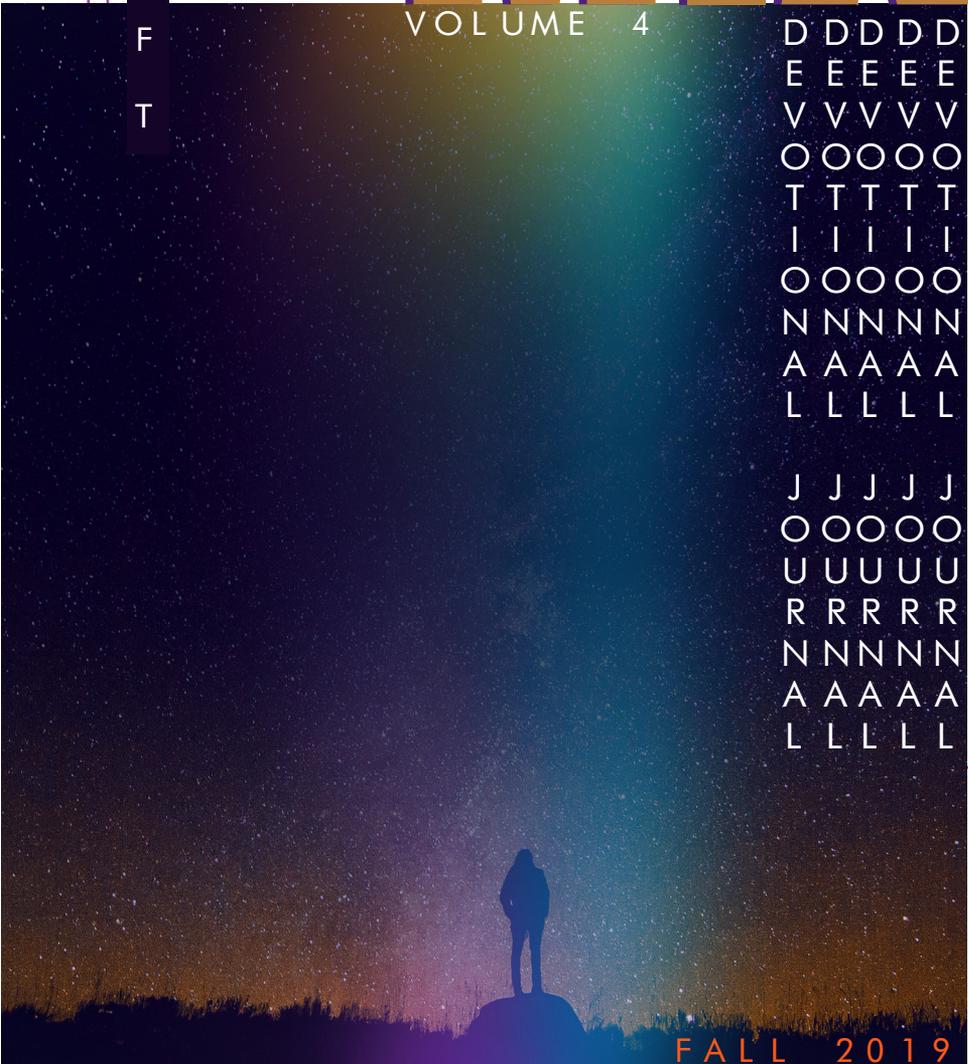


# THE MIX

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YOUR NAME

FALL 2019  
F P C E

# FOLLOW US

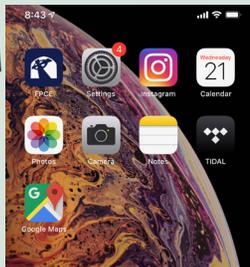
**INSTAGRAM**  
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LIFT FPCE

**WEBSITE**  
FPCEMOND.ORG/STUDENTS

**YOUTUBE**  
FPCE STUDENTS

**OUR APP!!**  
IN APP STORES  
SEARCH 'FPCE'



**BRETT HARDY**  
BHARDY@FPCEMOND.ORG  
405-479-7529

**ALYSSA DEES**  
ADEES@FPCEMOND.ORG  
307-797-0130

**FIRST PRESBYTERIAN CHURCH OF EDMOND**  
1001 S. RANKIN ST. EDMOND OK. 73034  
405-341-3602

# HOW TO MIX

THE FOURTH EDITION! THIS IS THE FOURTH EDITION OF THE MIX, AND WE ARE SO PUMPED YOU HAVE ONE IN YOUR HANDS! YOU MAY BE WONDERING... WHAT IS THIS? SO, TWO THINGS: FIRST, THIS IS A DEVOTIONAL JOURNAL THAT FPCE STUDENT MINISTRIES HAS CRAFTED JUST FOR YOU. WE BELIEVE IN YOU, AND WE WILL DO EVERYTHING WE CAN TO PUT

RESOURCES IN YOUR HANDS TO HELP YOU GROW CLOSER TO JESUS CHRIST. SECOND, THIS IS EVERYTHING YOU NEED TO KNOW ABOUT OUR STUDENT MINISTRY FOR FALL 2019. YOU CAN LEARN ALL ABOUT LEADERS, EVENTS, MISSION OPPORTUNITIES, THE LIST GOES ON AND ON! WE BELIEVE THIS JOURNAL HAS THE ABILITY TO TAKE YOU TO A NEW LEVEL IN YOUR FAITH, BUT IT WON'T IF YOU DON'T SPEND SOME TIME HERE. SO, MAKE SOME SPACE IN YOUR SCHEDULE AND MAKE THIS JOURNAL YOUR OWN! THE MORE YOU PLANT YOURSELF IN THE PRESENCE OF JESUS, THE MORE YOU WILL BE TRANSFORMED!

WE LOVE YOU, HIT US UP IF YOU NEED US.

