



**MAKING DISCIPLES WHO SHARE THE LOVE OF JESUS CHRIST
IN THIS COMMUNITY AND WITH PEOPLE EVERYWHERE.**

Disciplegram

COS Serves

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- Heart Health for men and women
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Our music ministry has blessed and enhanced our worship.



322 Quilts and 136 personal care kits along with 302 school totes were made, assembled, and shipped to LWR.

65 homeless bags were assembled for COS members to take and distribute to those in need.



**Reformation
Celebration**

Discipleship Pastor & Christ Our Savior

From the Heart of Pastor Davenport, Senior Pastor

I share this text from 1 Kings because in many ways I can identify with Solomon. I do not know everything. I'll be

the first to admit it. I often wonder why God has me doing what I'm doing – do I really have what it takes to shepherd a large family? Sometimes I feel inadequate. Sometimes I don't know how to carry out my duties either. It's when I'm feeling like this that I am driven to my knees in prayer, asking God for wisdom, guidance & clear vision for following His will.

7 And now, O Lord my God, you have made your servant king in place of David my father, although I am but a little child. I do not know how to go out or come in. 8 And your servant is in the midst of your people whom you have chosen, a great people, too many to be numbered or counted for multitude. 9 Give your servant therefore an understanding mind to govern your people, that I may discern between good and evil, for who is able to govern this your great people?"
1 Kings 3:7-9.

For the past couple of years, a recurring prayer of mine has been that the Lord would give me, as your Senior Pastor, "eyes to see, ears to hear & a heart to embrace what God's will is for COS". My passionate desire is for us, myself included, to be the best that we can be as disciples of Jesus.

Don't get me wrong, I'm thankful for where we are & how we are being used as Jesus followers, but I'm not content & don't believe that any of us should be either, thinking that we are good enough, "thank-you very much". We haven't arrived & won't until Jesus comes again. I want to know, & want you to know, the breadth & length & height & depth of God's love for us in Jesus. As we take that next step in our growth as followers of Jesus I believe that God will do abundantly more, through us, than we could ask or think possible (Ephesians 3). When I think about all of that I get excited!

The Lord has blessed COS over the 40+ years of our time here in Livonia with faithful & servant minded members, dedicated & passionate pastors & church workers. People have been introduced to Jesus & have come to know Him as their personal Savior. Our neighbors in Livonia & Detroit are being served with the love of Jesus by meeting their physical & spiritual needs. Praise the Lord! Now what?

It would be easy to just continue on in what we have been doing. We know how to do that. We're comfortable & content. People will continue to be served with the love of Jesus. Services & Bible classes will continue. Funerals & weddings will be scheduled. I firmly believe that we have an opportunity before us that has come not of our own making, an opportunity to stretch & grow as followers of Jesus.

My passionate desire is for us, myself included, to be the best that we can be as disciples of Jesus.

We have so much potential here! I'm excited to see how the Lord will use us for His glory! I envision a Discipleship Pastor as one that walks alongside me, Pastor Eden, & the rest of the staff challenging us to grow in our discipleship skills so that we can help those that we are serving be the "Jesus followers" that God wants them to be in their families, workplace, & community. I also see him being given "permission" by COS to be a blessing to other congregations as well, whether they be in our circuit, District or throughout our synod. There are many congregations that would benefit from a Pastor focused on discipleship.

I see all of this as the next step in growing our faith relationships, multiplying the influence that Jesus can have with our neighbors wherever they are. COS has been blessed to be a blessing!

I have told my kids 100 times if I said it once "if you want to get better you have got to play with kids that are better than you". I saw it when I was playing sports. If I played with my next door neighbor we'd have fun, get tired & make some great memories. If I wanted to get better at, let's say basketball, I was going to have to play with some other kids who were better than my neighbor & better than me because they were going to push me, they were going to "demand excellence" – my neighbor wasn't going to do that.

