

## **SARS-CoV-2 health screening and participant rules and guidelines.**

### **Participant Responsibilities**

#### **Transportation:**

- To the best of our ability, Peak 7 will not combine groups who arrive together. Each group arriving together in a vehicle will be considered a household group.

#### **Screening:**

- Please review and answer the following screening questions the day of the trip:
  - In the last two weeks, have you or anyone in your household had a fever of over 100?
  - In the last two weeks, have you or anyone in your household experienced any new onset of 2 or more of the following symptoms (not explained by known seasonal allergies): body aches, sore throat, cough, loss of taste and or smell, shortness of breath, headache, or fatigue?
  - In the last two weeks, have you tested positive for SARS-CoV-2, or has anyone in your household or the community in which you live tested positive for SARS-CoV-2?
  - We are relying on participants to truthfully answer these questions. If the answer to any of the above questions is yes, stay home.
- Please take your own temperature before leaving for your trip.

#### **Expectations:**

- Respect all physical distancing protocols implemented by Peak 7 Adventures and stay 6 feet away from guides whenever possible.
- Participants are required to bring their own face coverings.
  - If you choose to wear a face covering while rafting, it must be neck gaiter/"Buff" style and must be lowered from the mouth and nose whenever helmets are being worn.
  - Participants will be asked to wear masks on shore when social distancing is not possible.
  - Participants are encouraged to bring their own hand sanitizer.
- Follow all instructions given by Peak 7 guides regarding safety protocols.

#### **Peak 7 Protocols:**

- Physical distancing: we will keep six feet or more of distance between household groups and between other river users whenever possible.
- Guides will wear a cloth face covering, except during rapids, and will stay six feet away from participants whenever possible.
- Sanitation: Handwashing or hand sanitizer stations will be set up for camp use. Cleaning supplies will be provided for participants to bring with them to public bathrooms.
- Food service: Guides preparing and serving food will wear face coverings and gloves.
- Personal gear and vehicles will be cleaned at the end of every trip.