### MIX TIPS:

- GET INTO A RHYTHM: PICK A TIME YOU CAN ROCK THE MIX EACH DAY
- YOU CAN MIX ALONE OR MIX WITH FRIENDS

# TABLE OF CONTENTS

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- 52-58: 21 DAY TRANSFORMATION
- 60+: BLANK NOTE PAGES

OUR MISSION IS TO GATHER, GROW, GO  
AND WE DO SO WITH THE  
**CORE PRACTICES**

**7**

**SHARE**  
WHO YOU ARE

**CARE**  
FOR ONE ANOTHER

**READ**  
& PRACTICE SCRIPTURE

**PRAY**  
TOGETHER

**INVEST**  
IN PEOPLE

**SERVE**  
COMMUNITY

**CREATE**  
& SEND LEADERS

OUR VISION IS TO SEE  
**NEW LIFE**  
THROUGH **JESUS**  
FOR **EDMOND**  
& THE **WORLD.**

# 4 CALENDAR

## JOIN US THIS SEMESTER

### AUGUST

18	19	20	21	22	23	24
25	26	27	28	29	30	31

**LIFT: WED. GATHER**  
6:30-8pm  
Worship. Word. Small Groups. Fun.

**LIFT: SUNDAY GROW**  
10-11am  
Read Scripture Together with your peers

### SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**2:32**

40 days at 2:32pm as a church we will read scripture 2 Samuel 23:2-5 & pray "Speak to us Lord, through the Holy Spirit, so that we might stand with you. Put Your Word on our tongue, let Your will down on us like the morning light on a cloudless morning. Allow your Word to fall like rain on our souls to water our spirits and refresh our hearts. Let us know Your covenant and Your love, made plain in Jesus Christ. Put in our hearts Your will for First Presbyterian Church. Let that be what we desire above all else! Let us revere You so that we will have wisdom. Help us to stand with you Lord Jesus as you we seek to be your vessel for new life in Edmond and the world! Amen."

FALL NIGHTS  
*Under the Lights*

OCTOBER 16th  
food trucks  
live music  
outdoor games  
worship  
invite everyone

### OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



**AFTER SCHOOL PROGRAM**

Our church is serving the community of Central Middle School by opening our doors after school so students from Central have a safe place to hang out before parents can pick up their students.

### DECEMBER

### HOW TO GET PLUGGED IN 5

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
CHRISTMAS BREAK						
29	30	31				



**GENERATE**  
CAMP BY YM360  
**HIGH SCHOOL & MIDDLE SCHOOL**  
THE LAKE OF THE OZARKS  
\$350  
JULY 20-24TH  
more info online in Oct.

# LEADERSHIP TEAMS

## WEDNESDAY

### WORSHIP TEAM

Practice at 5 on Wednesdays // Led by Tanner Dees.  
Beginning to learn an instrument? We can help! No matter your skill level we have a place for you to plug in. Singers - we would love to have you!

### WELCOME TEAM

Starting at 6pm // Led by Alyssa Dees  
Making first time guests & long time family members feel at home. From door holders, check-in, and roamers - all are welcome to love on everyone that walks through our doors.

### PRAYER TEAM

Led by Amy Reid  
We believe in power of prayer- join this team who prays in the sanctuary before LIFT. You will also be entrusted to pray throughout the week for your peers specific requests.

## SUNDAY

**HOSPITALITY** — email [sboecking@fpcedmond.org](mailto:sboecking@fpcedmond.org)  
From the parking lot to the doors we would love your smiling face to make people feel at home when they come into this place.

**TECH & MORE** — E-mail [tboren@fpcedmond.org](mailto:tboren@fpcedmond.org)  
if you dig curating content for social media, or want to learn/help with lighting, running slides, video cameras, video LIVE switching, audio and photography.



**ALYSSA DEES:**  
**STUDENT MINISTRIES DIRECTOR**  
 FOCUSES ON "GATHER & GO"

Alyssa Dees is best described as a "firecracker." A name given to her as a 4th of July baby. Her energy is harvested directly from diet coke, Ezra's smile & the Word. If you spend time with her you'll have the opportunity to hear her skills as a linguist. She creates words daily. She also enjoys alliteration. As in, "Dees Delightful Depiction." Before going into ministry, she planned on being an interior designer. When she was in college God told her to go into ministry. Her love for students has grown immensely, and she works tirelessly everyday to see the next generation grow up fiercely empowered for God's kingdom.



**EZRA**  
 MASCOT

**BRETT HARDY: STUDENT MINISTRIES ASSOCIATE DIRECTOR**  
 FOCUSES ON "GROW"

Brett Hardy enjoys a vanilla-hazelnut latte on rainy fall days. If you ask, he can sing any old hymn from memory, just hand him a pitch pipe. Brett may look meek on the outside but he is "Built Ford Tough" for Jesus. His main skill set is utilized through driving a boat and pulling people on an inner tube, just bring your "A game", if you think you can hang on! After spending a week serving people in Mexico, Brett knew that Jesus was calling him into full-time ministry and he is fired up to see students take ownership of their faith in Jesus.



**TANNER DEES**  
 WORSHIP

Tanner Dees is a coffee and tea enthusiast. Tanner wakes up to the poetry of the day, then records it. The steam sounding from the kettle - the wake of coffee in the press. While he may seem to be sensitive, his hands will always be calloused from different projects. His focus as a worship leader is to invite God's glory and presence into every moment of worship.



**AFTER SCHOOL INTERNS**

Tuesday & Thursday 2:45-4:30 Wednesday 2:30-8

**JAKE MCKINNON**  
 coordinator



**JOSH EARNEST**



**BRYNNAN DUNCAN**



**WHAT DOES IT MEAN TO FOLLOW JESUS?**  
**HOW CAN I FOLLOW HIM?**

**Life Without God**

As for you, you were dead in your transgressions and sins, in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath.

Ephesians 2:1-3

**What God Did For Us**

But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus.

Ephesians 2:4-7

**How We Respond**

For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast. Ephesians 8-9

**Salvation Through Jesus For Mankind**

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. Ephesians 2:10

**SALVATION THROUGH JESUS**

Romans 3:23: For all have sinned and fall short of the glory of God.

Romans 5:8: But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

1 John 4:10: This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins.

Romans 4:25: He was delivered over to death for our sins and was raised to life for our justification.

Romans 6:23: For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Romans 10:9-13: If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved. As Scripture says, "Anyone who believes in him will never be put to shame." For there is no difference between Jew and Gentile—the same Lord is Lord of all and richly blesses all who call on him, for, "Everyone who calls on the name of the Lord will be saved."