As your senior pastor I'm confident enough in what I bring to the table to know that I don't know everything. I know that there are other pastors who are at the top of their game when it comes to a specific focus of ministry, a certain skill or maybe even years of experience in the ministry. When you "hang" around them your "game" is elevated as they push & encourage you. I want to play with those that are going to push me. I want our staff to be stretched too. We are called to much more than the status quo. We are called to excellence whether a member of the staff or a member in the church – we are called to be a growing & maturing follower of Jesus! He loves you and so do I!

Congregational Meeting

Monday, November 18

7:00pm in the Sanctuary

We Definitely Want Your Kids with Us in Worship: Children Grow

By Rev. Joel S. Eden, Associate Pastor

We definitely want your kids with us in worship, because **children grow in worship!**

Growth implies change, but growth does not always imply good change. A child can grow in maturity, skills, knowledge, wisdom, etc. but a child can also grow to be a real—umm—not-nice-person. (So can adults, by the way.) Growth can be good or bad.

Once a strawberry seed begins to grow, the resulting health of the plant depends very much on the environmental factors around it: soil pH, soil consistency, availability of water, availability of sunlight, nearby herbivores, etc. The resulting growth can be “good” or “bad” growth.

We definitely want your kids with us in worship, because **children are going to grow—for better or for worse.**

In Christian worship settings, your kids will receive the life-giving and God-breathed nourishment that is the very word of God itself. The growth this stimulates is incomparable. A regular diet of God’s word enriches the spirit, mind, and even body of your child in ways that science can’t explain.

Every time we gather in worship, we read aloud the Scriptures that have been given to us by God and

handed down for multiple millennia so that they become part of who we are and inform everything that we know. (How much better when we digest his word on a regular basis in our own homes, too, and not just at church!)

This is good growth! Without the environment that Christian worship and Christian community provide, we all are at great risk of growing up to be real—well—lost.



We definitely want your kids with us in worship, because your children will grow in the truth of God’s word, in the forgiveness of sins, in the Spirit that lives in them, and into the community that will support and love them throughout their lives.

We would be lost in sin, lost in lies, and lost in darkness. But through the teaching and preaching of the Gospel of Jesus, we are brought to life.

Through Holy Communion, we grow. Through his word, we grow. Through the cultivating we provide for each other, we grow as little Christs in the world—no matter what age we are.

If it takes a village to raise a child, it takes a church to raise a Christian. We don’t want you to feel alone in this and we don’t want your child to feel alone, either. Jesus still calls out, “Let the little children come to me.” You can bring your child to Jesus at bedtime, at mealtime, in family devotions, in car conversations, and even on the playing field. We hope you’ll bring your child to Jesus in worship, too. **After all, your child is going to grow, and you have the opportunity to facilitate great growth.**



Share your thoughts on our Facebook group...

- How have you seen your kids grow in worship?
- How do you nurture and water the growth of faith that is started in Baptism?
- How do you trust Jesus to make growth happen in your child’s faith even you feel like you have failed?

Let’s support and encourage each other as we worship.



By Miriam Rossow, Communications Coordinator

In the last Disciplegram you were able to read a little about our vision for communications at Christ Our Savior. We want to live out our mission statement, sharing Jesus in this community and with people everywhere. One way we live out our mission is through our communications, communications as discipleship, sharing stories about real-life experiences with each other and Jesus. We also want to help our greater community know what is happening at Christ Our Savior in order to share with them the love of Jesus.

Much has changed in only a few years in the ways we can communicate. We now have many forms of digital technology added to our communication possibilities. Parents, Grandparents,

teens, tweens, and even children have and use digital technology. They are on Google, YouTube, Facebook, Instagram, Twitter, SnapChat, and a variety of new and improved social media apps. Before going to a new restaurant or store we check it out online looking at the website, reviews, and asking friends on social media their opinion on the place or topic. We look to see what they have to offer, checking out pictures on Google, and sometimes even the neighborhood on Google Maps.

I understand that engaging in this kind of digital technology can be uncomfortable, foreign, and even frustrating. Many people prefer paper and live interaction over the digital technology of today. And that is understandable and good. **Digital technology is not always helpful and can if abused be something that instead of drawing us closer to each other and Jesus draws us apart and farther away.**

At Christ Our Savior we want to take the paper items we produce and combine them with digital technology allowing people outside of our walls to engage in the teaching and activity that is happening inside our walls.

