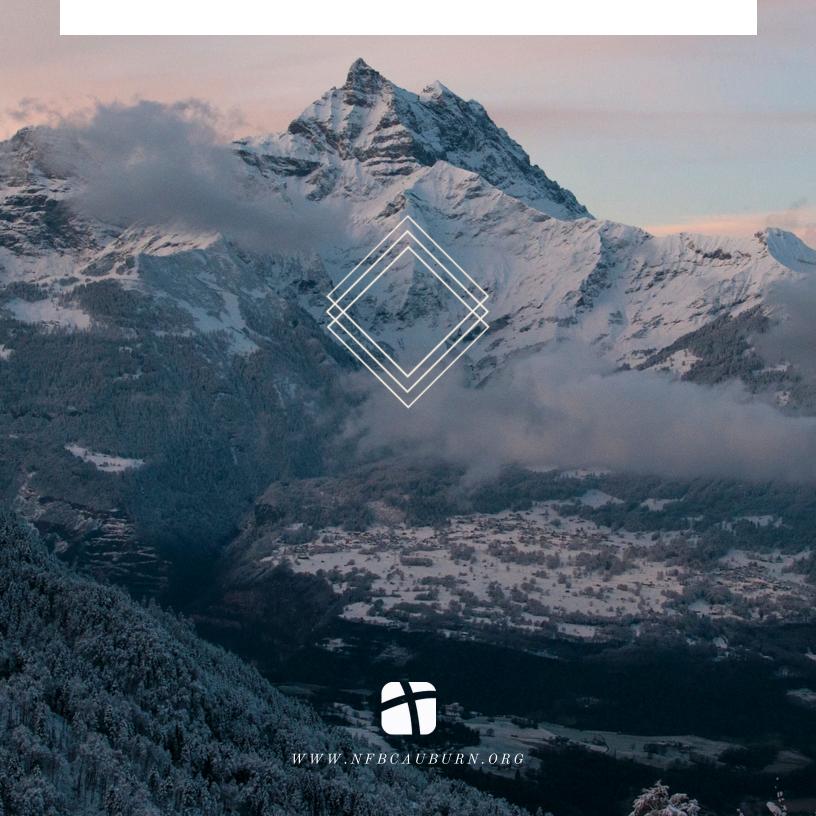
FOUNDATIONS

 $A \quad CHRIST-CENTERED \quad PARENTING \quad JOURNEY$



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WELCOME

BY: BARRY RALEY, SENIOR PASTOR



foun-da-tion

the lowest load-bearing part of a building, typically below ground level.
 an underlying basis or principle.

Dear Parent:

You are about to begin a journey that is exciting, rewarding, and full of challenges! A journey that is for yourself and for the children you love and take care of. A journey following Jesus Christ for the rest of your lives. And it all starts right here on the pages of: Foundations: A Christ-Centered Parenting Journey.

I am so excited to partner with you on this journey and pray all of the information in this Guidebook will be a tremendous help to you navigating it all.

You are, without a doubt, the most influential person your child will ever do life with. And, the underlying foundation you build in them now is key to how they live the rest of their lives.

Also, please know the people of God are part of a much bigger family to help you along the way as we all certainly need each other. As you journey know you are prayed for and have many resources available to you.

I consider it a great honor to walk alongside you and your family building life-changing Foundations with you and your family. For the Sake of Christ!

Barry Raley

WELCOME

BY: ALEX WATKINS, PASTOR OF WORSHIP & FAMILIES



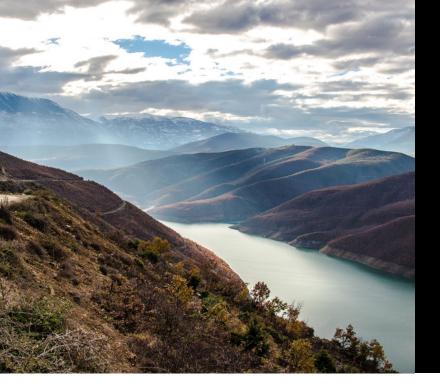
Thank you so much for taking this journey of raising your children in the ways of the Lord. It is our desire that you know Christ and love Him, and that you teach this to your children. I have heard it said that we are not only raising our kids for the here and now, but also for the future husbands and wives, fathers and mothers, leaders of the global marketplace, and leaders of the church of tomorrow. No big deal, right?!