# SUNDAY GROW GROUPS 10-11AM

## 7-8th GRADE: CONFIRMATION CLASS



**ROOM 1248**  
**TEACHERS: FORREST AND JEANNIE BATH**  
**CORDINATOR: JAKE MCKINNON**  
 INCREDIBLE OPPORTUNITY TO LEARN SOME OF THE IMPORTANT FOUNDATIONAL TRUTHS OF GOD'S WORD IN A UNIQUE AND SPECIFIC WAY OVER THE COURSE OF THE NEXT SCHOOL YEAR.

## 9-10th GRADE



**ROOM: STUDENTS WORSHIP CENTER**  
**ROTATING TEACHERS**  
 8/18: KAT & ADAM  
 8/25: DAVE MOORE  
 9/8-10/13: JEN LAVERENTZ ON APOLOGETICS  
 10/27-11/17: ROBERT & AMY REID  
 12/1-12/15: ADVENT

## 11-12th Grade



**JOEL & SARAH HALL**  
**ROOM 1249**  
 THE HALL'S LOVE OUR FPCE STUDENT MINISTRY AND WE ARE SO VERY THANKFUL FOR HOW THEY SERVE SO FAITHFULLY! THEY ARE LEGENDARY LEADERS WHO LEAVE A LEGACY OF FOLLOWING GOD WHOLE-HEARTEDLY. THEY ARE FULL OF WISDOM, KNOWLEDGE AND CANDY. AVID OKC THUNDER FANS WHO BRING LOTS OF LAUGHTER TO A SWEET SUNDAY MORNING.

## COLLEGE



**BRIAN & LAURA REEVES**  
**ROOM 1240**  
 THE REEVES HAVE A CAR FULL OF KIDDOS (NOTE THE CUTEST PHOTO), BUT IT DOESN'T SLOW THEM DOWN! THEY ARE ON FIRE FOR JESUS, AND COME READY TO HAVE A PASSIONATE DISCUSSION ABOUT WHERE GOD IS AT WORK IN THE WORLD EVERY SUNDAY MORNING! COME AS YOU ARE IS THEIR MOTTO, YOUR BROKENNESS IS WELCOMED HERE.

# WEDNESDAY NIGHT LIFT LEADERS

## THE AMAZING MEN



**JOHN BLANKS**  
 OKC Super fan, Storytelling entrepreneur, and in the running for most interesting man in the world.



**ROBERT REID**  
 Suit wearing, diet coke addict, & creme brulee master chef. A dad of 2 and hubby to Amy.



**ANDY FUGGITT**  
 Knows the law like the back of his hand. OKC native. Family man. passionate for the next generation.



**JAKE MCKINNON**  
 Graduating from OSU, loves snack food & gas station t-shirts.



**ADAM CHAPMAN**  
 Former student ministry Intern, UCO studying Criminal Justice, Restores old vehicles!



**BILL CROUCH**  
 Yo. Word. Peace. Snaps legendary photos. Father of 3, Hubby to Molly.



**TANNER DEES**  
 Chaco In the cold wearing, man bun sporting, coffee enthusiast, musician & husband to Alyssa.



**JOSH EARNEST**  
 UCO student and LIFT Stu-Min alumni- always smiling and quality humor.

## THE WONDERFUL WOMAN



**KAT JANZEN**  
 UCO senior, Pippa dogmom, marketing master, ability to fit in with anyone- and loves feirclry, StuMin Intern Alumni.



**BECKY SIMPSON**  
 Mad Scientist Teacher, Mom of 2, Wife to Chris, Kansas Univeristy JayHawk fan.



**LAUREN REDDOUT**  
 StuMin Intern Alumni, OSU grad, History Teacher at North, Swim Coach, Dogmom to Rosie



**SHARON BOECKING**  
 Servant heart that loves bright colors and the beach. A Food connoisseur.



**BRYNNAN DUNCAN**  
 UCO sophomore, graduate of North High School, that digs scrapbooking.



**MADLINN HARDY**  
 Proud momma of LJ! She loves cold weather, traveling, and coffee! She is also married to Brett.



**AMY REID**  
 Prayer Team leader, miracle worker Physical Therapist that has the best sense of humor.



**HILLARY TIVIS**  
 Fan of pizza, donuts, &s, palm trees. Fighting for freedom w/ No Boundaries International



**STEPHANIE MORRIS**  
 mom of 2 amazing students, teacher at Chislom Elementary, worship leader on Sundays!

## READING THE BIBLE SOMETIMES FEELS LIKE LEARNING A NEW LANGUAGE SO WE GOT YOUR BACK WITH THESE TIPS...

### 1. Start with Observation...

Write down everything you observe about the passage.

who:  
what:  
when:  
where:

### 2. Look up any words that are unclear.

### 3. Then use the acronym SPECK...

#### **S**in to confess

In the passage, does God say something about sin? Is there a sin to confess? Is there a sin that I should avoid?

#### **P**romise to keep

Does God communicate a promise for me to claim?

#### **E**xample to follow

Do I find people in this passage that give a good role model? What character traits and which actions are commendable? Which are not?

#### **C**ommand to obey

Are there any specific commands given for me to follow? What does God want me to apply to my life today through this week so that I develop Godly character and habits?

#### **K**nowledge about God

What does this passage tell me about God or about Jesus Christ or the Holy Spirit? What is God like? What are His attributes? What does He do? What does He like and dislike? What is His attitude?

# BIG PICTURE

Read the Bible? What?! That seems sort of hard to do...! That would take forever! Sure, I would love to, but I wouldn't even know how! Have you ever thought or said these words!? US TOO! But we LOVE and TRUST and BELIEVE in Gods Word, and how will we ever live it out if we don't know what it says? So, as a student ministry we will constantly point you towards the Truth of God's Word, but we won't leave you hanging! We will walk right with you! We are committing to read 7 books of the Bible together this fall! SAY WHAT? You read that right! But we've got a solid game plan - so come on, do this with us! And in the end, we will all be better! Over the next 8 weeks, we will read through 7 books of the Bible and 1 of the Psalms! This is going to be so good, so don't get overwhelmed.

Dig in, it will be SO worth it!