We want to help you encourage, invite, and support your neighbors, co-workers, and friends where they are and how they engage.

“Digital technologies are used best when they are connected to authentic relationships.”

Using digital technology is not a release of relationships. Digital technology should be used to enhance and foster our relationships. This can be a challenge as we can so easily get ‘lost’ on our phones and ignore the people around us.

Texting, FB, instant messaging and a variety of other ways to communicate also means I don’t have to wait to ask for prayer when a situation arises. I can send, to my college daughter or my faith friend, a quick text that I am thinking about them. Digital technologies are used best when they are connected to authentic relationships. We want all our communications, paper and digital, to help you grow in your faith, share your faith, and connect in your faith.

In order to communicate with as many people as possible at Christ Our Savior and in our community we will be utilizing as many of the lines of communication that we can. Social Media, the website, pamphlets, posters, blogs, e-news, and printed weekly and monthly or quarterly updates will be part of the ways we communicate.

We do want to be aware of the information we are putting on the web about our members. Privacy issues are a topic for great concern and discussion. They are not to be taken lightly and so we want to be clear of your options and the way we will try to handle and care for your privacy.

We have set up some guidelines and rules to help give you some control of your privacy.

“We want all our communications, paper and digital, to help you grow in your faith, share your faith, and connect in your faith.”

Online Image Guideline

- While we cannot control every person's social media, **we do ask that you are sensitive to the pictures you are taking at COS events and posting on your personal social media.** We ask that you **do not** tag or label people unless they have approved of that tag or label.
- We, Christ Our Savior, will not put names or tags on the photos that we post on social media or the website connected to Christ Our Savior without consent.
- Christ Our Savior will not put private information such as phone numbers, emails, addresses, workplaces, or etc. on our public or private sites without the permission of the person whose information we are asking to share.
- By being part of an event, you are consenting to the use of your image and likeness for publicity purposes.
- You always have permission to ask us not to use your photo.
- If you see our communications coordinator or a volunteer taking photos and do not wish to be photographed, please move out of the area and let us know, in a polite manner, that you do not wish to be photographed.
- The parents of our children in preschool, Sunday School, and VBS or other children's events will be given a waiver to sign that allows them to decline us the use their child's image.
- We will not tag or label the images with names.
- If you do not wish to have your image or likeness used in any manner, please come to the church office and let us know.

Some of the places that we may use a photo that includes your image...

- Website- **public**- www.Christoursavior.org
- Facebook page- **public**
- Facebook group- **private**
You must be a member.
In order to be a member, you must be approved by an administrator of the group.
To make a decision about approval we verify your connection or membership to Christ Our Savior.
- Twitter- **public**
- Instagram- **public**
- Pamphlet or other printed materials- **public**
Some of the places these are used is; to hand out to visitors, new members, neighborhoods, and new residents in the area

