

## Core Practices – A Discipleship Revolution

Mark 8:27-36 | [troyumc.org/bands](http://troyumc.org/bands)

A \_\_\_\_\_ is a significant change in our method of becoming more like Jesus.

Jesus redefined what it meant to be a \_\_\_\_\_.

*“Then he called the crowd to him along with his disciples and said: ‘Whoever wants to be my disciple must deny themselves and take up their cross and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it.’”*

— Mark 8:34-35

What does it mean to be “on a journey with Jesus”?

A disciple engages in the following *Core Practices* on their journey with Jesus:

1. \_\_\_\_\_ – A disciple grows with others in a small group setting through vulnerable accountability, prayer, study, encouragement, and simply doing life together.
2. \_\_\_\_\_ – A disciple deepens his/her relationship with God by talking and listening to God both alone and with others.
3. \_\_\_\_\_ – A disciple reads and reflects on Bible passages and submits to their teachings in order to know and love God.
4. \_\_\_\_\_ – A disciple applies his/her spiritual gifts, personality traits, and passion to build God’s Kingdom and do justice both inside and outside the church.

7/5/20 | Andy Adams

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5. \_\_\_\_\_ – A disciple shares the gospel with pre-Christian people through authentic friendships, community engagement, Christ-centered parenting, and world mission.
6. \_\_\_\_\_ – A disciple manages the resources God has entrusted to him/her (time, money, creation, body, etc.) in order to advance God's mission in the world.
7. \_\_\_\_\_ – A disciple praises and exalts God when gathered with other believers and lives in the triune God's presence as a lifestyle.
8. \_\_\_\_\_ – A disciple sets aside a day each week to intentionally rest, contemplate, and delight in God.

How do you currently experience discipleship, both in your private life and with Troy United Methodist Church?

In what ways do you see yourself growing as a disciple of Jesus?

What is a “next step” you will take today?