AUGUST 21

OCTOBER 2

AUGUST 21: GENESIS 1-7

AUGUST 22: GENESIS 8-14

AUGUST 23: GENESIS 15-21

AUGUST 24: GENESIS 22-28

AUGUST 25: GENESIS 29-35

AUGUST 26: GENESIS 36-42

AUGUST 27: GENESIS 43-50

What have the passages of Scripture that I read this week taught me about God?

Was there anything in these passages of Scripture I found surprising or confusing?

How do these passages of Scripture influence your personal relationship with Jesus?

**AUGUST 28: Exodus 1-6**

**AUGUST 29: Exodus 7-12**

**AUGUST 30: Exodus 13-19**

**AUGUST 31: Exodus 20-26**

**SEPT 1: Exodus 27-33**

**SEPT 2: Exodus 34-37**

**SEPT 3: Exodus 37-40**

What have the passages of Scripture that I read this week taught me about God?

Was there anything in these passages of Scripture I found surprising or confusing?

How do these passages of Scripture influence your personal relationship with Jesus?

SEPT. 4: PSALM 51: 1-3

SEPT. 5: PSALM 51: 4-5

SEPT. 6: PSALM 51: 6-7

SEPT. 7: PSALM 51: 8-11

SEPT. 8: PSALM 51: 12-13

SEPT. 9: PSALM 51: 14-15

SEPT. 10: PSALM 51: 16-19

What have the passages of Scripture that I read this week taught me about God?

Was there anything in these passages of Scripture I found surprising or confusing?

How do these passages of Scripture influence your personal relationship with Jesus?

**2:32 BEGINS**



SEPT 11: ISAIAH 1-10

SEPT 12: ISAIAH 11-20

SEPT 13: ISAIAH 21-30

SEPT 14: ISAIAH 31-40

SEPT 15: ISAIAH 41-50

SEPT 16: ISAIAH 51-60

SEPT 17: ISAIAH 61-66

**ON SEPT 11 2:32pm BEGINS!**

**Each day at 2:32 read Scripture 2 Samuel 23:2-5 & pray**  
"Speak to us Lord, through the Holy Spirit, so that we might stand with you. Put Your Word on our tongue, let Your will dawn on us like the morning light on a cloudless morning. Allow your Word to fall like rain on our souls to water our spirits and refresh our hearts. Let us know Your covenant and Your love, made plain in Jesus Christ. Put in our hearts Your will for First Presbyterian Church. Let that be what we desire above all else! Let us revere You so that we will have wisdom. Help us to stand with you Lord Jesus as you we seek to be your vessel for new life in Edmond and the world! Amen."

What have the passages of Scripture that I read this week taught me about God?

Was there anything in these passages of Scripture I found surprising or confusing?

How do these passages of Scripture influence your personal relationship with Jesus?

**SEPT 18: JEREMIAH 1-8**

**SEPT 19: JEREMIAH 9-16**

**SEPT 20: JEREMIAH 17-24**

**SEPT 21: JEREMIAH 25-33**

**SEPT 22: JEREMIAH 34-41**

**SEPT 23: JEREMIAH 42-49**

**SEPT 24: JEREMIAH 50-52**

What have the passages of Scripture that I read this week taught me about God?

Was there anything in these passages of Scripture I found surprising or confusing?

How do these passages of Scripture influence your personal relationship with Jesus?

**Each day at 2:32 read Scripture 2 Samuel 23:2-5  
AND PRAY:**

*"Speak to us Lord, through the Holy Spirit, so that we might stand with you. Put Your Word on our tongue, let Your will dawn on us like the morning light on a cloudless morning. Allow your Word to fall like rain on our souls to water our spirits and refresh our hearts. Let us know Your covenant and Your love, made plain in Jesus Christ. Put in our hearts Your will for First Presbyterian Church. Let that be what we desire above all else! Let us revere You so that we will have wisdom. Help us to stand with you Lord Jesus as you we seek to be your vessel for new life in Edmond and the world! Amen."*

SEPT 25: DANIEL 1-2

SEPT 26: DANIEL 3-4

SEPT 27: DANIEL 5-6

SEPT 28: DANIEL 7

SEPT 29: DANIEL 8-9

SEPT 30: DANIEL 10-11

OCT 1: DANIEL 12

What have the passages of Scripture that I read this week taught me about God?

Was there anything in these passages of Scripture I found surprising or confusing?

How do these passages of Scripture influence your personal relationship with Jesus?

**Each day at 2:32 read Scripture 2 Samuel 23:2-5  
AND PRAY:**

“Speak to us Lord, through the Holy Spirit, so that we might stand with you. Put Your Word on our tongue, let Your will dawn on us like the morning light on a cloudless morning. Allow your Word to fall like rain on our souls to water our spirits and refresh our hearts. Let us know Your covenant and Your love, made plain in Jesus Christ. Put in our hearts Your will for First Presbyterian Church. Let that be what we desire above all else! Let us revere You so that we will have wisdom. Help us to stand with you Lord Jesus as you we seek to be your vessel for new life in Edmond and the world! Amen.”

OCT 2: MALACHI 1: 1-5

OCT 3 MALACHI 1:6-14

OCT 4: MALACHI 2

OCT 5: MALACHI 3:1-5

OCT 6: MALACHI 3:6-18

OCT 7: MALACHI 4

OCT 8: dig into the questions—

What have the passages of Scripture that I read this week taught me about God?

Was there anything in these passages of Scripture I found surprising or confusing?

How do these passages of Scripture influence your personal relationship with Jesus?

**Each day at 2:32 read scripture 2 Samuel 23:2–5  
AND PRAY:**

“Speak to us Lord, through the Holy Spirit, so that we might stand with you. Put Your Word on our tongue, let Your will dawn on us like the morning light on a cloudless morning. Allow your Word to fall like rain on our souls to water our spirits and refresh our hearts. Let us know Your covenant and Your love, made plain in Jesus Christ. Put in our hearts Your will for First Presbyterian Church. Let that be what we desire above all else! Let us revere You so that we will have wisdom. Help us to stand with you Lord Jesus as you we seek to be your vessel for new life in Edmond and the world! Amen.”

Life has a lot of decisions.