facebook

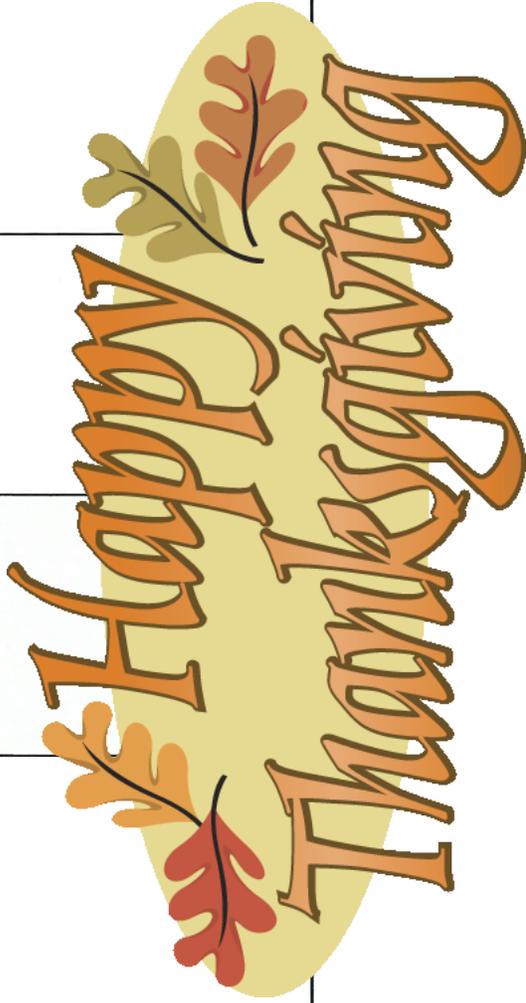
Instagram

twitter 

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Oct 27	28		Nov 1			
3	4	5	6	7	8	9
<ul style="list-style-type: none"> Food Drive 8:30am Communion Service 9:45am Adult Bible Studies, Sunday School, & Bible Breakfast 11:00am Worship 2:00pm Bible Journaling 3:00pm .COS Bowling 5:00pm Youth & Family Night 	<ul style="list-style-type: none"> 4:00pm Family of God meal prep & delivery 6:30pm Cancer Companions 6:30pm GriefShare 6:30pm Lutheran Foundations 6:30pm WOW Meeting 	<ul style="list-style-type: none"> 10:00am Quilters study 6:30pm Men's Bible Study 7:00pm Jubellation Handbells 7:00pm Stephen Ministry 	<ul style="list-style-type: none"> 10:00am Senior Bible Study 6:30pm Women's Bible Study 7:00pm James Small Group (Classrooms 1-4) 	<ul style="list-style-type: none"> 6:30am Men's Bible Study (offsite) 9:00am Retiree Repair Team 11:30am Private Event - Helena Hatten (Classrooms 5-6) 7:00pm Festival Choir Rehearsal 7:30pm Men's Basketball 8:30pm Victory Brass 	<ul style="list-style-type: none"> 9:00am LWML Quilting / Sewing 9:00am GriefShare - Surviving the Holidays (Youth Room) 10:00am Sr High Girls Small Group 3:00pm Wedding (Luoma / Davis) 7:00pm "Already Gone" Young Adult Fellowship & Bible Study 	<ul style="list-style-type: none"> 10:00am Concordia Lutheran School Craft Show (Whole Church) 10:00am Sr High Girls Small Group 7:00pm "Already Gone" Young Adult Fellowship & Bible Study
10	11	12	13	14	15	16
<ul style="list-style-type: none"> Food Drive 8:30am Worship 9:45am Adult Bible Studies, Sunday School, & Bible Breakfast 11:00am Communion Service 5:00pm Youth & Family Night 	<ul style="list-style-type: none"> 6:30pm Cancer Companions 6:30pm GriefShare 6:30pm Lutheran Foundations 6:30pm LWML Quilting / Sewing 7:00pm Church Council Meeting 	<ul style="list-style-type: none"> 9:30am Moms of Faith 10:00am Quilters 10:00am Women's Bible study 6:30pm Private Event (Patsy Domingo) (Rm 10-12) 6:30pm Men's Bible Study 7:00pm Jubellation Handbells 	<ul style="list-style-type: none"> 10:00am Senior Bible Study 6:00pm Table Talk ((offsite)) 6:30pm Women's Bible Study 7:00pm Family of God Committee Meeting (Lounge) 	<ul style="list-style-type: none"> 6:30am Men's Bible Study (offsite) 9:00am Retiree Repair Team 4:00pm Family of God Meal Prep & Delivery 7:00pm Festival Choir Rehearsal 7:30pm Men's Basketball 8:30pm Victory Brass 	<ul style="list-style-type: none"> 2:00pm Wayne County Family Meal 	<ul style="list-style-type: none"> 10:00am Concordia Lutheran School Craft Show (Whole Church) 10:00am Sr High Girls Small Group 7:00pm "Already Gone" Young Adult Fellowship & Bible Study



