

October

1. Zech. 10-12; Ps. 126; Lk. 14
2. Zech. 13-14; Ps. 147; Lk. 15
3. Ezra 5-6; Ps. 138; Lk. 16
4. Est. 1, 2; Ps. 150; Lk. 17
5. Est. 3-8; Lk. 18
6. Est. 9-10; Lk. 19
7. Ezra 7-8; Lk. 20
8. Ezra 9-10; Ps. 131; Lk. 21
9. Neh. 1-2; Ps. 133; Lk. 22
10. Neh. 3-4; Lk. 23
11. Neh. 5-6; Ps. 146; Lk. 24
12. Neh. 7-8; Acts 1
13. Neh. 9-10; Acts 2
14. Neh. 11-12; Ps. 1; Acts 3
15. Neh. 13; Mal. 1-2; Acts 4
16. Mal. 3-4; Ps. 148; Acts 5
17. Job 1-2; Acts 6-7
18. Job 3-4; Acts 8-9
19. Job 5; Ps. 108; Acts 10-11
20. Job 6-8; Acts 12
21. Job 9-10; Acts 13-14
22. Job 11-12; Acts 15-16
23. Job 13-14; Acts 17-18
24. Job 15; Acts 19-20
25. Job 16; Acts 21-23
26. Job 17; Acts 24-26
27. Job 18; Ps. 114; Acts 27-28
28. Job 19; Mk. 1-2
29. Job 20; Mk. 3-4
30. Job 21; Mk. 5-6
31. Job 22; Mk. 7-8

November

1. Ps. 121; Mk. 9-10
2. Job 23-24; Mk. 11-12
3. Job 25; Mk. 13-14
4. Job 26-27; Mk. 15-16
5. Job 28-29; Gal. 1-2
6. Job 30; Ps. 120; Gal. 3-4
7. Job 31-32; Gal. 5-6
8. Job 33; 1 Cor. 1-3
9. Job 34; 1 Cor. 4-6
10. Job 35-36; 1 Cor. 7-8
11. Ps. 122; 1 Cor. 9-11
12. Job 37-38; 1 Cor. 12
13. Job 39-40; 1 Cor. 13-14
14. Ps. 149; 1 Cor. 15-16

15. Job 41-42; 2 Cor. 1-2
16. 2 Cor. 3-6
17. 2 Cor. 7-10
18. Ps. 124; 2 Cor. 11-13
19. Mt. 1-4
20. Mt. 5-7
21. Mt. 8-10
22. Mt. 11-13
23. Mt. 14-16
24. Mt. 17-19
25. Mt. 20-22
26. Mt. 23-25
27. Ps. 125; Mt. 26-27
28. Mt. 28; 1 Th. 1-3
29. 1 Thes. 4-5; 2 Thes. 1-3
30. Rom. 1-4

December

1. Rom. 5-8
2. Rom. 9-12
3. Rom. 13-16
4. Eph. 1-4
5. Eph. 5-6; Ps. 119:1-80
6. Phil. 1-4
7. Col. 1-4
8. 1 Tim. 1-4
9. 1 Tim. 5-6; Titus 1-3
10. 2 Tim. 1-4
11. Philemon; Heb. 1-4
12. Heb. 5-8
13. Heb. 9-11
14. Heb. 12-13; Jude
15. James 1-5
16. 1 Pet. 1-5
17. 2 Pet. 1-3; Jn. 1
18. Jn. 2-4
19. Jn. 5-6
20. Jn. 7-8
21. Jn. 9-11
22. Jn. 12-14
23. Jn. 15-18
24. Jn. 19-21
25. 1 Jn. 1-5
26. Ps. 117; 119:81-176; 2 Jn.; 3 Jn.
27. Rev. 1-4
28. Rev. 5-9
29. Rev. 10-14
30. Rev. 15-18
31. Rev. 19-22

LIFE JOURNAL READING PLAN

Designed to help you read through
the Old Testament once and the
New Testament twice in one year.

