

Scripture

Read the scripture passage. If you like, you can also write out part or all of the scripture passage. This helps you slow down and reflect deeply.

Observation

What do you notice in the verses you are reading? Who is the audience? Is there repetition of words? What words stand out to you?

Application

What is God saying to you? How does this passage apply to your life? What changes are needed? Is there an action you need to take?

Prayer

Pray God's word back to Him. Give thanks, confess where you've fallen short, and ask for God's help where needed. If He has revealed something to you during this time, pray about it.



QUADS
*SOAP Journalling
Study Method*