<p>17</p> <ul style="list-style-type: none"> Food Drive 8:30am Communion 9:45am Adult Bible Studies, Sunday School, & Bible Breakfast 11:00am Worship 3:00pm COS Bowling 5:00pm Youth & Family Night 	<p>18</p> <ul style="list-style-type: none"> 6:30pm GriefShare 6:30pm Lutheran Foundations 7:00pm Sunday School Teachers Bible Study 7:00pm Fall Congregational Meeting (sanctuary) 	<p>19</p> <ul style="list-style-type: none"> 10:00am Quilters 10:00am Women's Bible study 6:30pm Men's Bible Study 7:00pm JuBellation Handbells 7:00pm Young Brain Injury_Support_Group 	<p>20</p> <ul style="list-style-type: none"> 10:00am Forever Young (Rms 1-4, and Sanctuary) 10:00am Senior Bible Study 6:30pm Women's Bible Study 	<p>21</p> <ul style="list-style-type: none"> 6:30am Men's Bible Study (offsite) 9:00am Retiree Repair Team 1:00pm Private Event (Judy Mayle) (Rms 5-6) 7:00pm Festival Choir Rehearsal 7:00pm Schluckebier / Moldenhauer Small Group (Library) 7:30pm Men's Basketball 8:30pm Victory Brass 	<p>22</p>	<p>23</p> <ul style="list-style-type: none"> 10:00am Sr High Girls Small Group 7:00pm "Already Gone" Young Adult Fellowship & Bible Study
<p>24</p> <ul style="list-style-type: none"> 8:30am Worship 9:30am WOW Bake Sale (Lounge) 9:45am Adult Bible Studies, Sunday School, & Bible Breakfast 11:00am Communion 12:00pm Red Cross Blood Drive (Gym) 5:00pm Youth & Family Night (Family Advent Activity) (Youth Room, Kitchen, Gymnasium, 	<p>25</p> <ul style="list-style-type: none"> 4:00pm Family of God Meal Prep & Delivery (Kitchen) 6:30pm Lutheran Foundations 6:30pm LWML Quilting / Sewing 7:00pm Board of Elders Mtg 	<p>26</p> <ul style="list-style-type: none"> 10:00am Quilters 10:00am Women's Bible study 7:00pm JuBellation Handbells 	<p>27</p> <ul style="list-style-type: none"> 10:00am Senior Bible Study 7:00pm Thanksgiving Eve Communion Service (sanctuary) 	<p>28</p> <ul style="list-style-type: none"> Thanksgiving Day office closed 	<p>29</p> <ul style="list-style-type: none"> office closed 	<p>30</p> <ul style="list-style-type: none"> 7:00pm "Already Gone" Young Adult Fellowship & Bible Study



By Jan Bernick, Parish Nurse

When it comes to heart disease, men and women **are** different. Most of the early studies on heart disease were conducted on men, women were rarely included in those studies. Many health care providers generalized findings from those studies to women, which is unfortunate and inappropriate. The good news is, studies on women and heart disease have increased over the past few decades and we have seen interesting results.



More women die from heart disease than any other illness. Women are more likely to die within a few weeks after a heart attack than men. Some of the risk factors for men and women are the same but there are differences and some of the symptoms of a heart attack are different for women than men.

“Some of the risk factors for men and women are the same but there are differences and some of the symptoms of a heart attack are different for women than men.”

Non-modifiable (things we can't change) risk factors for both men and women include age, family history and race. Estrogen plays a role for women. Because of the protective effects of estrogen in women, coronary artery disease develops about 8 to 10 years later than men until age 55 when the risk is equal to men. Women who have gone through menopause are twice as likely to develop coronary artery disease than a woman of the same age who has not gone through menopause.

Modifiable (things we can change) risk factors include high cholesterol which is the greatest risk factor for women, high blood pressure for both men and women, diabetes mellitus is a greater risk for women than men, obesity, waist circumference greater than 34.5 inches for women, 40 inches for men, and elevated triglycerides. Metabolic syndrome has been identified as the most important risk factor in women who have had a heart attack at an early age. Five factors are involved in metabolic syndrome; elevated blood sugar, elevated cholesterol, high triglycerides, obesity and hypertension. Diet and lifestyle modifications were shown to improve all five factors associated with metabolic syndrome.

