

A PRAYER FOR CLEANSING

If we say that we have no sin, we are deceiving ourselves and the truth is not in us. If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness. (1 John 1: 8-9)

PRAY A PRAYER LIKE THIS...

*Dear Jesus, I agree with You and ask You to cleanse from me the sin of ...
(underline all that apply)*

Pride, bragging, making sure I'm "known;" taking credit for my success; love of human praise; a secret fondness to be noticed; love of supremacy; love of reputation; a desire to achieve regardless of the methods; drawing attention to myself in conversations

Anger, impatience, a touchy, sensitive spirit; resentment and retaliation when I am disapproved of or contradicted; sharp, harsh words; rudeness; sarcasm; a stubborn, unteachable spirit; an arguing, talkative spirit; contention; an unyielding, headstrong disposition; a driving, commanding spirit; a desire to control most circumstances and people; a drive to win every argument; a desire to always be seen as right or come out on top; inflexibility (things have to go my way);

Unapproachableness; resenting or resisting the authorities God has placed over me; resisting or rebelling against God's providence or ways as He seeks to develop my life

A desire to criticize and pick flaws when I'm set aside or unnoticed; gossip, criticism; focusing on the failures of others; unkind responses; spreading strife; being envious or jealous of others; withdrawing or ignoring others out of a secret desire to retaliate; lack of real love; treating people as objects, not people

Dishonesty; lying; exaggeration; evading and covering the truth; leaving a better impression of myself than is strictly true; covering up my real faults; defensiveness; an unwillingness to accept responsibility for my sin; pitching blame on others

Fear; a man-fearing, man-pleasing spirit; shrinking from duty; passivity; worry about whether everything will come out all right; lack of quiet confidence in God; lack of gratitude; unbelief; doubting God's goodness; worry and complaining in the midst of difficulty

Laziness; wasting time (internet, television, games, etc.); gluttony; overindulgence; drunkenness; being a stumbling block to others because of my habits; abuse of drugs or medications; a tendency to trust medication more than God; lust, pornography, adultery, fornication, incest, abortion, sodomy

Materialism; loving things more than loving God or others; always wanting more; buying things that I do not need; not giving; robbing God of His tithes and offerings; stinginess; worry over finances; living beyond what God has provided; excessive debt; an unwillingness to admit and correct my misuse of God's money

Unforgiveness; bitterness and hatred toward those who hurt me; an unwillingness to clear my conscience with others; intolerance of others; bigotry and prejudice; harbored hurt

Formality and deadness; lack of concern for lost people; not sharing my faith with others; dryness and indifference; lukewarmness and apathy; insensitivity toward others; unwillingness to serve; a desire to be served; self-centeredness; hypocrisy; disobedience to God's promptings; lack of time with God in His Word; little interest in intimacy with God; prayerlessness; unwillingness to let God have control

And (list anything else God brings to mind) _____

After you have agreed with God and confessed these sins...

CLAIM God's promise at the top and thank Him for His forgiveness, made possible by the Cross!

TURN in full repentance and a desire for Christ's complete Lordship in your life

SHARE with a trusted friend any areas where you need increased accountability

CIRCLE any sins that have hurt others and go and seek forgiveness with anyone you have harmed by your sin. Make sure there is nothing between you and God and you and anyone else as far as possible. (Matthew 5:23-24; Romans 12:18)

REVIEW this list daily this week, asking God to work a deep change in these areas.