January

1. Gen. 1-2; Luke 1
2. Gen. 3-5; Luke 2
3. Gen. 6-8; Luke 3
4. Gen. 9-11; Luke 4
5. Gen. 12-14; Luke 5
6. Gen. 15-17; Luke 6
7. Gen. 18-19; Ps. 3; Luke 7
8. Gen. 20-22; Luke 8
9. Gen. 23-24; Luke 9
10. Gen. 25-26; Ps. 6; Luke 10
11. Gen. 27-28; Ps. 4; Luke 11
12. Gen. 29-30; Luke 12
13. Gen. 31-33; Luke 13
14. Gen. 34-36; Luke 14
15. Gen. 37-38; Ps. 7; Luke 15
16. Gen. 39-41; Luke 16
17. Gen. 42-43; Ps. 5; Luke 17
18. Gen. 44-46; Luke 18
19. Gen. 47-48; Ps. 10; Luke 19
20. Gen. 49-50; Ps. 8; Luke 20
21. Ex. 1-2; Ps. 88; Luke 21
22. Ex. 3-5; Luke 22
23. Ex. 6-8; Luke 23
24. Ex. 9-11; Luke 24
25. Ex. 12-13; Ps. 21; Acts 1
26. Ex. 14-16; Acts 2
27. Ex. 17-20; Acts 3
28. Ex. 21-22; Ps. 12; Acts 4
29. Ex. 23-24; Ps. 14; Acts 5
30. Ex. 25-27; Acts 6
31. Ex. 28-29; Acts 7

February

1. Ex. 30-32; Acts 8
2. Ex. 33-34; Ps. 16; Acts 9
3. Ex. 35-36; Acts 10
4. Ex. 37-38; Ps. 19; Acts 11
5. Ex. 39-40; Ps. 15; Acts 12
6. Lev. 1-3; Acts 13
7. Lev. 4-6; Acts 14
8. Lev. 7-9; Acts 15

9. Lev. 10-12; Acts 16
10. Lev. 13-14; Acts 17
11. Lev. 15-17; Acts 18
12. Lev. 18-19; Ps. 13; Acts 19
13. Lev. 20-22; Acts 20
14. Lev. 23-24; Ps. 24; Acts 21
15. Lev. 25; Ps. 25-26; Acts 22
16. Lev. 26-27; Acts 23
17. Num. 1-2; Acts 24
18. Num. 3-4; Acts 25
19. Num. 5-6; Ps. 22; Acts 26
20. Num. 7; Ps. 23; Acts 27
21. Num. 8-9; Acts 28
22. Num. 10-11; Ps. 27; Mark 1
23. Num. 12-13; Ps. 90; Mark 2
24. Num. 14-16; Mark 3
25. Num. 17-18; Ps. 29; Mark 4
26. Num. 19-20; Ps. 28; Mark 5
27. Num. 21-23; Mark 6-7
28. Num. 24-27; 1 Cor. 13

March

1. Num. 28-29; Mark 8
2. Num. 30-31; Mark 9
3. Num. 32-33; Mark 10
4. Num. 34-36; Mark 11
5. Deut. 1-2; Mark 12
6. Deut. 3-4; Ps. 36; Mark 13
7. Deut. 5-6; Ps. 43; Mark 14
8. Deut. 7-9; Mark 15
9. Deut. 10-12; Mark 16
10. Deut. 13-15; Gal. 1
11. Deut. 16-18; Ps. 38; Gal. 2
12. Deut. 19-21; Gal. 3
13. Deut. 22-24; Gal. 4
14. Deut. 25-27; Gal. 5
15. Deut. 28-29; Gal. 6
16. Deut. 30-31; Ps. 40; 1 Cor. 1
17. Deut. 32-34; 1 Cor. 2
18. Josh. 1-2; Ps. 37; 1 Cor. 3
19. Josh. 3-6; 1 Cor. 4
20. Josh. 7-8; Ps. 69; 1 Cor. 5
21. Josh. 9-11; 1 Cor. 6
22. Josh. 12-14; 1 Cor. 7
23. Josh. 15-17; 1 Cor. 8
24. Josh. 18-20; 1 Cor. 9
25. Josh. 21-22; Ps. 47; 1 Cor. 10
26. Josh. 23-24; Ps. 44; 1 Cor. 11
27. Judges 1-3; 1 Cor. 12
28. Judges 4-5; Ps. 39-41; 1 Cor. 13
29. Judges 6-7; Ps. 52; 1 Cor. 14
30. Judges 8; Ps. 42; 1 Cor. 15
31. Judges 9-10; Ps. 49; 1 Cor. 16

Find this reading plan online at www.youversion.com
under "Life Journal Reading Plan."