- **Smoking** is a higher risk factor for women than men. Women who smoke have a more than double risk of sudden cardiac death than women who never smoked.
- **Obesity** is a known risk factor for cardio vascular disease. A body mass index of 25 to 29.9 is considered overweight and anything over 30 is considered obese. In the United States, 66.4% of women are overweight or obese. Women with obesity are at greater risk of coronary artery disease than men who are obese.
- **Inactivity** is a huge modifiable risk factor for preventing heart disease. Exercise is more cardioprotective in women than men. The recommended time of exercise is 30 minutes 5 times a week. That's a ½ hour walk 5 days a week. Enough justification to get at dog!

Some non-traditional risk factors for cardiovascular disease include pregnancy-related disorders, autoimmune disease, radiation and chemotherapy, stress and depression. Women who experience depression are at higher risk for developing cardio vascular disease than men who experience depression.

Symptoms of a heart attack in women also differ from men. While chest pain is the most presenting symptom in men, **women experience unusual fatigue, shortness of breath, sweating, jaw, arm and back pain, nausea or vomiting, lightheadedness or dizziness.**

The most important way to prevent heart disease is to live a healthy lifestyle beginning at an early age. Exercise, stress reduction, no tobacco use, maintain ideal weight with a plant-based diet of vegetables, fruits and nuts, whole grains, and fish.

“The most important way to prevent heart disease is to live a healthy lifestyle beginning at an early age.”

Aggressive treatment for high cholesterol is recommended. Smoking cessation is highly recommended.

The bible refers to the heart as the center of our being, **the seat of our mind, will and emotions.** Proverbs 4:23 tells us to guard our heart with vigilance because from our heart flow all the issues of life. Possibly referencing Isaiah, Jesus said, “Whoever believes in me, as the Scripture has said, ‘Out of his heart will flow rivers of living water.’”

Your health care provider should be checking these risk factors for you on an annual basis. However, it is wise to check your own risk factors and take action to change those you can and therefore improve your health and the energy you have to serve our Lord and savior Jesus Christ!



Family of God

By Linda Waara, Family of God volunteer

In a Detroit neighborhood, where life is hard and mean, sits Family of God Lutheran Church, facing down Satan's assaults upon the lives of her congregants. Family of God is a beckoning light amidst the depressing bleakness...a place to encounter God, His love, His mercy, His Salvation.

On a daily basis, hot meals are served and God's Word is taught to 'sin-tattered' folks. Christ Our Savior Lutheran Church, my suburban Detroit, middle class congregation, prepares and serves meals a few times a month at Family of God. Serving in the 'food-line', I observe (even study, to understand) the faces of the individuals as they pass by. I offer

each a welcoming word, hoping they find sincere warmth and friendliness in it; but it seems such a meager offering to their needs.

"Family of God is a beckoning light amidst the depressing bleakness...a place to encounter God, His love, His mercy, His Salvation. "

There are a multitude of faces, each with a story of it's own. There are many dirty and unshaven faces; thin and starved-looking faces; bruised faces that have been beaten; tattooed and make-up laden faces; children's shy, innocent, inquiring faces; parents and others with grateful faces and words; tired faces; aged faces, which aren't that old in years; world-weary faces with flat, haunted expressions that have seen too much trouble and heartache; sick faces that appear a little worse each month. There are faces that are gone, faces that we miss. There are also the faces that smile, laugh, flirt and joke around with us. I wonder if some are putting on a brave face for us?