It's a huge deal! But I don't want to discourage you before we even begin. We are here to help and support you in your parenting journey. We are here to equip you to be the primary spiritual leader in your child's life. Foundations: A Christ-Centered Parenting Journey has been specifically designed and crafted by some of our church's best minds, and it is our desire that the nations will come to know Christ because of you and your family.

Please know that we are here and look forward to hearing how God is working through the life of your family and your children. We do all of this, not for us, but for Jesus' glory and renown. Let's journey together and watch how the Lord is going to work.

For Jesus' Glory and Renown,

Alex



3 BIBLICAL TEXTS THAT DRIVE FOUNDATIONS

DEUTERONOMY 6:1-4

"Listen, Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart, with all your soul, and with all your strength. These words that I am giving you today are to be in your heart. Repeat them to your children. Talk about them when you sit in your house and when you walk along the road, when you lie down and when you get up. Bind them as a sign on your hand and let them be a symbol on your forehead. Write them on your doorposts of your house and on your city gates." (CSB)

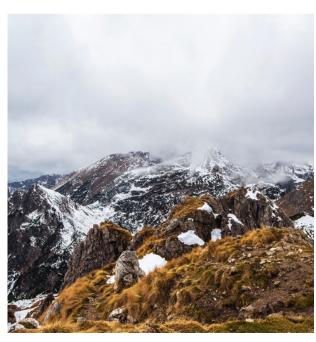
EPHESIANS 6:4

"Fathers, do not stir up anger in your children, but bring them up in the training and instruction of the Lord." (CSB)

MATTHEW 28:18-20

"And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son, and of the Holy Spirit, teaching them to observe all things that I have commanded. And behold, I am with you, even to the end of the age." (ESV)







THEOLOGICAL FOUNDATIONS

DEFINITIONS

PARENTING:

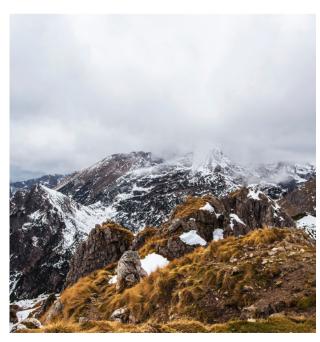
"the act of shepherding one's child on God's behalf."Definition by Paul David Tripp

CHRISTIAN PARENTING (CHARACTERISTICS):

- 1. Born-again believers
- 2. Connected and a part of the body of Christ through the local church
- 3. Have a heart and ownership of the spiritual formation of their children
- 4. Understanding the role is to equip and train their children
- 5. Promised to execute the equipping and training of their children and watch over them through the process.

Characteristics provided by Matt Flanagan





BIBLICAL TEACHING

A JOURNEY CENTERED AROUND THE WORD OF GOD



We exist to equip the saints to do the work of ministry. Essentially, we exist to equip and support parents in their parenting journey by providing spiritual and theological guidance and encouragement through the discipling and teaching of the Word.

In order to achieve this desire, Foundations will be rooted by biblical teaching from the bible. Below you will find the initial content that will be taught by either one of our pastoral staff members of a leader within the ministry of NFBC.

Sessions Include:

- The Beginning: The Fear of the Lord
- Gospel: What is the Gospel and how does it affect my family?
- Family Definition and Christian Parenting Characteristics
- The Role of the Church in Equipping Parents
- The Role of Parents (Combined)
- The Role of Fathers
- The Role of Mothers

- The Role of Marriage
- Single Parent, Blended Parenting
- Parenting with Special Needs
- Identity (Cultural Issues)
- Modeling (Overview)
- Daily Walk with the Lord
- Discipleship Time
- Discipleship Moments
- Discipleship Milestones

MODELING OUR WALK WITH JESUS

JESUS TAUGHT HIS DISCIPLES THROUGH MODELING.

Modeling is the art of showing someone something. Or putting it on display for someone to see and emulate. As parents, it's our privilege to model what good citizenship, good behavior, and good character looks like to our children. It's also our honor to model what it means to know Jesus and to be more and more like him every day. Our desire is to help you in this journey of showing the love of Christ in your home each day.