April

1. Judges 11-12; Ps. 50; 2 Cor. 1
2. Judges 13-16; 2 Cor. 2
3. Judges 17-18; Ps. 89; 2 Cor. 3
4. Judges 19-21; 2 Cor. 4
5. Ruth 1-2; Ps. 53, 61; 2 Cor. 5
6. Ruth 3-4; Ps. 64-65; 2 Cor. 6
7. 1 Sam. 1-2; Ps. 66; 2 Cor. 7
8. 1 Sam. 3-5; Ps. 77; 2 Cor. 8
9. 1 Sam. 6-7; Ps. 72; 2 Cor. 9
10. 1 Sam. 8-10; 2 Cor. 10
11. 1 Sam. 11-12; 1 Chr. 1; 2 Cor. 11
12. 1 Sam. 13; 1 Chr. 2-3; 2 Cor. 12
13. 1 Sam. 14; 1 Chr. 4; 2 Cor. 13
14. 1 Sam. 15-16; 1 Chr. 5; Mt. 1
15. 1 Sam. 17; Ps. 9; Mt. 2
16. 1 Sam. 18; 1 Chr. 6; Ps. 11; Mt. 3
17. 1 Sam. 19; 1 Chr. 7; Ps. 59; Mt. 4
18. 1 Sam. 20-21; Ps. 34; Mt. 5
19. 1 Sam. 22; Ps. 17, 35; Mt. 6
20. 1 Sam. 23; Ps. 31, 54; Mt. 7
21. 1 Sam. 24; Ps. 57-58; 1 Chr. 8; Mt. 8
22. 1 Sam. 25-26; Ps. 63; Mt. 9
23. 1 Sam. 27; Ps. 141; 1 Chr. 9; Mt. 10
24. 1 Sam. 28-29; Ps. 109; Mt. 11
25. 1 Sam. 30-31; 1 Chr. 10; Mt. 12
26. 2 Sam. 1; Ps. 140; Mt. 13
27. 2 Sam. 2; 1 Chr. 11; Ps. 142; Mt. 14
28. 2 Sam. 3; 1 Chr. 12; Mt. 15
29. 2 Sam. 4-5; Ps. 139; Mt. 16
30. 2 Sam. 6; 1 Chr. 13; Ps. 68; Mt. 17

May

1. 1 Chr. 14, 15; Ps. 132; Mt. 18
2. 1 Chr. 16; Ps. 106; Mt. 19
3. 2 Sam. 7; 1 Chr. 17; Ps. 2; Mt. 20
4. 2 Sam. 8, 9; 1 Chr. 18; Mt. 21
5. 2 Sam. 10; 1 Chr. 19, 20; Ps. 20; Mt. 22
6. 2 Sam. 11, 12; Ps. 51; Mt. 23
7. 2 Sam. 13, 14; Mt. 24
8. 2 Sam. 15, 16; Ps. 32; Mt. 25
9. 2 Sam. 17; Ps. 71; Mt. 26
10. 2 Sam. 18; Ps. 56; Mt. 27
11. 2 Sam. 19-20; Ps. 55; Mt. 28
12. 2 Sam. 21-23; 1 Thes. 1
13. 2 Sam. 24; 1 Chr. 21; Ps. 30; 1 Thes. 2
14. 1 Chr. 22-24; 1 Thes. 3
15. 1 Chr. 25-27; 1 Thes. 4
16. 1 Ki. 1; 1 Chr. 28; Ps. 91; 1 Thes. 5