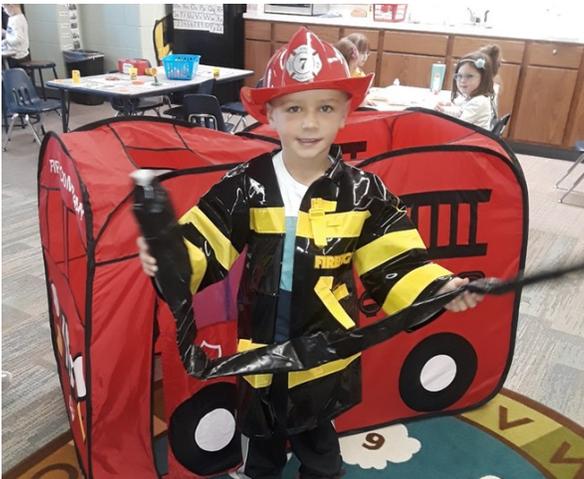
"There are a multitude of faces, each with a story of it's own."

Family of God deeply impresses me with a variety of thoughts and emotions when I am there. Face-to-face with life's underbelly, my heart will often moan: "Why does the world have to be so awful, so miserable?" "Sin, of course", is my answer to myself.

This close encounter with human hardship and suffering motivates me to act, to participate in God's will to love and serve others. There is unexpected joy in giving of yourself to others and putting your spiritual gifts to use. I have found an inner satisfaction in the realization that "doing good is its own reward". Or, in other words, it is the "face of the Lord shining upon me, being gracious unto me, and giving me His peace".

"There is unexpected joy in giving of yourself to others and putting your spiritual gifts to use."

May the Lord lift up His countenance upon those at Family of God!



By Laura Myers, director of the Early Childhood Center

October is Fire Safety month and our children are learning about the important job that fire fighters do to keep our community safe. We're also learning ways how to stay safe around campfires, birthdays candles, stoves and fireplaces.

Please remember to check your smoke detector's batteries!!



Serve at COS

Part of celebrating Thanksgiving and Christmas at Christ Our Savior involves serving others. Christ came to serve the needy, us. Christ came to serve the sick, us. Christ came to love and redeem His creation, us and all people.

God's love for us is shown in the gift of Jesus. Jesus was the gift that was hoped for with great expectation because of the one who made the promise. Jesus was the gift that would and will never fade away. No matter what our circumstances in life we know that Jesus loves us. He has created us, forgiven us, redeemed us, and called us His own.

Out of great joy and thanksgiving we share this same message with those around us. We share in our relationships with our co-workers, our neighbors, our family and friends. And we share the Good News with the 'random' people we meet in our everyday life.

Christ Our Savior has a variety of servant events during the coming months that are intended to not only bless our community but also to bless you and your family. When you work together as a family you are often drawn closer together and closer to Jesus.

Service requires that you give up a little of yourself, whether that is time, energy, or money. When you give up a little of yourself you are drawn closer to Jesus. Service allows you to be a part of what Jesus is doing in the people around you. And what a joy it is to see the work of Jesus in His people!



Oct. 27- Thanksgiving items- boxed stuffing, boxed mashed potatoes, canned gravy, canned turkey, canned yams, canned cranberry sauce, applesauce

Nov. 3- boxes or bags of cereal, granola/breakfast bars, boxed 'Saltine' crackers, plastic containers of peanut butter & jelly

Nov. 10- bags of egg noodles, cream of mushroom soup, tuna, canned soup/stew, canned fruit

Nov. 17- spaghetti, canned spaghetti sauce, canned pasta (ravioli, spaghetti O's), canned vegetables

“Service allows you to be a part of what Jesus is doing in the people around you.”

CHRISTmas Blessings

Receive your \$50 gift card
Purchase non-perishable food to fill the basket
Fill Basket with...

- Food
- Personal Christmas Card
- Invite to COS
- Deliver to COS

Saturday, December 21 @ 10:00 am- Noon



WOW Bake Sale
Sunday, November 24
after both services





Death is hard. Death is ugly. Death even when expected is unexpected. Death leaves brokenness in its wake. Death can bring feelings of sadness, shame, or guilt. Death can make a person lose focus, feel confused, and full of despair. Death can shake the faith of even the person with the 'strongest' faith. Death can be unbearable.

During the holidays it can be difficult to join in the joyful and happy emotions people are feeling during the holidays. People are sharing special times and making memories and that can be difficult to participate in after losing someone close to

you. The holiday experience can highlight the emotions of a grieving person. Friends and family can be very well meaning and still not know what to say or say the wrong thing.

