

1/17/21 | Andy Adams

## **Meltdown: Trapped in Desperation**

Numbers 11:11-15

The Land Between is fertile ground for \_\_\_\_\_.

What is the difference between the Israelites' complaints and Moses' desperate prayer?

*"Come to me, all you who are weary and burdened, and I will give you rest."*

— Matthew 11:28

*"Cast all your anxiety on him because he cares for you."*

— 1 Peter 5:7

What burden are you carrying that is too heavy? Cast that burden on the Lord in prayer.

God is waiting with hope and healing when you cry out to Him.