

## **THINGS WE ARE**

Bible-based, Christ-centered & God-honoring

A safe place to share

A refuge

A place for healing from life's hurt, habits and hang-ups

A place to be cared for, and a place to care for others

A place where each person is respected

A place where anonymity & confidentiality are respected

A place to learn, grow and become strong again

A place for progress, not perfection

A place where you can take off your mask and allow others to know you for who you are.

A place for healthy challenges

A place for accepting personal responsibility

A possible turning point in your life

A place to demonstrate genuine love for others

## **THINGS WE ARE NOT**

Therapy, counseling, legal advice, rehabilitation or treatment

A shelter

A place for selfish control

A place for secrets or gossip

A place to look for dating relationships

A place to fix or rescue others

A place to be fixed or rescued by others

A place for perfection

A long-term commitment

A place to judge others

A quick fix