



Discipleship Band Guide

Open with Prayer

Share (15-20 minutes per person)

1. How is it with you soul?
2. What are your struggles and successes? (Talk about how you worked through your personal reflection questions this week.)
3. How might the Spirit and Scriptures be speaking in your life?

Going deeper:

4. Do you have any sin that you want to confess?
5. Are there any secrets or hidden things you would like to share?

Ask Clarifying Questions

Other band members take a couple minutes to ask questions to better understand each person's goals/confessions/etc. (this is not a time to make any judgments on the person's actions or to give advice).

End with Prayer

When each person has finished sharing, pray for that person before the next person takes their turn sharing.

Going deeper:

- Begin each prayer by proclaiming 1 John 1:9: "[Name], you have confessed your sin, and God is faithful and just to forgive you of your sin and to cleanse you from all unrighteousness. In the name of Jesus Christ, you are forgiven."

**"The church changes the world not by making converts but by making disciples."
— John Wesley**