

God designed us to live our journey of faith with others. Catalyst Crews create a space where you can explore your relationship with God and with other people who are doing the same. The following is a guide to getting started.

EVERYONE IS DIFFERENT: The focus for crew members is to be willing to explore what God has for them and to encourage others to do the same. We all come to the table with different personalities and past experiences that allow us to engage in varying degrees of openness and trust. Start where you are, be real and connect at the pace that you are able.

FINDING THE RIGHT FIT: We find that when you have a common interest (same gender, life stage, etc.), that you will most likely find a better fit. We do our best to describe the group leaders and environments, buy you may need to try more than one Crew to find the one that fits you best. Leaders will not be offended if you try another group, it is all part of the process. The goal is to help people find a CREW where they can connect and grow. Feel free to contact the Connections Director, Dawn McBride for assistance at Dawn@catalystwoodland.com

GETTING THE MOST OUT OF YOUR CREW: <u>Commitment</u> and <u>Authenticity</u> are the biggest keys to your success. Make your Crew meetings a priority in your life – don't miss a night unless you have no other choice. Be authentic in what you share and take the risk to trust others with what is really going on in your life. You will not be required to share every intimate detail about yourself, but as you are able, share what you can. If you can do these 2 things, you will set yourself up to get a lot out of the time you invest in your Crew.

AGREEMENTS: In order to create a safe space, each member needs to agree to do their part. If you choose to attend a Crew, you are agreeing to the following;

- I commit to attending regularly and making Crew meetings a priority in my life.
- I will be authentic and share what is really going on in my life to the best of my ability.
- I will not give advice or try to "fix" someone's problem (unless they ask for advice specifically).
- I will look for common ground with others, even when they may live or believe differently than me.
- I will keep what is shared in the group confidential. I will not gossip, ever.
- If I have a problem with someone or something, I will talk to them, the leader or the Director immediately.
- I will evaluate scripture on how it impacts me personally vs it's application for others
- I will be aware of how much time I leave for others to share.
- I will look for opportunities to care of other members.

CREW DISCUSSION: The meetings are divided into 3 segments to SHARE what's happening in our lives and with God, KNOW more about scripture and how to apply it in our life and to commit to DO something with or for God in the coming week.