What do I want to do when I get older?

What sort of clothes or style do I want to wear?

Am I going to brush my teeth today?

Decisions, everywhere.

There are so many decisions to make in life, sometimes we neglect the really important, significant ones because we are so consumed with all the small ones we have to make ALL THE TIME. Let me challenge you to pause this week and wrestle out a big, important decision.

What do you believe about Jesus?

This is a decision a lot of people don't want to make. They think it's too hard, too confusing, too much time required. But this decision will impact everything about the rest of your life. Do you believe Jesus died on a cross, and three days later he rose to life, setting in motion a brand new covenant between God and man where man could experience eternal life forever? Or is Jesus an idea, a concept, a "good" thing that doesn't need much of your time or attention?

Over the last several weeks we've walked through a major chunk of the Old Testament of the Bible, and we saw how difficult it was for people to have a relationship with God.

Jesus changed all of that, but it requires us to make a decision.

What's yours?

**LAST WEEK OF 2:32**  
**read Scripture 2 Samuel 23:2-5**

**AND PRAY:**

"Speak to us Lord, through the Holy Spirit, so that we might stand with you. Put Your Word on our tongue, let Your will dawn on us like the morning light on a cloudless morning. Allow your Word to fall like rain on our souls to water our spirits and refresh our hearts. Let us know Your covenant and Your love, made plain in Jesus Christ. Put in our hearts Your will for First Presbyterian Church. Let that be what we desire above all else! Let us revere You so that we will have wisdom. Help us to stand with you Lord Jesus as you we seek to be your vessel for new life in Edmond and the world! Amen."

OCT 9: ROMANS 3:23

OCT 10: ROMANS 5:8

OCT 11: 1 JOHN 4:10

OCT 12: ROMANS 4:25

OCT 13: ROMANS 6:23

OCT 14: ROMANS 10:9-13

OCT 15: EPHESIANS 2:1-10

28 **BIG PICTURE TAKEAWAY**  
take a few moments to reflect on the last few weeks...

What things did I learn from this series:

How have I grown spiritually in this series:

Is there anyone I need to talk to?

When is my goal of talking to this person:

GRANDER VISION: 5,000 GOSPEL ENCOUNTERS .29  
CREATE YOUR TESTIMONY

MONDAY SEPT 23  
**THE TRAINING**  
FOR TIPS & TRICKS

"THE CHANGING FACE OF EVANGELISM & THE WELL BEING OF THE CITY"  
AT FPCE 6-9PM FOR \$15

If someone asks about your hope as a believer, always be ready to explain it. But do this in a gentle respectful way. - 1 Peter 3:15-16 (NLT)

Our goal as a church that over 5 years we will have 5,000 Gospel Encounters- simply that as a church we will be bold believing for New Life, through Jesus as we share what God has done in our own life. Take a few minutes to work through these questions so you can be ready for the next door God opens to share your story.

1 Sentence about: MY LIFE BEFORE CHRIST

- What did your life revolve around before Christ - where did your security, identity or happiness come from ?

1 sentence about HOW YOU CAME TO CHRIST

When and why did my perspective begin to change toward Christ? What were the final struggles that went through my mind before I accepted Him? Why did you finally give Christ control over your life?

1 sentence about MY LIFE AFTER COMING TO CHRIST

- How is your life, character, attitude, perspective of life different now because of Christ?

Helpful hints:

Pray before you write and share your story- asking God for wisdom and words  
Write the way you speak  
Be honest

Have you ever heard yourself say something about someone and then immediately thought: “did I really just say that”? It can be super easy to say things about other people sometimes without even thinking about what we are saying. For some reason, it has become really easy to say things about others in our culture without really feeling like we are being mean, or saying hurtful things. Where did this come from? This definitely isn’t Biblical! Have you ever wondered about how Jesus sees people? How he must have looked at people in order for him to be able to die for them? What would it look like for us to see people this way? To not only “love” people the way Jesus loves them, but to SEE them the way Jesus sees them. Today, try to think about this when you feel yourself starting to say something about another person. Over time, this will cause some radical changes in your life, but you won’t regret it.

READ: 1 Corinthians 13:1-2

Is there a difference between being nice to someone, and seeing them as Jesus sees them?

Why can it be so difficult to SEE others the way Jesus SEES them?

What is one step you can take today to not just LOVE others but SEE them like Jesus does?

**LIFT**  
**WEDNESDAYS**

**I**

**DECLARE**

**WAR**

**OCTOBER 16- NOVEMBER 13**

**“YOU HAVE EVERYTHING YOU NEED TO BE WHO GOD HAS CREATED YOU TO BE. YOU ARE EVERYTHING YOU NEED TO BE RIGHT NOW. GOD DOES NOT NEED YOU TO BE SOMETHING ELSE, OR SOMEONE ELSE.”**

**HAVE YOU EVER TOLD YOURSELF THESE WORDS? MAYBE SOMEONE ELSE HAS SAID THEM TO YOU... BUT HAVE YOU EVER TOLD THEM TO YOURSELF? IT'S EASY TO BELIEVE DIFFERENTLY IN TODAY'S CULTURE. IT'S EASY TO THINK YOU NEED SOMETHING ELSE IN ORDER TO BE YOUR BEST. IT'S EASY TO THINK YOU NEED DIFFERENT CLOTHES, A DIFFERENT CAR, OR A BIGGER HOUSE. YOU DON'T. IT'S EASY TO THINK YOU NEED TO BE DIFFERENT IN ORDER FOR GOD TO LOVE YOU. YOU DON'T. TODAY, KNOW THAT YOU HAVE EVERYTHING YOU NEED. YOU ARE EVERYTHING GOD WANTS YOU TO BE. KNOW THAT GOD LOVES YOU, AND WANTS TO LEAD AND GUIDE YOU TOWARDS EVERYTHING HE HAS FOR YOU!**

## READ MATTHEW 6:31-34

WHAT THINGS ARE YOU INSECURE ABOUT?

WHAT THINGS DO YOU FEEL LIKE YOU NEED TODAY?

HOW CAN YOU "DECLARE WAR" ON THAT FEELING AND REPLACE IT WITH THE REALITY OF HOW GOD SEES YOU?