Jesus modeled his life towards 12 guys for three years. He showed them what it looks like to love God, love people, and make disciples. He showed them how to live in this world and work to show others the goodness of God and the devotion towards him. He showed them how to talk with people, how to love people, and how to take on the mission that he gave them.

With this in mind, our children will do what we do. That's a scary thought, right?! But it really shouldn't be. Our children will do the things we do, say the things we say, and usually turn out the way we did. We have all had the moments in our lives where we see our parents coming out through our actions or speech. This will be true of our kids.

We want to model what loving God, loving people, and making disciples looks like in our homes and around our children.



DISCIPLESHIP TIME

TAKING SPECIFIC TIMES AND POINT KIDS TO JESUS

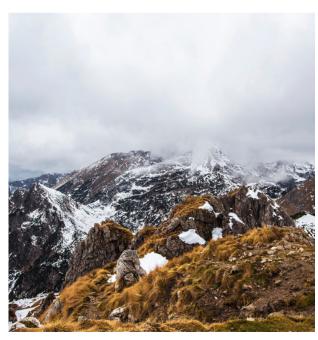
CREATING INTENTIONAL TIME BUILT INTO THE RHYTHM OF THE FAMILY'S LIFE FOR THE PURPOSE OF THINKING ABOUT, TALKING ABOUT, AND LIVING OUT THE GOSPEL

Our time throughout the day is so congested. We are creatures of a schedule. We put everything on the schedule, even down to when we are going to eat our meals! What does your calendar look like? Do you have spaces in your calendar for specific times where you point your family to Jesus?

Jesus was intentional with his time. Three years was not very long, but he used his time wisely to invest in the disciples.

The same should be true of us. What we value will show up on our calendars. Just as our wallets are a direct reflection of our hearts, our calendars show the same thing.







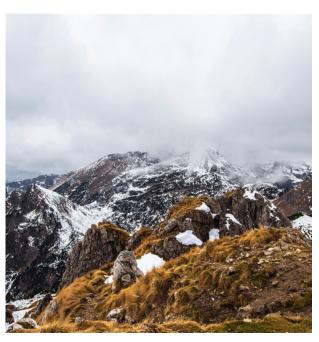
DISCIPLESHIP MOMENTS

UTILIZING MOMENTS IN LIFE TO POINT KIDS TO JESUS

MOMENT: RECOGNIZING DIFFERENT MOMENTS IN LIFE TO POINT OUR CHILDREN TO JESUS.

Discipleship moments are not scheduled. They are divine appointments where we have the opportunity to point our kids back to Jesus. While these are not specifically on the calendar, they do pop up every day. As parents, it's our responsibility to step into these opportunities and show them the characteristics of Christ.





DISCIPLESHIP MILESTONES

THE WORK OF GOD IN THE LIFE OF A CHILD & FAMILY



MILESTONES: MARKING AND MAKING OCCASIONS TO CELEBRATE AND COMMEMORATE SIGNIFICANT SPIRITUAL MILESTONES OF GOD'S WORK IN THE LIFE OF A FAMILY AND CHILD.

While families have different markers in the life of their families and children, at NFBC we are committed to celebrating these milestones with you:

• Family Dedication

• Family Dedication is a time when parents publicly dedicate their lives to raising their children in the ways of the Lord. Family Dedication takes place twice a year at NFBC.

Expectant Parents Dinner

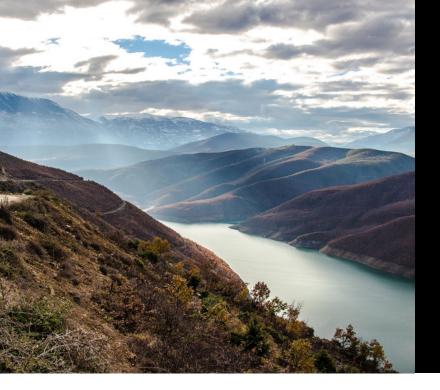
 Expectant Parents dinner happens three times a year and exists to introduce parents to this new season of life. During the dinner parents will be introduced to the children's ministry.

Salvation Experience

• When a child comes to saving faith in the Lord Jesus, we celebrate!