17. 1 Ki. 2; 1 Chr. 29; Ps. 95; 2 Thes. 1
18. 1 Ki. 3; 2 Chr. 1; Ps. 78; 2 Thes. 2
19. 1 Ki. 4-5; 2 Chr. 2; Ps. 101; 2 Thes. 3
20. 1 Ki. 6; 2 Chr. 3; Ps. 97; Rom. 1
21. 1 Ki. 7; 2 Chr. 4; Ps. 98; Rom. 2
22. 1 Ki. 8; 2 Chr. 5; Ps. 99; Rom. 3
23. 2 Chr. 6-7; Ps. 135; Rom. 4
24. 1 Ki. 9; 2 Chr. 8; Ps. 136; Rom. 5
25. 1 Ki. 10-11; 2 Chr. 9; Rom. 6
26. Prov. 1-3; Rom. 7
27. Prov. 4-6; Rom. 8
28. Prov. 7-9; Rom. 9
29. Prov. 10-12; Rom. 10
30. Prov. 13-15; Rom. 11
31. Prov. 16-18; Rom. 12

June

1. Prov. 19-21; Rom. 13
2. Prov. 22-24; Rom. 14
3. Prov. 25-27; Rom. 15
4. Prov. 28-29; Ps. 60; Rom. 16
5. Prov. 30-31; Ps. 33; Eph. 1
6. Ecc. 1-3; Ps. 45; Eph. 2
7. Ecc. 4-6; Ps. 18; Eph. 3
8. Ecc. 7-9; Eph. 4
9. Ecc. 10-12; Ps. 94; Eph. 5
10. Song 1-4; Eph. 6
11. Song 5-8; Phil. 1
12. 1 Ki. 12; 2 Chr. 10-11; Phil. 2
13. 1 Ki. 13-14; 2 Chr. 12; Phil. 3
14. 1 Ki. 15; 2 Chr. 13-14; Phil. 4
15. 1 Ki. 16; 2 Chr. 15-16; Col. 1
16. 1 Ki. 17-19; Col. 2
17. 1 Ki. 20-21; 2 Chr. 17; Col. 3
18. 1 Ki. 22; 2 Chr. 18-19; Col. 4
19. 2 Ki. 1-3; Ps. 82; 1 Tim. 1
20. 2 Ki. 4-5; Ps. 83; 1 Tim. 2
21. 2 Ki. 6-7; 2 Chr. 20; 1 Tim. 3
22. 2 Ki. 8-9; 2 Chr. 21; 1 Tim. 4
23. 2 Ki. 10; 2 Chr. 22-23; 1 Tim. 5
24. 2 Ki. 11-12; 2 Chr. 24; 1 Tim. 6
25. Joel 1-3; 2 Tim. 1
26. Jonah 1-4; 2 Tim. 2
27. 2 Ki. 13-14; 2 Chr. 25; 2 Tim. 3
28. Amos 1-3; Ps. 80; 2 Tim. 4
29. Amos 4-6; Ps. 86; Titus 1
30. Amos 7-9; Ps. 104; Titus 2

July

1. Is. 1-3; Tit. 3
2. Is. 4, 5; Ps. 115, 116; Jude
3. Is. 6, 7; 2 Chr. 26, 27; Philemon
4. 2 Ki. 15, 16; Hos. 1; Heb. 1
5. Hos. 2-5; Heb. 2
6. Hos. 6-9; Heb. 3
7. Hos. 10-12; Ps. 73; Heb. 4
8. Hos. 13, 14; Ps. 100, 102; Heb. 5
9. Mic. 1-4; Heb. 6
10. Mic. 5-7; Heb. 7
11. Is. 8-10; Heb. 8
12. Is. 11-14; Heb. 9
13. Is. 15-18; Heb. 10
14. Is. 19-21; Heb. 11
15. Is. 22-24; Heb. 12
16. Is. 25-28; Heb. 13
17. Is. 29-31; Jas. 1
18. Is. 32-35; Jas. 2
19. 2 Ki. 17; 2 Chr. 28; Ps. 46; Jas. 3
20. 2 Chr. 29-31; Jas. 4
21. 2 Ki. 18, 19; 2 Chr. 32; Jas. 5
22. Is. 36, 37; Ps. 76; 1 Pet. 1
23. 2 Ki. 20; Is. 38, 39; Ps. 75; 1 Pet. 2
24. Is. 40-42; 1 Pet. 3
25. Is. 43-45; 1 Pet. 4
26. Is. 46-49; 1 Pet. 5
27. Is. 50-52; Ps. 92; 2 Pet. 1
28. Is. 53-56; 2 Pet. 2
29. Is. 57-59; Ps. 103; 2 Pet. 3
30. Is. 60-62; Jn. 1
31. Is. 63, 64; Ps. 107; Jn. 2

