD YOU LIKE TO TAKE AWAY FROM OUR SESSION?

- What are your goals/steps for the next 30 days?
- What's the ideal, in your mind?
- What are some possible ways to get there?
- Where might you get stuck or experience resistance?
- What would be the simplest way to do this?

3 | ARE WE STILL TALKING ABOUT WHAT MATTERS MOST TO YOU?

- On a scale of 1-10, how important is this issue to you?
- What is motivating you to work on this issue?

4 | WHAT WILL YOU SAY OR DO (THIS WEEK) TO ACT ON YOUR INTENTIONS?

- What are your options? Which option do you feel ready to act on
- What takes priority for you?
- What changes might be being called forth in you? in others?
- How might your response to this issue play to your strengths?
- What would happen if you did nothing?
- What roadblocks do you foresee? How will you work with them?
- How and when will you take some time to reflect back on this week?

5 | WHO CAN SUPPORT YOU IN YOUR NEXT STEPS? WHO WILL HOLD YOU ACCOUNTABLE?

- Who would be a good support or resource for this particular issue?
- Does some of this work need to be delegated to someone else?

6 | RESOURCE AND WRAP-UP

- What did we accomplish today?
- Are we still on track with your dreams and goals?
- What was the most/least helpful part of this conversation for you?
- Prayer concerns?
- When will we meet again?

IDEAS FOR BUILDING YOUR POWERFUL QUESTIONS LIBRARY

- Review list of questions found in Coaching School Manual (appendix)
- Review web page, Powerful Questions, in Coaching School section.
- What was the most/least helpful part of this conversation for you?
- Review list of Recommended books and links?
- Keep track of questions you find "work well" when coaching.
- Ask students/coaching colleagues about their favorite questions.



COACHING DEMONSTRATION

AFFIRMATIONS | AHAS | WONDERINGS



The background of the slide features a close-up, slightly blurred image of a compass and a stopwatch. The compass is at the top, showing its needle and markings. Below it, a stopwatch with a blue face and black casing is visible. The overall lighting is dim, with a soft glow emanating from the compass's needle area.

LESSON SUMMARY

TAKE AWAY | LEARNINGS | QUESTIONS