Baptism

• Following a child's acceptance of Christ as Savior and Lord, the next step is believer's baptism. This public declaration states they identify with Christ and are going to live out their days following and serving Him. This special time will take place in one of NFBC's worship gatherings and will be scheduled accordingly.



W E E K L Y C O N T E N T

NAVIGATE WEEKLY CONTENT FROM NFBC WITH YOUR FAMILY

INTERACT WITH NFBC ON A WEEKLY BASIS

Each week our children's ministry team will provide specific content related to the AWANA large group session, and Sunday school. You will also find weekly sermon notes for children to use during our worship gatherings.

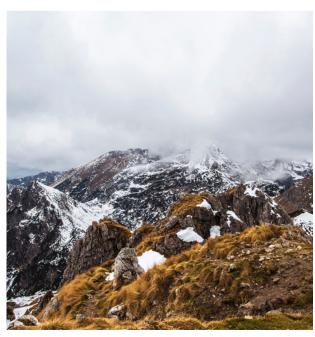
If no content is provided for the week, use these questions to prompt your discussion with your kids:

- What was the bible story about?
- What does it mean for us as a family?
- How do we point people to Jesus through what we learned tonight?

When talking about this week's sermon from NFBC's worship gatherings, use these questions to prompt discussion with your family and children:

- What does this passage of Scripture say about God?
- What does this passage of Scripture say about the church?
- What does this passage of Scripture say about me?





APP & WEBSITE

NFBC'S APP & WEBSITE

Our goal is to equip you to love your children, serve them, and point them to Jesus. With that in mind, your schedule is full. You have a lot on your plate. Because of that, we want to provide all of this in the palm of your hand. Sure, you can use this physical guidebook to help navigate Foundations but we don't want you to be tied to it.

At NFBC we have created a section on our app for *Foundations* and everything you need to know. It's all at your fingertips. You can also access it online at www.nfbcauburn.org.





available at amazon appstore

searchNFBC AUBURN

THE BEGINNING: THE FEAR OF THE LORD



SCRIPTURE PASSAGE: DEUTERONOMY 6:1-19

KEY TAKEAWAY: EVERYTHING BEGINS AND ENDS WITH A HEALTHY FEAR OF THE LORD.

- How will you take what we have learned in this session and apply it to your life?
- What specific ideas popped into your head as we traveled through this passage of scripture?

THE BEGINNING: THE FEAR OF THE LORD



SCRIPTURE PASSAGE: DEUTERONOMY 6:1-19

KEY TAKEAWAY: EVERYTHING BEGINS AND ENDS WITH A HEALTHY FEAR OF THE LORD.

THE GOSPEL



SCRIPTURE PASSAGE: DEUT 6:4—9, EPH 6:4, MATT 28:18—20

KEY TAKEAWAY: YOU CANNOT RAISE CHILDREN WITH A CHRISTIAN PERSPECTIVE IF YOU ARE NOT A FOLLOWER OF JESUS.

- Have you placed your hope, faith, and trust in Jesus?
- Have you accepted his free gift of salvation?
- Have you declared He is Lord over your life?

THE GOSPEL



SCRIPTURE PASSAGE: DEUT 6:4—9, EPH 6:4, MATT 28:18—20

KEY TAKEAWAY: YOU CANNOT RAISE CHILDREN WITH A CHRISTIAN PERSPECTIVE IF YOU ARE NOT A FOLLOWER OF JESUS.

CHRISTIAN FAMILY



SCRIPTURE PASSAGE: DEUT 6:4—9, EPH 6:4, MATT 28:18—20

KEY TAKEAWAY: THE FAMILY IS THE HUB FOR EVERYTHING THAT HAPPENS IN THE LIFE OF THE CHURCH AND THE MISSION OF GOD.

- What is your vision for your family?
- What do you hope for your children and your family?
- How do you want to see your family succeed in the mission of Jesus?

 $CHRISTIAN \ FAMILY$



SCRIPTURE PASSAGE: DEUT 6:4—9, EPH 6:4, MATT 28:18—20

KEY TAKEAWAY: THE FAMILY IS THE HUB FOR EVERYTHING THAT HAPPENS IN THE LIFE OF THE CHURCH AND THE MISSION OF GOD.