August

1. Is. 65, 66; Ps. 62; Jn. 3
2. 2 Ki. 21; 2 Chr. 33; Jn. 4
3. Nah. 1-3; Jn. 5
4. 2 Ki. 22; 2 Chr. 34; Jn. 6
5. 2 Ki. 23; 2 Chr. 35; Jn. 7
6. Hab. 1-3; Jn. 8
7. Zeph. 1-3; Jn. 9
8. Jer. 1, 2; Jn. 10
9. Jer. 3, 4; Jn. 11
10. Jer. 5, 6; Jn. 12
11. Jer. 7-9; Jn. 13
12. Jer. 10-12; Jn. 14
13. Jer. 13-15; Jn. 15
14. Jer. 16, 17; Ps. 96; Jn. 16
15. Jer. 18-20; Ps. 93; Jn. 17

17. Jer. 23, 25; Jn. 19
18. Jer. 25, 35, 36; Jn. 20
19. Jer. 45-47; Ps. 105; Jn. 21
20. Jer. 48, 49; Ps. 67; 1 Jn. 1
21. Jer. 21, 24, 27; Ps. 118; 1 Jn. 2
22. Jer. 28-30; 1 Jn. 3
23. Jer. 31, 32; 1 Jn. 4
24. Jer. 33, 34; Ps. 74; 1 Jn. 5
25. Jer. 37-39; Ps. 79; 2 Jn.
26. Jer. 50, 51; 3 Jn.
27. Jer. 52; Rev. 1; Ps. 143, 144
28. Ezek. 1-3; Rev. 2
29. Ezek. 4-7; Rev. 3
30. Ezek. 8-11; Rev. 4
31. Ezek. 12-14; Rev. 5

September

1. Ezek. 15, 16; Ps. 70; Rev. 6
2. Ezek. 17-19; Rev. 7
3. Ezek. 20, 21; Ps. 111; Rev. 8
4. Ezek. 22-24; Rev. 9
5. Ezek. 25-28; Rev. 10
6. Ezek. 29-32; Rev. 11
7. 2 Ki. 25; 2 Chr. 36; Jer. 40-41; Rev. 12
8. Jer. 42-44; Ps. 48; Rev. 13
9. Lam. 1, 2; Obad.; Rev. 14
10. Lam. 3-5; Rev. 15
11. Dan. 1, 2; Rev. 16
12. Dan. 3, 4; Ps. 81; Rev. 17
13. Ezek. 33-35; Rev. 18
14. Ezek. 36, 37; Ps. 110; Rev. 19
15. Ezek. 38, 39; Ps. 145; Rev. 20
16. Ezek. 40, 41; Ps. 128; Rev. 21
17. Ezek. 42-44; Rev. 22
18. Ezek. 45, 46; Lk. 1
19. Ezek. 47, 48; Lk. 2
20. Dan. 5, 6; Ps. 130; Lk. 3
21. Dan. 7, 8; Ps. 137; Lk. 4
22. Dan. 9, 10; Ps. 123; Lk. 5
23. Dan. 11, 12; Lk. 6
24. Ezra 1; Ps. 84, 85; Lk. 7
25. Ezra 2, 3; Lk. 8
26. Ezra 4; Ps. 113, 127; Lk. 9
27. Hag. 1, 2; Ps. 129; Lk. 10
28. Zech. 1-3; Lk. 11
29. Zech. 4-6; Lk. 12
30. Zech. 7-9; Lk. 13

SOAP

Use the SOAP Method in your daily journaling: 1) Select a SCRIPTURE to focus on. 2) Make OBSERVATIONS about that scripture. 3) Write down the ways this scripture APPLIES to your life. 4) Write out a PRAYER reflecting what you've learned and experienced.