**DO YOU TRUST YOUR FEELINGS? DO YOU THINK FEELINGS ARE ACTUALLY TRUSTWORTHY? IF YOU FEEL SOMETHING TODAY, BUT YOU FEEL DIFFERENTLY TOMORROW, IS TOMORROW ACTUALLY THE RIGHT WAY TO FEEL, OR SHOULD YOU FEEL BAD ABOUT HOW YOU ARE GOING TO FEEL TOMORROW?**

**FEELINGS ARE COMPLICATED. AND YET, MORE THAN WE REALIZE, WE PUT A LOT OF TRUST IN OUR FEELINGS. WE "FEEL" LIKE SOMEONE IS THE RIGHT PERSON FOR US, AND SO WE THROW OURSELVES INTO A RELATIONSHIP. WE "DON'T FEEL" LIKE SOMETHING IS GOING GOOD, AND SO WE CHOOSE TO STOP TRYING. SO MUCH OF OUR LIFE IS DICTATED BY OUR FEELINGS. BUT FEELINGS AREN'T ALWAYS TRUTH. IN FACT, OUR FEELINGS ARE OFTEN NOT GROUNDED IN ANY TRUTH AT ALL. GOD'S WORD IS THE SAME YESTERDAY, TODAY AND TOMORROW. IT'S UNCHANGING. IT DOESN'T EBB AND FLOW LIKE FEELINGS. TODAY, MAKE GOD'S WORD A PRIORITY IN YOUR LIFE. TRUST WHAT IT SAYS. AND THEN TOMORROW, WHEN YOU ARE FEELING DIFFERENTLY, GO TO GOD'S WORD AGAIN. TRUST IT AGAIN. IT'S UNCHANGING, AND TRUSTWORTHY. OVER TIME, YOU WILL FEEL YOUR HEART LEANING COMPLETELY ON GOD'S WORD AND NOT LEANING ON THE WAY YOU FEEL THAT DAY.**

## PROVERBS 28:26

**DO YOU TEND TO TRUST YOUR FEELINGS? GIVE SOME EXAMPLES.**

**DO YOU THINK YOUR FEELINGS ARE TRUSTWORTHY? WHY OR WHY NOT?**

**HOW CAN YOU "DECLARE WAR" ON YOUR FEELINGS AND INSTEAD PUT YOUR TRUST IN GOD'S WORD TODAY?**

**HAVE YOU EVER BEEN LIED TO?****DUDE, LIES HURT RIGHT?**

**LIKE THEY MAKE US FEEL SO SMALL AND INSIGNIFICANT. WHEN WE FIND OUT WE'VE BEEN ON THE OUTSIDE OF A LIE, IT CAN WRECK US. IT MAY BE HARD TO SWALLOW, BUT I HAVE SOME BAD NEWS. THE WORLD IS SELLING US A LOT OF LIES, AND WE'VE BEEN BUYING THEM LIKE A KID AT AN ICE CREAM TRUCK. THESE LIES CAN BE HARD TO SEE SOMETIMES, BUT ONCE WE'VE BEEN HIT BY THEM WE FEEL IT HARD CORE. WHAT ARE THEY YOU MIGHT ASK? OH, THEY COME IN ALL FORMS. HERE'S SOME OF THE COMMON ONES: *YOU ARE UGLY. NO ONE LIKES YOU. YOU DON'T MATTER. MONEY IS EVERYTHING. IF YOU AREN'T SEXUALLY PHYSICAL WITH SOMEONE, YOU ARE THE ONLY ONE AND YOU ARE A LONER.* GOD'S WORD DECLARES THAT SO MANY OF THESE CONCEPTS ARE LIES, AND THAT IF WE ARE ABLE TO IDENTIFY THEM AND DECLARE THEM AS LIES - THEY CANNOT PROSPER. TODAY, FIRMLY PLANT YOUR BELIEFS IN WHAT GOD'S WORD SAYS IS TRUE, AND KNOW THAT WHAT GOD'S WORD DECLARES IS A LIE IS THE ENEMY SEEKING TO DESTROY ALL THAT IS GOOD IN YOUR LIFE, AND ALL THAT GOD WANTS FOR YOU.**

**ISAIAH 54:17****WHAT LIES FROM THE WORLD HAVE I BELIEVED?**

**WHAT DOES GOD'S WORD ACTUALLY SAY ABOUT THESE THINGS? (IF YOU STRUGGLE TO KNOW THE ANSWER TO THIS, SPEND SOME TIME SEARCHING FOR THESE TRUTHS IN GOD'S WORD, OR ASK A TRUST ADULT THAT LOVES JESUS).**

**HOW CAN YOU "DECLARE WAR" ON SOME OF THE LIES IN YOUR LIFE**

**WHAT HURTS GOD'S HEART? HAVE YOU EVER ASKED THIS QUESTION? DOES ANYTHING REALLY HURT THE HEART OF GOD, OR SINCE HE'S GOD DOES IT REALLY EVEN BOTHER HIM? THE TRUTH IS, THERE REALLY ARE THINGS THAT HURT GOD'S HEART AND THAT KEEP US FROM EXPERIENCING THE FULLNESS OF A RELATIONSHIP WITH GOD. THESE THINGS ARE CALLED SIN. SIN ISN'T A POPULAR TERM IN TODAY'S CULTURE. WE TEND TO IGNORE, ACT LIKE IT'S NOT A REAL THING, OR MAKE IT SOUND LIKE IT'S NOT REALLY "SIN" BECAUSE THE WORLD SAYS IT'S OKAY. BUT GOD'S WORD IS PRETTY CLEAR, THERE ARE THINGS THAT OUR CREATOR DOESN'T TOLERATE AND THAT HE WON'T ASSOCIATE WITH. IT DOESN'T MEAN HE DOESN'T LOVE US, IN FACT JESUS DIED SO THAT WE WOULDN'T HAVE TO LIVE IN OUR SIN. JESUS DEATH IS THE ULTIMATE ACT OF LOVE! BUT, JESUS DEATH DOESN'T MEAN WE DON'T STILL HAVE TO CHOOSE NOT TO LIVE IN OUR SIN. WE COULD SPEND A LOT TIME UNPACKING ALL THAT HURTS GOD'S HEART, BUT HONESTLY IT'S BETTER IF YOU LET THE HOLY SPIRIT LEAD YOU TO WHAT THAT IS IN YOUR OWN LIFE. THE HOLY SPIRIT DOES THIS WHEN WE SPEND TIME IN GOD'S WORD, AND SPEND AUTHENTIC TIME IN PRAYER. TODAY, MAKE SPACE FOR THE HOLY SPIRIT TO SPEAK TO YOUR HEART AND THEN CHOOSE TO SURRENDER SOME OF THE SIN THAT MIGHT BE KEEPING YOU FROM ALL THAT GOD HAS FOR YOU!**

## ROMANS 3:23

DO YOU KNOW WHAT SIN IS? WHAT IS IT?