GriefShare encourages, supports, and gives guidance to those who are experiencing the many emotions that death brings on. GriefShare: Surviving the Holidays is designed to give people tools for surviving the joy and parties and sadness that can come during the holiday season.

We have three caring and loving facilitators of our GriefShare group. They have a heart of service to those who are feeling the pain of death. They use the video and Gospel based GriefShare program to help people confront and take one step towards healing. GriefShare is not a program that will fix you. It is a program intended to promote healing. There is no charge to participate in GriefShare and everything is kept confidential. GriefShare has two sessions a year. **The next session will start on Jan. 6 at 6:30pm.** There are 12 meeting times per session and they meet weekly.

Death is not the final word. In the midst of grief it is hard to remember and know that Jesus loves you. It takes the people of God around you to tell you that Jesus has won the victory over death and that He is fighting for you and grieves with you. GriefShare is a faith based program where you will hear the love of Jesus and His promises for you in the midst of your grief.

“It takes the people of God around you to tell you that Jesus has won the victory over death and that He is still fighting for you.”

WOW/LWML Bake Sale By Kathy Smar, WOW member

Donations of homemade baked goods such as pies, cookies, cakes, breads, and muffins are appreciated.

Please package your baked goods in disposable containers and bring them to the church kitchen or down to the lounge on **Saturday, Nov 23rd between 11:00 AM and 2:00 o'clock.** PLEASE NOTE THE NEW DROP OFF TIME!!!!

“All items should be labeled especially noting if items have nuts or are sugar or gluten free.”

Volunteers are needed on Saturday to help set up the bake sale and on Sunday to help during the bake sale and clean up. Like the [Marines](#), we could use a few good men to help with the clean up!

Donation/volunteer forms will be placed in your mailbox. Please put the completed form in the striped box on the bake sale table in the narthex. The box will also contain blank forms in an envelope attached to the front.

We know there are numerous baking talents at COS and look forward to your participation. If you have any questions, please contact Kathy Smar 734-522-5341.

Money earned from the bake sale enables WOW to contribute to missionaries and our COS youth programs, contribute to the shipping costs of quilts, hygiene kits and school totes and to provide funding for representatives to attend LWML conferences. WOW funds provide starter funding for our annual women's retreat. All women of COS are members of LWML and WOW. Come join us at our monthly meetings. We look forward to meeting you.



Worship
with us
for the
Holidays



Serve and
with us *Connect*
for the
Holidays

- 7:00PM** ● Wednesday, November 27
Thanksgiving Eve Service
Communion
- 7:00PM** ● Wednesday, December 4 & 11
Wednesday Advent Worship
- 7:00PM** ● Wednesday, December 18
Early Childhood & Sunday
School Advent Worship
- 8:30AM** ● Sunday, December 1, 8, 15, 22
Advent Worship
- 11:00AM**
- 5:00PM** ● Tuesday, December 24
Christmas Eve Worship
Family with Communion
- 11:00PM** ● Candlelight
- 10:00AM** ● Wednesday, December 25
Christmas Day Worship
Communion
- 7:00PM** ● Tuesday, December 31
New Year's Eve Service
Communion

- ANYTIME** ● October 27-November 17
Sunday School Food Drive
- 9:00AM -1:00PM** ● Saturday, November 9
GriefShare:
Surviving the Holidays
- 9:30AM -10:30AM** ● Sunday, November 24
WOW Bake Sale
- NOON -6:00PM** ● Sunday, November 24
Red Cross Blood Drive
- 6:00PM** ● Wednesday, December 4, 11, 18
Mid-week Advent Dinners
- 7:00PM** ● Monday, December 9
Advent by Candlelight
- 7:00PM** ● Friday, December 13
Lutheran High Westland Concert
- 10:00AM -NOON** ● Saturday, December 21
CHRISTmas Blessings

His Name shall be called,
"God with Us."
Matthew 1:23b

www.Christoursavior.org
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