

Health History Form for Camp Staff

Return this completed form to:

Southport Presbyterian Church
Attn: Melissa Davis
7525 McFarland Blvd.
Indianapolis, IN 46237

Name: _____
First Middle Last

Male

Sex: Female Birthdate: _____

Permanent

Address: _____
Street Address

City State/Country Zip/Code

Mobile #: _____

Mobile Carrier: _____

E-mail: _____

- **Return this form to our church at least two weeks prior to camp.**
- Notify the ministry director if you are exposed to a communicable disease within three weeks.
- We expect that you arrive in good health and capable of performing the essential functions of your position. If you have concerns regarding this, speak with the ministry director prior to arrival.
- Completing some portions of this form is voluntary; such areas are so marked.

If you have questions about health services, please call our office.

Allergies: Check those that apply to you. Completion of this section is voluntary, yet helpful to our healthcare staff.

_____ I have no known allergies.

_____ I have an allergy to this food: _____ This causes anaphylaxis? Yes No

Describe what happens if you eat this food and how the reaction is managed:

_____ I am allergic to this medication(s): _____ This causes anaphylaxis? Yes No

_____ I am allergic to these substances: _____ This causes anaphylaxis? Yes No

Describe what happens if you are exposed to these medications or substances and how the reaction is managed:

Nutrition: Our expectation is that staff set an example for campers by eating the provided meal. We work with some medically prescribed diets, such as gluten-free and lactose intolerant, but cannot cater to individual food preferences. Discuss concerns with the ministry director prior to the start of camp.

_____ I eat a regular, varied diet and am prepared to eat a variety of foods while in missions.

_____ I am a vegetarian of this type:

Semi-vegetarian (no pork or beef)

Ovo (no meats, fish, seafood, or dairy)

Pesco (no pork, beef, or chicken)

Lacto-ovo (no beef, pork, chicken, seafood, or fish)

Lacto (no meats, fish, seafood, or eggs)

Vegan (no meats, seafood, eggs, or dairy)

Chronic Concerns: Check all that pertain to you and provide information about supportive healthcare.

Staff who have chronic health concerns are capable of performing the essential functions of the job for which they have been assigned. If you have any concerns, please speak with ministry director.

Completion of this section is voluntary, yet helpful to our healthcare staff.

_____ I have no chronic health concerns.

_____ I have the following chronic health concern(s):

- | | | |
|--|---|--|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Headaches, Migraines | <input type="checkbox"/> Sleep problem |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Dysmenorrhea |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Surgical history | <input type="checkbox"/> Seizure disorder: _____ |
| <input type="checkbox"/> Back pain or injury | <input type="checkbox"/> Knee or ankle weakness | <input type="checkbox"/> Other: _____ |

Immunization History:

Date (month/year) of your most recent tetanus immunization: _____

Have you completed the immunizations that were required for school attendance? Yes No

Medication: All medication must be locked securely unless in the immediate possession/control of the user. All medication should be originally submitted to the healthcare staff.

NOTE: Healthcare staff will ask about your medication(s) to determine if the use (or non-use) of such medication will impair completion of the essential functions of your role. They may also ask about medication when you seek healthcare. Providing additional information about your medication is voluntary.

General Physical History: If you answer "Yes" to any of these questions, provide more information at the end of this section.

Completing this session is voluntary, but helpful to our healthcare staff.

- | | | |
|--|-----------------------------------|-------------------------------|
| 1. Have you ever been hospitalized? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Have you ever passed out during or after exercise? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Have you ever been dizzy during or after exercise? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Have you ever had chest pain during or after exercise? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Do you tire more quickly than your friends during exercise? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Have you ever had high blood pressure? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Have you ever had a racing heartbeat or skipped heartbeats? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. Have you ever been knocked out or become unconscious? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. Have you ever had a seizure? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 10. Have you ever had a stinger, burner, or pinched nerve? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 11. Have you ever had heat or muscle cramps? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 12. Have you ever been dizzy or passed out in the heat? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 13. Have you ever sprained, strained, dislocated, fractured, broken or had repeated swelling, or other injuries to any of your body areas? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| If so, where? <input type="checkbox"/> Head | <input type="checkbox"/> Shoulder | <input type="checkbox"/> Leg |
| <input type="checkbox"/> Neck | <input type="checkbox"/> Chest | <input type="checkbox"/> Foot |
| <input type="checkbox"/> Arm, hand | <input type="checkbox"/> Ankle | <input type="checkbox"/> Back |
| <input type="checkbox"/> Hip | | |

14. Have you been in countries other than the United States in the past nine months? Yes No

If yes, list the countries and the time spent in them.

Country: _____ Dates: _____

Country: _____ Dates: _____

Country: _____ Dates: _____

Use the space below to explain and/or provide more detail about the General Physical Health questions to which you responded "Yes."

Name of your physician: _____ Office Phone (_____) _____
Name of your dentist/orthodontist: _____ Office Phone (_____) _____

Paying for Health Care

- There is no charge for healthcare provided by our healthcare personnel.
- You are financially responsible for healthcare provided by all other providers.
- If you will be using personal insurance, know how to access that insurance. Bring your insurance card and know how to use it. Consider obtaining pre-authorization if your insurance requires this.

Emergency Contact: *Who do you want us to contact in an emergency?*

First Contact: _____	Preferred Phone: (_____) _____	Relationship to You: _____
Alternate Contact: _____	Preferred Phone: (_____) _____	Relationship to You: _____

Authorization for Healthcare: *Parental signature required for staff under 18 years of age.*

This health history is correct. I am capable of performing the essential functions of my role and participating in assigned work duties as noted on this form. I understand my health information will be used by the church's healthcare staff in providing care to me.

Signature: _____ Date: _____
Signature of Parent (if needed): _____ Date : _____

Please provide a copy of your insurance card both front and back.