THE ROLE OF THE CHURCH IN THE LIFE OF A FAMILY



SCRIPTURE PASSAGE: EPHESIANS 4:1—16

KEY TAKEAWAY: AS A PARENT OR GUARDIAN, IT IS MY RESPONSIBILITY TO NURTURE AND TEACH MY CHILD ABOUT JESUS. IT IS NOT THE CHURCH'S RESPONSIBILITY TO BE THE PRIMARY GUIDE IN MY CHILD'S SPIRITUAL JOURNEY; IT'S MINE.

- How will you change your thinking towards a more biblical model of parenting?
- What specific actions will you take to accomplish your goal?

THE ROLE OF THE CHURCH IN THE LIFE OF A FAMILY



SCRIPTURE PASSAGE: EPHESIANS 4:1—16

KEY TAKEAWAY: AS A PARENT OR GUARDIAN, IT IS MY RESPONSIBILITY TO NURTURE AND TEACH MY CHILD ABOUT JESUS. IT IS NOT THE CHURCH'S RESPONSIBILITY TO BE THE PRIMARY GUIDE IN MY CHILD'S SPIRITUAL JOURNEY; IT'S MINE.

 $THE\ ROLE\ OF\ PARENTS\ IN\ THE\ SPIRITUAL\ JOURNEY\ OF\ A$ CHILD



SCRIPTURE PASSAGE: DEUT 6:4—9, EPH 6:4, MATT 28:18—20

KEY TAKEAWAY: AS A PARENT, IT IS MY RESPONSIBILITY TO LEAD MY FAMILY AND MY CHILDREN IN THEIR SPIRITUAL JOURNEY WITH GOD. I MUST TAKE OWNERSHIP OF THE PROCESS.

- What specific actions will you take to begin this journey?
- Will your children notice a change in your actions both toward them and your family?

THE ROLE OF PARENTS IN THE SPIRITUAL JOURNEY OF A
CHILD



SCRIPTURE PASSAGE: DEUT 6:4—9, EPH 6:4, MATT 28:18—20

KEY TAKEAWAY: AS A PARENT, IT IS MY RESPONSIBILITY TO LEAD MY FAMILY AND MY CHILDREN IN THEIR SPIRITUAL JOURNEY WITH GOD. I MUST TAKE OWNERSHIP OF THE PROCESS.

THE ROLE OF FATHERS



SCRIPTURE PASSAGE: PROVERBS 1:7, COL 3:20, EPH 6:1

KEY TAKEAWAY: DAD, ULTIMATELY IT IS YOUR RESPONSIBILITY TO LOOK AFTER THE SPIRITUAL WELFARE OF YOUR CHILDREN AND YOUR WIFE.

- What are the areas in your spiritual journey that have been neglected? (For example: bible reading, praying, giving, serving, etc.)
- After responding to the question, take a few moments and pray for help from the Holy Spirit to strengthen your walk with Christ in these particular areas.

THE ROLE OF FATHERS



SCRIPTURE PASSAGE: PROVERBS 1:7, COL 3:20, EPH 6:1

KEY TAKEAWAY: DAD, ULTIMATELY IT IS YOUR RESPONSIBILITY TO LOOK AFTER THE SPIRITUAL WELFARE OF YOUR CHILDREN AND YOUR WIFE.

THE ROLE OF MOTHERS



SCRIPTURE PASSAGE: PROVERBS 31, PROVERBS 1:7, COL 3:20, 1 TIM 2:15

KEY TAKEAWAY: MOM, YOU PLAY A VITAL ROLE IN THE SPIRITUAL WELL BEING OF YOUR CHILDREN. IT'S NOT JUST A FATHER'S RESPONSIBILITY, BUT YOURS TOO.

- What areas in your spiritual walk are lacking? (For example: bible reading, praying, giving, serving, etc.)
- After answering, ask the Holy Spirit to help strengthen your walk with Christ Jesus.

THE ROLE OF MOTHERS



SCRIPTURE PASSAGE: PROVERBS 31, PROVERBS 1:7, COL 3:20, 1 TIM 2:15

KEY TAKEAWAY: MOM, YOU PLAY A VITAL ROLE IN THE SPIRITUAL WELL BEING OF YOUR CHILDREN. IT'S NOT JUST A FATHER'S RESPONSIBILITY, BUT YOURS TOO.