SPEND SOME TIME IN PRAYER RIGHT NOW, AND ASK GOD TO REVEAL YOUR SIN TO YOU. YOU DON'T HAVE TO NAME THEM HERE, BUT JOURNAL SOME OF THE THOUGHTS GOD LAYS ON YOUR HEART.

HOW CAN YOU NOT ONLY SURRENDER THESE SINS AND CONFESS THEM TO JESUS, BUT ALSO MAKE A DECISION TO 'DECLARE WAR' ON THEM IN YOUR LIFE?

## 40 I DECLARE WAR TAKEAWAY

take a few moments to reflect on the last few weeks...

What things did I learn from this series:

How have I grown spiritually in this series:

Is there anyone I need to talk to?

When is my goal of talking to this person:

GRANDER VISION:  Upendo Kids

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Eunice & Robert Menja are apart of the FPCE family. They moved from Kenya to Oklahoma in 2004 to attend OSU. They started Upendo Kids, to serve & share for the kids back in their homeland.

### ABOUT UPENDO:

"Upendo" means love in Kenyan. They strengthen their community that lacks resources to care for orphaned kids. Kids that would not have basic needs met can now rest in a home full of love, be fed, get an education, and so much more. Upendo recently purchased property that expands their mission to provide New Life, through Jesus.

### HOW YOU CAN GET INVOLVED

One way that we live out the idea of GO, is by supporting Simon, from Upendo (see photo below)

- EAT AT THE FILLING STATION: during our events, when you buy food at The Filling Station you are feeding yourself and paying for Simon's monthly sponsership that provides all his basic needs.

- WRITE A LETTER: place it in the "Simon Station" letter container in the Yinger. This matters a lot & he will write back.

Write the Word, put fun info about yourself or what you are learnig in school in the letter.

PRAY: boldly, earnestly & often over him



Each year as a student ministry we participate in an incredible ministry called "Operation Christmas Child"! If you don't know what this ministry is, you should totally google it and check it out. Be prepared to wet your eyes as you watch children in underprivileged and undernourished circumstances all around the world get to open boxes full of toys and products that will help save their lives! As a student ministry we try to fill and collect as many of these boxes as we possible can... The reason we do this isn't just to celebrate how we can love on children, we do this to challenge ourselves to be more sacrificial. To learn to be more giving and notice those among us that need our help.

Today, see if you can challenge yourself to have eyes that notice someone among you that usually goes unnoticed.

What sort of sacrifice can you make to show love to them?

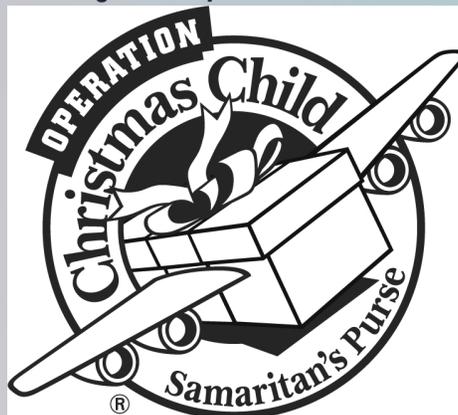
Your money?

Your time?

Your reputation?

Pray about it, and see what Jesus might lead you to do!

READ: 2 Corinthians 9:6



Grab a friend, and GO explore Edmond leaving a trail of random acts of kindness! Come up to the church and grab an "Explore the City Essentials Kit" or make your own as you go.

Drive down Broadway & around Stevenson Park (most popularly known as Rocketship Park) and extend some care to a homeless person (a bag to pass out will be in the essentials kit)

Take a walk around Hafer Park and smile at the people you pass by- being intentional about spreading kind words to passerbys and praying over your neighbors Take a selfie with the climbing wall or around the pond!

Cruise to Brett's favorite coffee shop "Coffee Tree" and take a coffee to a friend or a leader .

Grab some quarters & a few detergent pods to fill up someone's washing machines at the laundry mat.

Wrap up your time together at either Alyssa's favorite ice cream shop "Roxy's" or some queso at Fuzzy's. Intentionally put your phone away and be present. Relax. Don't photo it, snap it, gram it, - just be present.

MOMENTS TO REMEMBER FROM TODAY

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As you walk through each day of this Christmas season, does your heart feel at peace? The Bible explains that Jesus offers us a peace that surpasses understanding. A peace that gives us comfort and rest in the midst of struggle, pain, and confusion. On week two of Advent, the theme is Peace. Jesus, the Cornerstone of our faith - is Peace. He is the author of Peace. He is the Prince of Peace. The Peace that Jesus offers us may not look like, or feel like what the world tells us that peace is, but the Peace of Jesus is real. It's lasting. Today, lean on the Peace of Jesus. Trust in the Peace of Jesus. Tell the world and all of it's struggles that you follow and believe in the Prince of Peace - your entire perspective will change!

READ: Isaiah 9:6

What does the world tell us that peace looks like?

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How does the Peace of Jesus look different than the world?

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Where do you need the Peace of Jesus today?

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You want to know a word I bet you haven't used in your vocabulary much this year? Joy. Here is how the dictionary defines "joy":

*a source or cause of keen pleasure or delight; something or someone greatly valued or appreciated*

We don't really talk about "joy" much... and I don't really know why. Are we afraid of the things that bring us joy? Or do we not have joy? This week of advent the theme is "Joy". Jesus intends for us to have joy! The joy we have isn't grounded in the things of this world. That's happiness, and happiness is temporary, it fades, it comes and goes. Happiness is not joy. Joy is everlasting, because it's rooted in who we are and what Jesus has done. You can have joy even when you are sad. Today, know that Jesus wants for you to be full of joy! Take delight in him! He has conquered death, and he's put that power inside of you through the Holy Spirit!