THE ROLE OF MARRIAGE IN THE FAITH JOURNEY OF A
CHILD



SCRIPTURE PASSAGE: EPH 1:10, EPH 5:18, EPH 5:21—33

KEY TAKEAWAY: YOU ARE NOT ONLY RAISING YOUR CHILDREN TODAY, BUT YOU ARE SETTING THEM ON A COURSE OF HOW THEY WILL VIEW MARRIAGE AND FAMILY IN THE FUTURE. TODAY WE ARE RAISING TOMORROW'S HUSBANDS AND WIVES, FATHERS AND MOTHERS.

- Are there areas in your marriage that need to be worked on? What are those areas?
- What action points do you and your spouse intend to take to strengthen your marriage and display Christ to your children?

THE ROLE OF MARRIAGE IN THE FAITH JOURNEY OF A
CHILD



SCRIPTURE PASSAGE: EPH 1:10, EPH 5:18, EPH 5:21—33

KEY TAKEAWAY: YOU ARE NOT ONLY RAISING YOUR CHILDREN TODAY, BUT YOU ARE SETTING THEM ON A COURSE OF HOW THEY WILL VIEW MARRIAGE AND FAMILY IN THE FUTURE. TODAY WE ARE RAISING TOMORROW'S HUSBANDS AND WIVES, FATHERS AND MOTHERS.

SINGLE PARENTS, BLENDED FAMILY NEEDS



SCRIPTURE PASSAGE: PROVERBS 1:7, COL 3:20, EPH 6:1

KEY TAKEAWAY: BE A GIVER OF GRACE. BE A GIVER OF GREAT GRACE—TO YOUR CHILDREN, TO YOUR CHILDREN'S PARENTS, AND TO YOURSELF.

- How will you take steps this week to lead your family well for the glory of Christ?
- How will you point other adults in your child's life to Jesus?

SINGLE PARENTS, BLENDED FAMILY NEEDS



SCRIPTURE PASSAGE: PROVERBS 1:7, COL 3:20, EPH 6:1

KEY TAKEAWAY: BE A GIVER OF GRACE. BE A GIVER OF GREAT GRACE—TO YOUR CHILDREN, TO YOUR CHILDREN'S PARENTS, AND TO YOURSELF.

PARENTING WITH SPECIAL NEEDS



SCRIPTURE PASSAGE: PSALM 139:13-14

KEY TAKEAWAY: EVERY CHILD IS CREATED IN THE IMAGE OF CHRIST JESUS. SEE THE VALUE IN YOUR CHILD AND YOUR PARENTING AS YOU IMPACT THE KINGDOM OF GOD BY LOVING AND SERVING YOUR CHILDREN.

- How will you impact your children this week as they were created in the image of Christ Jesus?
- What will you do to serve your children and point them to Jesus?
- Write down 3 things that you love about your children.

PARENTING WITH SPECIAL NEEDS



SCRIPTURE PASSAGE: PSALM 139:13-14

KEY TAKEAWAY: EVERY CHILD IS CREATED IN THE IMAGE OF CHRIST JESUS. SEE THE VALUE IN YOUR CHILD AND YOUR PARENTING AS YOU IMPACT THE KINGDOM OF GOD BY LOVING AND SERVING YOUR CHILDREN.

WHAT'S YOUR IDENTITY?



SCRIPTURE PASSAGE: 2 CORINTHIANS 5:16—21

KEY TAKEAWAY: YOUR IDENTITY MUST BE ROOTED IN CHRIST JESUS.

- What steps this week will you take to find your identity rooted in Jesus and not in something else?
- What items need to be removed from your life that you have placed your identity in?

WHAT'S YOUR IDENTITY?



SCRIPTURE PASSAGE: 2 CORINTHIANS 5:16—21

KEY TAKEAWAY: YOUR IDENTITY MUST BE ROOTED IN CHRIST JESUS.

 $MODELING-THE\ MODEL$



SCRIPTURE PASSAGE: DEUT 6:6-7, 1 TIM 4:7

KEY TAKEAWAY: JESUS TAUGHT HIS DISCIPLES THROUGH MODELING. WE MUST MODEL A HEALTHY RELATIONSHIP WITH THE LORD SO OUR CHILDREN CAN SEE.

REFLECTION Questions:

• Do your children know you love God, love people, and want to make His name known? If so, how? If not, why?