READ: Romans 15:13

1. When was the last time you thought about "Joy"?

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2. Whats the difference between happiness and joy?

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3. How does making Jesus the Lord of your life bring authentic joy?

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This may be a weird thing to think about, but did you know that in the English language we have one word that we use, that actually has like 4-7 different meanings. It's a word we use every single day, and we use it as if it's no big deal. You have probably used this word to talk about tacos, and cars, and maybe even types of drinks at sonic! You know what the word is? Love. The word love has LOTS of different meanings to it. We "love" fuzzy tacos... and we "love" sweet tea at Sonic, and we love expensive cars... but is that the same "love" we have for each other or is it different? In the Bible the word Love actually is at least 4 different words. But we translated all of them to "love"... which is kind of unfortunate. But here's the point: the birth of Jesus, which is what we celebrate this week, is the standard for Love. God loved first. God loved so much he sent Jesus. This is no "sweet tea" love! Do you know how much God loves you? Have you ever really spent time thinking about the fact that God has a deep value and love for YOU. Today, know that the Creator of the Universe knows you by name. He knows every hair on your head and every thought in your mind. And he loves you. He died for you, and wants to be in relationship with you forever.

READ: Ephesians 2:4-5

Have you ever thought about how badly we use the word love?

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How does it feel to know that Jesus love is completely different than the way we "love" our dog... His love took him to a cross, so that everyone could have New Life?

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What would it look like for you to rest in God's love for you today?

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What things did I learn from this series:

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How have I grown spiritually in this series:

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Is there anyone I need to talk to?

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When is my goal of talking to this person:

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## 50 NEW YEARS

**NEW! NEW! NEW! NEW!**

Wait, is new even cool anymore?

Vintage seems to be the “in” thing now!

Anyway, its a **BRAND NEW YEAR!** Welcome to 2020! Although vintage may be the style of choice, vintage isn't what Jesus wants in a relationship! He wants to give you **NEW LIFE** everyday! This can be the year of **NEW** life for you - however you may need it!

At FPCE we believe in **NEW LIFE** through **JESUS!**

Start this year off evaluating where you finished 2019, journal it out. Ask Jesus where He wants to give you new life this year... and then run after it! Tell Him you are ready, and start seeking it with all you've got!

**READ:** Romans 8:11

How do you feel like you ended 2019 spiritually?

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Where do you need New Life through Jesus right now?

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Are you ready to seek and chase after New Life through Jesus? If so, write out what that looks like for 2020.

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## 2019 TIME CAPSULE

51

**GRADE:**

**FAVORITE CLASS:**

**FAVORITE TEACHER:**

**HILARIOUS MOMENT:**

**THE BIGGEST CHANGE THIS YEAR:**

**I LOOK UP TOO...**

**FAVORITE THING TO WATCH:**

**THE BIGGEST CHALLENGE:**

**HOBBIES:**

**FAVORITE MEME:**

**FAVORITE FAMILY MOMENT:**

**FAVORITE SHOES:**

**MOST PLAYED GAME:**

**MOST USED #**

**YOUR GO TO SONGS**

**HOW YOU HAVE SEEN GOD SHOW UP, SHOW OFF, AND SHOW OUT THIS YEAR...**

# RENEW

21 day transformation

So here's what I want you to do,  
God helping you:

Take your everyday, ordinary life – your sleeping, eating, going-to-work, and walking-around life – and place it before God as an offering. Embracing what God does for you is the best thing you can do for him.-

Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.

Romans 12:1-2  
The Message

By controlling the direction of your mind,  
you control the direction of your life.

Every moment of every day you are changing your brain with your thoughts in a positive or negative direction. Every time you think and choose, you cause structural change in your brain.

Your thoughts impact your spirit, soul and body.

Science shows, your brain rewires after doing the same thing for 21-days. So we are taking Dr. Caroline Leaf's 21 day detox challenge. This detox will help you switch on your brain and make it the healthiest it has ever been. It only takes 5 minutes

(or how long you want to take) **every day** for 21 days

**START BY:** Figure out what you want to detox out of your brain. This can literally be anything you want...

- Anxiety
- Bad self-image
- Addiction to your phone
- Any addictions
- Bad habits
- Worry
- Stress
- Negativity
- Poor decision making
- Awareness
- Distractions
- Drama
- Jealousy
- Pornography

**THEN 5 MINUTES EVERYDAY** for the next 21 DAYS...

**Step 1. MEDITATE** on what causes those thoughts and think how you can fix them. Start the day by sitting up in bed in the dark and ignore all distractions. Sit in prayer with God and claim the promises of God and your problem.

**Step 2. WRITE** what to fix them (write down what you claimed to God on paper and take that with you all day to remind you of what you want to end.

**Step 3. REVISIT** what you wrote down and what your detoxing and write down what you're going to do. Throughout the day think about what you wrote and keep thinking on how you can replace it.

21 DAY CHALLENGE

**DAY 1 of 21 DAY CHALLENGE**

MEDITATE

WRITE

REVISIT

**DAY 2 of 21 DAY CHALLENGE**

MEDITATE

WRITE

REVISIT

**DAY 3 of 21 DAY CHALLENGE**

MEDITATE

WRITE

REVISIT

**DAY 4 of 21 DAY CHALLENGE**

MEDITATE

WRITE

REVISIT

**DAY 5 of 21 DAY CHALLENGE**

MEDITATE

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REVISIT

**DAY 6 of 21 DAY CHALLENGE**

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WRITE

REVISIT

**DAY 7 of 21 DAY CHALLENGE**

MEDITATE

WRITE

REVISIT

21 DAY CHALLENGE

**DAY 8 of 21 DAY CHALLENGE**

MEDITATE  
WRITE

REVISIT

**DAY 9 of 21 DAY CHALLENGE**

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**DAY 21 of 21 DAY CHALLENGE**

MEDITATE

WRITE

REVISIT

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