 $MODELING-THE\ MODEL$



SCRIPTURE PASSAGE: DEUT 6:6-7, 1 TIM 4:7

KEY TAKEAWAY: JESUS TAUGHT HIS DISCIPLES THROUGH MODELING. WE MUST MODEL A HEALTHY RELATIONSHIP WITH THE LORD SO OUR CHILDREN CAN SEE.

A DAILY WALK WITH THE LORD



SCRIPTURE PASSAGE: PSALM 119

KEY TAKEAWAY: WE KNOW GOD BY READING, KNOWING, AND UNDERSTANDING HIS WORD.

REFLECTION Questions:

• What steps will you take this week to spend more time with the Lord?

A DAILY WALK WITH THE LORD



SCRIPTURE PASSAGE: PSALM 119

KEY TAKEAWAY: WE KNOW GOD BY READING, KNOWING, AND UNDERSTANDING HIS WORD.

DISCIPLESHIP TIME



SCRIPTURE PASSAGE: EPHESIANS 5:16

KEY TAKEAWAY: SET ASIDE SPECIFIC, CALENDARED TIME TO POINT YOUR CHILDREN AND YOUR FAMILY TO JESUS.

REFLECTION Questions:

- What will you need to skip this week to be able to accomplish this?
- What does your calendar look like? Is it full of trivial things? If so, what can we remove to make more time to spend with our family?

DISCIPLESHIP TIME



SCRIPTURE PASSAGE: EPHESIANS 5:16

KEY TAKEAWAY: SET ASIDE SPECIFIC, CALENDARED TIME TO POINT YOUR CHILDREN AND YOUR FAMILY TO JESUS.

DISCIPLESHIP MOMENTS



SCRIPTURE PASSAGE: VARIOUS

KEY TAKEAWAY: BE ON THE LOOKOUT FOR MOMENTS, GIVEN BY GOD, TO SPECIFICALLY POINT YOUR FAMILY TO JESUS.

REFLECTION Questions:

- What distractions do you need to address when you have time with your kids?
- How will you remove these distractions in order to show them Jesus?

DISCIPLESHIP MOMENTS



SCRIPTURE PASSAGE: VARIOUS

KEY TAKEAWAY: BE ON THE LOOKOUT FOR MOMENTS, GIVEN BY GOD, TO SPECIFICALLY POINT YOUR FAMILY TO JESUS.

DISCIPLESHIP MILESTONES



SCRIPTURE PASSAGE: 1 SAMUEL 7:12

KEY TAKEAWAY: GOD GIVES US BOTH GOOD AND PAINFUL EVENTS IN OUR LIVES TO POINT OUR FAMILY TO JESUS.

REFLECTION Questions:

• Think back to times in your life when your parents had opportunities to point you to Jesus. Did they? If they did, celebrate them and do it with your children. If they didn't, change the model in the life of your child.

DISCIPLESHIP MILESTONES



SCRIPTURE PASSAGE: 1 SAMUEL 7:12

KEY TAKEAWAY: GOD GIVES US BOTH GOOD AND PAINFUL EVENTS IN OUR LIVES TO POINT OUR FAMILY TO JESUS.

PRAYER JOURNAL

RUNNING PRAYER JOURNAL

Use this space to write down your prayer requests to the Lord. Write down the date, and the request. When the Lord answers, write down His reponse.

PRAYER JOURNAL

RUNNING PRAYER JOURNAL

Use this space to write down your prayer requests to the Lord. Write down the date, and the request. When the Lord answers, write down His reponse.

RESOURCES

BOOKS

FAMILY DISCIPLESHIP

Authors: Matt Chandler and Adam Griffin

SHEPHERDING A CHILD'S HEART

Author: Tedd Tripp

PARENTING ESSENTIALS

Authors: Andreas and Margaret Kostenberger

PARENTING WITH KINGDOM PURPOSE

Authors: Ken Hemphill and Richard Ross

TRAINED IN THE FEAR OF GOD

Authors: Randy Stinson and Timothy Paul Jones

A PARENT PRIVILEGE

Authors: Steve Wright and Chris Graves

FOUNDATIONS A CHRIST-CENTERED PARENTING JOURNEY WWW.NFBCAUBURN.ORG